

OREGON YOUTH HEALTH FORUM

**Oregon Services and Supports
available to
Youth with Chronic Conditions
and Disabilities
Transitioning to Adulthood**

February 3, 2011

OCCYSHN
707 SW Gaines Road
Portland, OR 97239
Phone: 503-494-8303
Fax: 503-494-2755

"Oregon Services and Supports available to Youth with Chronic Conditions and Disabilities Transitioning to Adulthood" was developed in support of the Oregon Youth Health Forum, a collaboratively sponsored event of the Oregon Office on Disability and Health, OHSU University Center on Excellence in Disabilities, the Office of Family Health - Adolescent Health Section and the Oregon Center for Children and Youth with Special Health Needs. Its purpose is to provide a description of the services and supports for Oregon youth and young adults with chronic conditions and disabilities as they transition into adulthood.

The information contained within the document was collected and confirmed from the agency or organization sponsoring the service or support prior to dissemination.

We consider the ***Oregon Services and Supports*** to be a "work in progress." It will be updated and expanded over time as it currently does not yet reflect a comprehensive compendium of all Oregon services and supports touching youth with chronic conditions and disabilities as they transition into adulthood and their families. We hope this will be of service to the families, providers and the youth, themselves, transitioning into a healthy and meaningful adulthood.



Marilyn Sue Hartzell, M.Ed.

Director

Oregon Center for Children and Youth with Special Health Needs

Oregon Center for Children and Youth with Special Health Needs

Mail Code: CDRC
707 SW Gaines Rd
Portland, OR 97239
<http://www.occyshn.org>

Phone: 503-494-8303
Toll free: 1-877-307-7070
Fax: 503-494-2755
Email: occyshn@ohsu.edu

If you would like to add services and supports to this document, contact:
Rosalia Messina at messinar@ohsu.edu.

OREGON CENTER FOR CHILDREN AND YOUTH WITH SPECIAL HEALTH NEEDS
CHILD DEVELOPMENT AND REHABILITATION CENTER • OREGON HEALTH & SCIENCE UNIVERSITY

Table of Contents

ADVOCACY

Advocacy/Systems Change

Oregon Council on Developmental Disabilities	1
Oregon Developmental Disabilities Coalition.....	2
The Arc of Oregon.....	3

Self-Advocacy

OHSU, UCEDD - Emerging Leaders Northwest	4
Self-Advocates as Leaders	5
United Cerebral Palsy of Oregon and Southwest Washington	6

EDUCATION

Oregon Department of Education	7
--------------------------------------	---

EMPLOYMENT

Office of Vocational Rehabilitation Services	8
Oregon Commission for the Blind	9
Oregon Youth Transition Program.....	10

HEALTH

Health Care

Division of Medical Assistance Programs	11
Care Oregon.....	12
Adolescent and Young Adult Medicine, OHSU	13
Child Development and Rehabilitation Center, OHSU	14
Providence Child Center	15
Shriners Hospital for Children.....	16

Health Care for Homeless Youth

Outside In.....	17
-----------------	----

Mental Health

Addictions and Mental Health Services.....	18
Early Assessment and Support Alliance.....	19
Early Assessment and Support Team	20

Public Health

CaCoon Care Coordination Program	21
Community Connections Network	22
School-Based Health Clinics.....	23

INDEPENDENT LIVING

Centers for Independent Living	24
Foster Care Independent Living Programs	25
Oregon Commission for the Blind	26
Outside In.....	27

LEGAL ASSISTANCE

Disability Rights Oregon.....	28
Oregon Law Center	29

SUPPORT SERVICES

Developmental Disability Services.....	30
Full Access – Support Services Brokerage	31

YOUTH & FAMILY SUPPORT

Family and Community Together	32
Juntos Podemos.....	33
RISE Center: Oregon Parent Training & Information.....	34
Swindells Resource Center	35
The Arc of Oregon.....	36
United Cerebral Palsy of Oregon and Southwest Washington	37

ADVOCACY

Advocacy/Systems Change

Agency/Organization	Oregon Council on Developmental Disabilities <p>The Oregon Council on Developmental Disabilities (OCDD) engages in systems change, capacity building and advocacy activities to create change that improves the lives of individuals with developmental disabilities and their families.</p>
Services and supports	The OCDD provides: <ul style="list-style-type: none">• Training: Oregon Partners in Policymaking (PIP) is an intensive leaders training for individuals with developmental disabilities and parents of children with developmental disabilities that takes place every two years. PIP focuses on providing participants with knowledge and skills they need to influence the issues, agencies and people affecting their lives. Oregon PIP makes participants better advocates for themselves, their family members and the greater disability community.• Funding: The Consumer Involvement Fund (CIF) gives people with developmental disabilities and their families' valuable learning opportunities through participation in conferences and trainings. Recognizing that people with developmental disabilities and their families often lack the necessary resources to attend conferences and trainings that would increase their skills and knowledge as advocates, CIF offers the opportunity for individuals to apply for financial assistance to support their participation in local, state and national training events. By gaining new information and skills, participants are better equipped to advocate for themselves and others.• Public Policy Advocacy: The Council continues to provide support and leadership to the DD Coalition, a non-profit organization. The DD Coalition has been a major force in legislative advocacy and public policy issues for many years. The mission of the DD Coalition is "to influence policy to create adequate funds and sustain quality service and supports that respect families and furthers the rights, equality, justice and inclusion for all Oregonians with developmental disabilities." Transition and employment continue to be a primary focus for the Council and the Coalition.
Contact	540 24th Place NE Salem, OR 97301-4517 Phone: 503-945-9941 Toll free: 1-800-292-4154 Fax: 503-945-9947 Email: ocdd@ocdd.org Website: http://ocdd.org/index.php/ocdd/

