

# OREGON POISON CENTER

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## Lesson Plan

Title: We Ask First – See and Smell Test  
By: Oregon Poison Center  
Primary Subject: Health / Science  
Grade Level: Adjust lesson to suit age group

### Behavioral Objectives:

Students will consult with an adult before drinking any substances regardless of the container in which it comes in.

### Materials:

1. Five clear glasses
2. Bleach
3. Vinegar
4. Water
5. Ammonia
6. 7-Up
7. Colored empty bottle (i.e., a coke bottle or medicine bottle)
8. Mr. Yuk stickers

### Set-up:

1. Set-up a display of five clear glasses or clear plastic cups,
2. Fill each with one of the liquids listed above.

### Activity:

1. Have students look at all glasses and tell you what they see, i.e., all are clear substances?
2. Demonstrate to students how to lightly whiff each container. Have students line up and lightly smell each container. No big whiffs!
3. Ask which they think are safe and which are dangerous. Label unsafe glasses with “Mr. Yuk” sticker as indicated by the student’s directions.
4. Bring out original containers and see if children can match each glass with container.
5. Ask children which of these containers they have seen in their own homes.
6. Use an empty colored bottle like a coke bottle or medicine bottle and put one of these substances in it to show then that dangerous things can come in the wrong containers.
7. Finally, instruct them to never drink anything unless an adult gives it to them or they check with an adult first.

### Assessment:

1. Point to each bottle and ask them if it is safe or unsafe.
2. Ask the students if these substances look any different when they are in the glasses.
3. Ask the student’s if they can go ahead and drink out of the glass, or if they should check with an adult first.

### Closure/Prevention at Home:

1. Give each student Mr. Yuk stickers to take home and have parents help them find home substances to put them on.