Agency/Organization	<p>Oregon Developmental Disabilities Coalition</p> <p>The Oregon Developmental Disabilities Coalition (ODDC) promotes quality service and supports that further rights, equality, justice, and inclusion for individuals with developmental disabilities and their families.</p>
Services and Supports	<p>The Oregon Developmental Disabilities Coalition:</p> <ul style="list-style-type: none"> • Facilitates opportunities for developmental disability organizations throughout Oregon to work closely with self-advocates as well as other DD professionals and leaders • Provides information on trainings for direct support providers, family members and related professionals who support individuals with developmental disabilities • Facilitates networking opportunities for DD professionals • Disseminates information related to best practices
Contact	<p>Oregon Developmental Disabilities Coalition PO Box 13924 Salem, Oregon 97309 Email: info@oregonddcoalition.org Website: http://oregonddcoalition.org/index.php/oddc/home/</p>

Agency/Organization	The Arc of Oregon The Arc of Oregon, together with its network of members and affiliated chapters, advocates for the rights and full community participation of all children and adults with intellectual and developmental disabilities.
Who they serve	Individuals with intellectual and developmental disabilities and their families.
Transition planning age span	Begin around age 16 and end at age 21
Transition-related services and supports	The Arc of Oregon offers an array of services and supports to youth and young adults with developmental disabilities and their families. Services may include: <ul style="list-style-type: none"> • Information, education and training • Referral and linkage to community resources • Oregon Special Needs Trust (OSNT) Program - providing opportunities to accumulate funds within a trust without losing eligibility for government assistance • Guardianship, Advocacy and Planning Services (GAPS) which include: <ul style="list-style-type: none"> ✓ Guardianship and guardianship information ✓ Health care representation ✓ Advocacy ✓ Future planning
Eligibility	Eligibility varies depending on local chapter.
Where services are available	The Arc of Oregon has 12 chapters throughout the state.
Contact	1745 State Street Salem, OR 97301 Phone: 503-581-2726 Toll free: 1-877-581-2726 Fax: 503-363-7168 Email: info@arcoregon.org Website: http://www.arcoregon.org

Self-Advocacy

Agency/Organization	OHSU University Center of Excellence in Developmental Disabilities <p>The University Center of Excellence in Developmental Disabilities (UCEDD) at OHSU works with individuals with disabilities, members of their families, state and local government agencies, and community health and service providers. The UCEDD administers projects that strengthen community capacity to serve and include people with disabilities. UCEDD-administered projects provide:</p> <ul style="list-style-type: none">• Training• Technical Assistance• Service• Research• Information sharing
Transition-related services and supports	Emerging Leaders Northwest (ELNW) at the UCEDD is a youth-led center that provides information, training, and resources (including an interactive website) for youth with disabilities. ELNW activities help youth build leadership and independence skills. ELNW provides training and resources by and for youth on: <ul style="list-style-type: none">• Living a healthy lifestyle• Independence• Graduating from high school and going on to college• Healthy relationships• Getting a job (including mentored internships)• Self-advocacy• Self-management <ul style="list-style-type: none">✓ UCEDD Healthy Lifestyles Dream It, Do It! Day Camp takes place each summer at the Oregon Zoo. This week-long workshop provides interactive learning of essential components of living a healthy lifestyle and becoming more independent. Youth with disabilities choose specific healthy lifestyle and independence goals and develop a plan to reach them. Camp training modules include: Emotional Health, Social Health, Preventing Illness, Self-Esteem, Body Image and Independence/Transition. Campers from previous sessions present the curriculum and act as mentors to current campers.✓ UCEDD Summer Youth Project (SYP) recruits and places three student interns with disabilities and three without disabilities from over a hundred applicants who are seeking a career in the medical field. Summer Youth interns are placed in departments throughout OHSU to perform support activities and to shadow physicians, physical therapists, nurses and other medical professionals. Interns who complete the SYP learn more about the future career options, as well as gaining insight into the challenges facing patients with disabilities.
Eligibility	ELNW serves youth with all types of disabilities aged 13 to 30 years
Contact	Chuck Davis, Community Liaison Phone: 503-494-3281 Email: davichar@ohsu.edu

Agency/Organization	<p>Self-Advocates As Leaders</p> <p>Self-Advocates As Leaders (SAAL) is an organization of people with developmental disabilities interested in becoming strong leaders, training and developing leadership skills, and becoming equal partners in policy and legislation that affect their lives. SAAL members are committed to making life better for people with disabilities everywhere in Oregon.</p>
Transition-related services and supports	<p>SAAL provides technical assistance to existing and new, local self-advocacy organizations and conducts trainings on topics such as:</p> <ul style="list-style-type: none"> • Self-Advocacy 101 • Self-Determination For Everyone • Supporting Independence • Living independently • Sexuality Forum • High School Transition • How to Be A Good Board Member • Hiring/Firing Staff • My Voice, My Choice • When To Call 9-1-1 • Communication • Life Stories Workshop • Violence Awareness: How to Protect Ourselves from Abuse <p>SAAL members participate on numerous coalitions and committees dealing with all areas of disability policy, as well as on governing boards of many disability-related organizations.</p>
Contact	<p>3886 Beverly Avenue NE, I-21 Salem, OR 97305 Phone: 503-589-1664 Toll free: 1-866-835-0659 Website: http://www.asksaal.org</p>

Agency/Organization	United Cerebral Palsy of Oregon and Southwest Washington United Cerebral Palsy (UCP) of Oregon and SW Washington offers direct program service, information, and advocacy for individuals with cerebral palsy and other disabilities.
Who they serve	Individuals with Cerebral Palsy and other disabilities
Transition planning age span	Begin around 14 years and end at age 22 years (or older if needed)
Transition-related services and supports	UCP services include: <ul style="list-style-type: none"> • Educational grant to age 21 • Education and Information • Referral to community resources • Support and socialization groups - opportunities for youth to gather and learn about community options • Family support services
Eligibility	Eligible individuals must have a Cerebral Palsy or other disability
Where services are available	Services are available statewide. Youth support groups are available in Multnomah, Clackamas and Washington counties. Family support groups are available in Multnomah and Clackamas counties.
Contact	United Cerebral Palsy of Oregon & Southwest Washington 11731 NE Glenn Widing Drive Portland, Oregon 97220 Phone: 503-777-4166 Fax: 503-771-8048 Email: ucpa@ucpaorwa.org

EDUCATION

Agency/Organization	<p>Oregon Department of Education, Office of Students Learning and Partnerships, Special Education Unit</p> <p>The Office of Student Learning and Partnerships, Special Education Unit supports and monitors local school districts that provide special education services.</p>
Who they serve	Students who have been found eligible for services under the Individuals with Disability Education Act (IDEA) are eligible for transition services beginning not later than the first IEP to be in effect when the child turns 16, or younger, if determined appropriate by the IEP team, and updated annually until the student exits school.
Transition planning age span	Begin at 16 and end at the time youth exit school or age 21
Transition-related services and supports	<p>Under the Individuals with Disabilities Act (IDEA), school districts are required to provide an Individualized Education Plan (IEP) to students with disabilities who meet the eligibility criteria for special education. Beginning not later than the first IEP to be in effect when the child turns 16, or younger, the IEP is revised with the student and their family to incorporate a transition plan. This transition plan includes a coordinated set of activities for a student with a disability that:</p> <ol style="list-style-type: none"> a) Is designed to be within a results-oriented process, that's focused on improving the academic and functional achievement of the student to facilitate the student's movement from school to post school activities, including postsecondary education, vocational education, integrated employment (including supported employment), continuing and adult education, adult services, independent living, or community participation. b) Is based on the individual student's needs, taking into account the student's preferences and interests. c) Includes: <ul style="list-style-type: none"> • Instruction • Related services • Community experiences • Development of employment and other post school adult living objectives • Acquisition of daily living skills and functional vocational evaluation (if appropriate)
Where services are available	Services are available statewide in each public school district or public charter school.
Contact	<p>Jackie Burr, Secondary Transition Specialist Office of Student Learning and Partnerships, Oregon Department of Education Phone: 503-947-5639 Email: jackie.burr@state.or.us Website: http://www.ode.state.or.us/search/results/?id=266</p>

EMPLOYMENT

Agency/Organization	<p>Office of Vocational Rehabilitation Services</p> <p>The Office of Vocational Rehabilitation Services (OVRs) is a statewide resource for people with disabilities and is part of the Department of Human Services. OVRs assists individuals with disabilities in getting and keeping a job. OVRs is a state and federally sponsored program. OVRs works in partnership with the community and businesses to develop employment opportunities for people with disabilities.</p>
Who they serve	OVRs services are available to individuals with all types of disabilities, with the exception of Blindness or Deaf-Blindness.
Transition planning age span	Begin at 16 and end at age 21
Transition-related services and supports	<p>OVRs assists individuals with disabilities in getting and keeping a job that matches their skills, interests and abilities. Transition and related services include:</p> <ul style="list-style-type: none"> • Assessment of strengths, capabilities, work skills and interests • Counseling and guidance services • Independent living training • Assistive technology services • Work related training services • Job placement services: <ul style="list-style-type: none"> ✓ Assistance completing application forms ✓ Developing a resume ✓ Practicing interview skills ✓ Identifying job leads ✓ Maintaining a job ✓ Getting disability accommodations
Eligibility	Eligible individuals must have a physical or mental disability that makes it difficult to get or keep a job.
Where services are available	<p>Services are available statewide. To find a OVRs office in your area please visit:</p> <p>http://www.oregon.gov/DHS/vr/officelocation.shtml</p>
Contact	<p>OVRs Administration Unit 500 Summer Street NE E-87 Salem, Oregon 97301 Phone: 503-945-5880 Toll free: 1-877-277-0513 Fax: 503-947-5010 Website: http://www.oregon.gov/DHS/vr/about_us.shtml</p>

Agency/Organization	Oregon Youth Transition Program The Oregon Youth Transition Program (YTP) is a comprehensive statewide transition program for youth with disabilities operated collaboratively by the office of Oregon Office of Vocational Rehabilitation Services, the Oregon Department of Education, the University of Oregon, and local school districts. The purpose of the program is to prepare youth with disabilities for employment or post secondary education or training.
Who they serve	YTP serves youth with disabilities who need additional support, beyond the services offered though their school, to achieve their secondary and post-secondary employment and education goals.
Transition planning age span	Begin at age 16 and end no later than age 21
Transition-related services and supports	Youth enrolled in YTP receive services based on their transition needs. Services include: <ul style="list-style-type: none"> • Individualized planning, focused on post-school goals and self determination • Assistance with coordinating school plans with relevant community agencies • Instruction in academic, vocational, independent living, and personal social skills • Career development services including goal setting, career exploration, job search skills, and self advocacy • Assistance connecting with employers, developing school-based businesses, on the job training • Mentoring and support • Follow-up support for one year after leaving the program to assist in maintaining positive outcomes in employment or post secondary settings.
Eligibility	Eligible youth must have a disabilities, be 16 to 21 years of age.
Where services are available	YTP currently operates in 105 high schools across Oregon.
Contact	To find a YTP program in your area please visit: http://www.ytporegon.org/files/2-3-10%20OVRs%20Field%20Office%20Quicklist_1.pdf

Agency/Organization	Oregon Commission for the Blind
Who they serve	Visually impaired individuals
Transition planning age span	Begin at age 16 and services are available into adulthood
Transition-related services and supports	<p>Summer Work Experience Program</p> <p>The Summer Work Experience Program (SWEP) is a seven-week program designed to help promote work readiness and independent living for visually impaired youth. Participating youth get to:</p> <ul style="list-style-type: none"> • Live with peers • Learn independent living skills • Earn money working 30-hours/week • Participate in a wide variety of recreational activities such as camping, hiking, team building, and visits to local attractions <p>Adult Education and Training:</p> <p>Resources, education and training available to visually-impaired youth and adults (18 years or older) include:</p> <ul style="list-style-type: none"> • Individual, group, and family counseling • Maximizing functional vision • Written communication – learn alternative methods for reading and writing • Orientation and mobility – learn how to use a white cane, accessing public transportation • Personal management and independent living skills
Eligibility	<p>SWEP: Eligible youth must be visually-impaired; 16-21 years of age; able to live in a semi-independent living situation; able to travel independently to and from the worksite.</p> <p>Adult Education and Training: Eligible adults must be visually-impaired; 18 years or older.</p>
Where services are available	Services are available statewide.
Contact	<p>Portland Office 535 SE 12th Avenue Portland, OR 97214 Phone: 971-673-1588 Fax: 503-234-7468 Website: http://oregon.gov/Blind/contact_us.shtml</p>

HEALTH

Health Care

Agency/Organization	Division of Medical Assistance Programs The Division of Medical Assistance Programs (DMAP) administers and oversees the Oregon Health Plan .
Who they serve	Low-income Oregonians eligible for the Oregon Health Plan
Services and supports	The Oregon Health Plan (OHP) is a public/private partnership that ensures universal access to a basic level of health care. DMAP contracts with Managed Care Organizations to provide physical, dental, mental health, and/or chemical dependency services for OHP clients. DMAP pays these plans a monthly fee for each enrolled person for the services they provide. Exceptional Needs Care Coordinators (ENCCs) are employees of managed care plans charged with assisting OHP members with complex health needs or disabilities. ENCCs help members: <ul style="list-style-type: none"> • Navigate managed care • Access primary and specialty care • Coordinate medical services • Communicate and link with community resources
Eligibility	Low-income Oregonians may be eligible for one of these Oregon Health Plan (Medicaid) programs: <ul style="list-style-type: none"> • OHP Plus is for individuals who are aged, blind, disabled, under age 19, pregnant or receiving Temporary Assistance for Needy Families benefits. OHP Plus includes the no-cost public assistance option called Children’s Health Insurance Program (CHIP). CHIP is for children and adolescents younger than 19 living in households with incomes below 200 percent of the federal poverty level. • OHP Standard provides free or low-cost health care coverage to individuals who have limited income, are ages 19 and older, and do not qualify for OHP Plus.
Where services are available	OHP is available to Oregonians statewide.
Contact	Division of Medical Assistance Programs 500 Summer Street NE Salem, OR 97301-1079 Phone: 503-945-5772 Toll-free: 1-800-527-5772 Email: dmap.info@state.or.us Website: http://www.oregon.gov/DHS/aboutdhs/structure/dmap.shtml

Agency/Organization	Care Oregon Care Oregon is one of Oregon's largest managed care plans.
Who they serve	Care Oregon serves individuals eligible for the Oregon Health Plan (OHP) who have selected Care Oregon as their health plan.
Transition planning age span	Begin at age 14 years and end at age 22 (or older if needed)
Transition-related services and supports	Care Oregon's Exceptional Needs Care Coordinators help youth and young adults with disabilities: <ul style="list-style-type: none"> • Navigate managed care (both the health plan and DMAP benefit package) • Coordinate with providers to ensure consideration is given to their unique needs • Identify an adult provider comfortable with managing specific chronic conditions (e.g. cerebral palsy, ADHD) • Link with community services related to transition to adult care systems such as dental, mental health, SSI, DD services and public/private non-profits • Identify realistic goals for self-management for youth and young adults screened into (or self-referred to) care support case management • Self-advocacy to help the individual identify and pursue goals
Eligibility	To receive services from an ENCC, individuals must meet Oregon Health Plan eligibility requirements.
Where services are available	Care Oregon services are available in the following Oregon counties: Clackamas, Clatsop, Columbia, Coos, Douglas, Hood River, Jackson, Josephine, Klamath, Lincoln, Marion, Morrow, Multnomah, Polk, Tillamook, Umatilla, Washington, Yamhill.
Contact	Care Oregon 315 SW Fifth Avenue, Suite 900 Portland, OR 97204 Toll free: 1-800-224-4840

Agency/Organization	Adolescent and Young Adult Medicine, Department of Pediatrics, OHSU
Who they serve	Youth and young adults between the ages of 10 and 22
Transition planning age span	Transition planning is individualized. For some youth transition planning may begin as early as age 14 and end between ages 18 and 22.
Services and supports	<p>The Adolescent and Young Adult Clinic provides a complete range of health services including:</p> <ul style="list-style-type: none"> • Primary care • Behavioral and mental health care • Consultation and care for eating disorders • Reproductive care • Management of chronic illnesses
Contact	<p>OHSU Doernbecher Children’s Hospital 7th Floor 700 SW Campus Drive Portland, OR 97239 Toll free: 877-346-0640 Phone: 503-346-0640 Website: http://www.ohsu.edu/xd/health/services/doernbecher/programs-services/adolescent-medicine.cfm</p>

Agency/Organization	Child Development and Rehabilitation Center, OHSU
Who they serve	The Child Development and Rehabilitation Center (CDRC) provides interdisciplinary clinical services to individuals with developmental disabilities and other special health care needs
Specialty clinics	<p>CDRC Clinics include:</p> <ul style="list-style-type: none"> • Audiology • Autism • Child Development (developmental delays, learning disabilities, ADHD, autism spectrum disorders) • Cleft Palate & Craniofacial • Dental for children with special health needs • Pediatric Feeding & Swallowing Disorders • Genetics & Birth Defects • Hemophilia, Thrombosis & other Clotting Disorders • Metabolic • Neurodevelopmental (cerebral palsy and related disorders) • Occupational Therapy • Physical Therapy • Psychology: Pediatric Behavioral Health • Social Work • Speech Language Pathology (speech, language, articulation) • Spina Bifida
Transition-related services and supports	<p>CDRC clinics help youth and young adults with developmental disabilities and other special health care needs:</p> <ul style="list-style-type: none"> • Identify primary care or specialty care providers • Access information and referrals for community resources
Eligibility	Eligible individuals must have a developmental disability or special health care need.
Where services are available	Services are available statewide. CDRC offers outreach clinical services covering a variety of special health needs in Grants Pass, Klamath Falls, Medford and Roseburg and community programs in most Oregon counties.
Contact	<p>CDRC PO Box 574 Portland, Oregon 97207 Phone: 503-494-8095 Toll free: 1-800-452-3563</p>

Agency/Organization	<p>Providence Child Center</p> <p>Providence Child Center is home to:</p> <ul style="list-style-type: none"> ✓ Center for Medically Fragile Children - pediatric nursing facility ✓ Providence Neurodevelopmental Center for Children - neurodevelopmental evaluation and therapy services ✓ Swindells Child Disability Resource Center – education, information and resources for families
Who they serve	Families of children with chronic health condition or disabilities
Transition planning age span	Begin around age 14 and end at age 22
Transition-related services and supports	<p>Providence Child Center provides youth with chronic health condition or disabilities:</p> <ul style="list-style-type: none"> ● Information and education on transition related topics ● Referral to health related services (adult health care providers, specialty care, etc.) ● Referral to community resources
Eligibility	Services are available to children and youth with disabilities.
Where services are available	Services are available statewide.
Contact	<p>Providence Children’s Center 830 NE 47th Avenue Portland, OR 97213 Phone: 503-215-2400 Website: http://www.providence.org/oregon/programs_and_services/childcenter/default.htm</p>

Agency/Organization	Shriners Hospital for Children – Portland
Who they serve	Children birth to 21 years old (must be a patient prior to 18th birthday) with orthopaedic conditions, burns, spinal cord injuries, and cleft lip and palate are eligible for care and receive all services in a family-centered environment, regardless of the patients' ability to pay.
Transition planning age span	Transition assistance can occur from birth-21 years old (concentration 14-21 years)
Transition-related services and supports	<p>Transition services and supports include:</p> <ul style="list-style-type: none"> • Health care and referrals to community providers • Assistance transitioning to adult health care (Referrals to adult health care providers) • Education and information on: <ul style="list-style-type: none"> ✓ Coping with a chronic condition or disability ✓ Health insurance ✓ Equipment & funding ✓ Independent living ✓ Healthy relationships & sexuality (for individuals with disabilities) ✓ Employment ✓ College & scholarships ✓ Adaptive driving & transportation referrals ✓ Nutrition ✓ Socialization events ✓ Camps & recreation ✓ Self-advocacy ✓ Transition resources in the community
Eligibility	Shriners Hospital for Children patients age birth to 21
Where services are available	Shriners Hospital for Children is located in Portland, Oregon serving Oregon, Washington, Alaska, N. California, Idaho, Montana, Canada & Russia.
Contact	<p>Shriners Hospital for Children 3101 SW Sam Jackson Park Rd Portland, OR 97239 Phone: 503-241-5090 Fax: 503-221-3701 Website: http://www.shrinershq.org/Hospitals/Portland</p>

Health Care for Homeless Youth

Agency/Organization	Outside In
Who they serve	Outside In helps homeless youth move towards improved health and self-sufficiency
Transition-related services and supports	<p>Outside In provides homeless youth and young adults with:</p> <ul style="list-style-type: none"> ● Transitional and Permanent Housing ● Links to employment opportunities ● Counseling and Psychiatric services ● Oregon Health Plan assistance and advocacy ● Healthy meals ● Recreation and art ● Education and Information <ul style="list-style-type: none"> ✓ Urban Ed- Alternative High School ✓ Employment Training ● Safety off the streets <ul style="list-style-type: none"> ✓ Case Management ✓ Alcohol and Drug treatment services ● Primary Medical care <ul style="list-style-type: none"> ✓ Acupuncture and alternative medicine ✓ Transgender Medical Clinic ✓ LGBTQ Services
Eligibility	Outside in serves homeless individuals of any age. There are no eligibility requirements.
Where services are available	Outside in is located in Portland.
Contact	1132 SW 13th Avenue Portland, OR 97205 Phone: 503-535-3800 Fax: 503-223-6837 Email: info@outsidein.org Website: http://www.outsidein.org/index.htm

Mental Health

Agency/Organization	Addictions and Mental Health Services, Department of Human Services Addictions and Mental Health (AMH) services are managed through OHP Mental Health Organizations (MHO) and most are provided through Community Mental Health Programs (CMHP).
Who they serve	Mental health services are available for youth and young adults who qualify for the Oregon Health Plan (OHP) and who have a diagnosis covered on the OHP prioritized list or individuals without insurance who need crisis, assessment, and brief treatment for a mental health condition.
Transition planning age span	Begin at 14 years and end at age 25
Transition-related services and supports	<p>Transition and related services for <u>youth</u> and <u>their families</u>:</p> <ul style="list-style-type: none"> • Individual and family therapy • School-based treatment services • Case management and service coordination • Assessment, diagnosis and treatment planning • Crisis and relapse planning • Medication management • Independent living skill training • Support for vocational and educational settings • Assistance with knowing rights and available benefits • Referral and linkage to community resources • Advocacy <p>Additional mental health services that have been tailored to eligible <u>youth</u> and <u>young adults</u>:</p> <ul style="list-style-type: none"> • Supported employment and supported education • Psychiatric day treatment • Psychiatric residential treatment • Acute inpatient hospitalization • Long term hospitalization • Early Assessment Support Alliance (EASA) services
Where services are available	Services are available statewide. To find a MHO Children System Coordinator or a CMHP in your area please visit: http://www.oregon.gov/DHS/mentalhealth/child-mh-soc-in-plan-grp/cmhp-contracts.pdf
Contact	Addictions and Mental Health Services 500 Summer Street NE E86 Salem, OR 97301 Phone: 503-945-5763 Fax: 503-378-8467 Website: http://www.oregon.gov/DHS/mentalhealth/about_us.shtml

Agency/Organization	Early Assessment and Support Alliance Early Assessment Support Alliance (EASA) is an early intervention program for youth and young adults who may be experiencing the first signs of psychosis.
Who they serve	Youth and young adults experiencing a first episode of psychosis
Transition planning age span	Begin at 15 age end at age 25
Transition-related services and supports	EASA services include: <ul style="list-style-type: none"> • Assessment and treatment using a multi-disciplinary team consisting of a psychiatrist, social worker, occupational therapist, nurse and vocational specialist • Cognitive behavioral therapy • Medication prescription and management using a low dose protocol • Outreach and engagement • Multi-family psycho-education • Vocational and educational support • Support for individuals in home, community, school and work settings
Eligibility	To be eligible for EASA youth/young adults must demonstrate early signs of psychosis.
Where services are available	Programs available in Clatsop, Columbia, Crook, Deschutes, Jefferson, Linn, Marion, Multnomah, Polk, Sherman, Tillamook, Union, Wasco, Washington, and Yamhill Counties
Contact	EASA Contacts: <ul style="list-style-type: none"> • EAST Program (serving Linn, Marion, Polk, Tillamook, Yamhill Counties): 1-888-327-8817 • Project Intercept (serving Clatsop County): 503-325-5722 • Columbia County EASA: 503-397-5211 ext. 282 • Deschutes County EASA (also serves Jefferson and Crook Counties): 541-322-7583 • Multnomah County EASA: 503-988-3272 • Center for Human Development EASA program (serving Union County): 541-962-8855 • LifeWorks Northwest EASA (serving Washington County): 503-593-6259 • Mid-Columbia Center for Living (serving Hood River, Sherman and Wasco Counties): 541-296-5452

Agency/Organization	Early Assessment and Support Team (EAST)
Who they serve	Early Assessment and Support Team (EAST) services youth and young adults experiencing early symptoms of schizophreniform or bipolar spectrum psychosis. EAST is a transitional program, serving people for approximately two years.
Transition planning age span	EAST accepts youth and young adults age 12 through age 25
Transition-related services and supports	<p>EAST works closely with family members and others to help youth and young adults succeed. The following services are provided to youth and young adults:</p> <ul style="list-style-type: none"> • Assessment, diagnosis and treatment planning by a psychiatrist and mental health professional • Groups and individual counseling • Education and support for youth/young adults and their families • Crisis and relapse planning • Assistance with knowing rights and available benefits • Resource brokering and advocacy • Specialized vocational and educational support • Independent living skill development (including Occupational therapy) • Mentoring
Eligibility	<p>To be eligible for the EAST program youth/young adults must:</p> <ul style="list-style-type: none"> • Demonstrate early signs of psychosis • Live in area served by the EAST program
Where services are available	Services are available in Linn, Marion, Polk, Tillamook and Yamhill counties.
Contact	<p>Early Assessment & Support Team 1660 Oak Street SE, #230 Salem, Oregon 97301 Phone: 503-361-2796 Fax: 503-585-4989 Website: http://www.eastcommunity.org</p>

Public Health

Agency/Organization	<p>CaCoon Care Coordination Program</p> <p>The Oregon Center for Children and Youth with Special Health Needs (OCCYSHN), Oregon’s Title V CYSHCN program, administers CaCoon through contracts with county health departments to provide care coordination services to children and youth with special health needs. Services are provided by home-visiting public health nurses.</p>
Who they serve	Children and youth with special health care needs, birth to age 21, and their families
Transition planning age span	Begin at around age 14 (or younger if needed) and end at age 21
Transition-related services and supports	<p>CaCoon public health nurses conduct home visits to provide services to youth and their families:</p> <ul style="list-style-type: none"> • Comprehensive strength-based assessment of youth and family needs • Assistance setting goals for self-care, housing, school, work, etc. • Ensure communication between primary care, specialists, youth and their family • Education and information related to self-management • Advocacy • Referral and assistance accessing: <ul style="list-style-type: none"> ✓ Adult primary care ✓ Specialty care ✓ Health insurance ✓ Social service supports such as SSI, DD services, brokerages, housing, guardianship, etc.
Eligibility	Eligible youth must demonstrate a special health need or disability, be younger than age 21.
Where services are available	<p>Services are available statewide. To find a CaCoon coordinator in your area please visit:</p> <p>http://www.ohsu.edu/cdrc/oscshn/programs/documents/PHNListAugust2009.pdf</p>
Contact	<p>Oregon Center for Children and Youth with Special Health Needs 707 SW Gaines Road Portland, OR 97239 Phone: 503-494-8303 Toll free: 1-877-307-7070 Fax: 503-494-2755 Email: occyshn@ohsu.edu Website: http://www.occyshn.org</p>

Agency/Organization	Community Connections Network Community Connections Network (CCN) teams are community-based and made up of local health care providers, educators, family members, and service providers. CCN teams identify issues, discuss solutions and develop a plan that addresses the child's needs. CCN is supported by the Oregon Center for Children and Youth with Special Health Needs (OCCYSHN) at the Child Development and Rehabilitation Center at OHSU.
Who they serve	Children and youth, birth to 21 years, with unresolved health and/or developmental concerns
Transition planning age span	Begin around age 14 and end at age 21
Transition-related services and supports	CCN teams help youth and their families develop a care plan based on their needs. CCN teams also help youth and families coordinate services and link to: <ul style="list-style-type: none"> • Adult primary care and specialty care providers • Speech, Occupational Therapy and Physical Therapy • Mental Health • Developmental Disability services • Health Insurance • Benefits counseling • Financial resources (e.g. Zetosch, Needy Meds) • Vocational rehabilitation and other employment opportunities • Higher education and other specialized education programs • Support groups • Housing • Transportation • Advocacy resources
Eligibility	Eligible families must have a youth with an unresolved health or developmental concern. There is no cost to families to meet with a CCN team.
Where services are available	Services are available in the following Oregon counties: Benton, Clatsop, Coos, Crook, Curry, Deschutes, Gilliam, Grant, Hood River, Jefferson, Lincoln, Linn, Malheur, Marion, Polk, Sherman, Wasco, Wheeler, and Yamhill. To find a CCN coordinator in your area please visit: http://www.ohsu.edu/cdrc/occyshn/programs/documents/CCN-LocalCoordinatorContacts.pdf
Contact	Oregon Center for Children and Youth with Special Health Needs 707 SW Gaines Road Portland, OR 97239 Phone: 503-494-8303 Toll free: 1-877-307-7070 Fax: 503-494-2755 Website: http://www.occyshn.org

Agency/Organization	School-Based Health Clinics School-Based Health Centers (SBHCs) are a unique health care model in which comprehensive physical, mental and preventive health services are provided to children and youth in a school setting. SBHCs provide services to many children and youth who otherwise would not get care and are recognized part of the safety net system.
Who they serve	School age children and youth (up to age 21)
Services and supports	SBHCs are located on school grounds and are open when the children and youth are in school. SBHCs provide: <ul style="list-style-type: none"> • Comprehensive physical, mental and preventive health services to children and youth including: <ul style="list-style-type: none"> ✓ Performing routine physical exams, including sports physicals ✓ Diagnosing and treating acute and chronic illness ✓ Prescribing medications ✓ Treating minor injuries ✓ Providing vision, dental, and blood pressure screenings ✓ Administering immunizations • Health education, counseling, and wellness promotion • Providing and/or connecting students with mental health services • Giving classroom presentations on health and wellness
Eligibility	No eligibly requirements. Services are available to students regardless of age, income or insurance status.
Where services are available	SBHC are available in 55 schools. To find a SBHC in your area please visit: http://www.oregon.gov/DHS/ph/ah/sbhc/docs/SBHCmap.pdf
Contact	Adolescent Health Section, Office of Family Health, Oregon Department of Human Services 800 NE Oregon Street, Suite 805 Portland, Oregon 97232 Phone: 971-673-0249 Fax: 971-673-0250 Website: http://www.oregon.gov/DHS/ph/ah/sbhc/

INDEPENDENT LIVING

Agency/Organization	Centers for Independent Living	
	Centers for Independent Living provide services to help individuals with disabilities live as independently as possible.	
Who they serve	Individuals of all ages who experience any type of disability	
Services and supports	<p>Centers for Independent Living provide the following “core” services:</p> <ul style="list-style-type: none"> • Information and Referral • Independent Living Skills Training • Peer Counseling • Advocacy <p>Many Centers for Independent Living provide additional services such as:</p> <ul style="list-style-type: none"> • Technical Assistance Services • Community Education/Outreach Services • Social/Recreational Services • Lifespan Respite Services 	
Eligibility	Eligibility for services is determined by individual centers. In general, an individual must experience a significant disability, which limits their ability to function independently in areas such as self care, mobility, employment, communication, education, residential, etc.	
Where services are available	Services are available statewide.	
Contact	<p>Central Oregon Resources for Independent Living, serving Deschutes, Crook & Jefferson Counties 541-388-8103 (Voice/TTY) • 541-388-1226 (Fax)</p> <p>Eastern Oregon Center for Independent Living, serving Baker, Gilliam, Grant, Harney, Malheur, Morrow, Umatilla, Union, Wallowa and Wheeler Counties 541-889-3119 (Voice/TTY) • 541-889-4647 (Fax)</p> <p>Independent Abilities Center, serving Jackson and Josephine County 541-479-4275 (Voice) • 541-479-7261 (Fax)</p>	<p>Independent Living Resources, serving Multnomah, Washington & Clackamas Counties 503-232-7411 (Voice) • 503-232-7480 (Fax)</p> <p>Lane Independent Living Alliance, serving Lane County 541-607-7020 (Voice) • 541-345-7021 (Fax)</p> <p>SPOKES Unlimited, serving Klamath & Lake Counties 541-883-7547 (Voice) • 541-885-2469 (Fax)</p> <p>Umpqua Valley Disabilities Network, serving Douglas County 541-672-6336 (Voice) • 541-672-8606 (Fax)</p>

Agency/Organization	Foster Care Independent Living Programs, Department of Human Services
Who they serve	Foster youth age 14 to 21 with an interest in receiving services and support to help them live independently.
Transition planning age span	Begin at age 14 or older and end no later than age 21
Transition-related services and supports	The Independent Living Program (ILP) helps youth prepare for their transition to adulthood and independence by providing life skills training. Foster youth participating in ILP receive: <ul style="list-style-type: none"> • Educational and vocational training • Life skills training • Employment assistance including job search and job placement • Guidance and planning services • Mentoring and support
Eligibility	Eligible youth must be: <ul style="list-style-type: none"> • Age 14 or older and less than age 21 • Currently in foster care or was in foster care for 180 days after the age of 14 • In need of ILP services to become self-sufficient and independent
Where services are available	Services are available statewide. To find a ILP office in your area visit: http://www.oregon.gov/DHS/children/fostercare/ind_living/contractors.shtml
Contact	Independent Living Programs 500 Summer Street NE, E76 Salem, OR 97301-1017 Phone: 503-945-6619 Website: http://www.oregon.gov/DHS/children/fostercare/ind_living/ilp.shtml

Agency/Organization	Outside In
Who they serve	Outside In helps homeless youth move towards improved health and self-sufficiency
Transition-related services and supports	<p>Outside In provides homeless youth and young adults with:</p> <ul style="list-style-type: none"> • Transitional and Permanent Housing • Links to employment opportunities • Counseling and Psychiatric services • Oregon Health Plan assistance and advocacy • Healthy meals • Recreation and art • Education and Information <ul style="list-style-type: none"> ✓ Urban Ed- Alternative High School ✓ Employment Training • Safety off the streets <ul style="list-style-type: none"> ✓ Case Management ✓ Alcohol and Drug treatment services • Primary Medical care <ul style="list-style-type: none"> ✓ Acupuncture and alternative medicine ✓ Transgender Medical Clinic ✓ LGBTQ Services
Eligibility	Outside in serves homeless individuals of any age. There are no eligibility requirements.
Where services are available	Outside in is located in Portland.
Contact	1132 SW 13th Avenue Portland, OR 97205 Phone: 503-535-3800 Fax: 503-223-6837 Email: info@outsidein.org Website: http://www.outsidein.org/index.htm

LEGAL ASSISTANCE

Agency/Organization	Disability Rights Oregon Disability Rights Oregon assists individuals with disabilities with legal problems directly related to their disabilities.
Who they serve	Individuals experiencing a disability-related legal issue with an Oregon business, agency or employer.
Services and supports	Disability Rights Oregon: <ul style="list-style-type: none">• Provides legal representation• Promotes awareness among individuals with disabilities of their legal rights• Provides information and tools that promote self-advocacy• Pursues policy changes that benefit individuals with disabilities
Where services are available	Services are available statewide.
Contact	620 SW Fifth Ave, Suite 500 Portland, OR 97204-1420 Phone: 503-243-2081 Toll free: 1-800-452-1694 Fax: 503-243-1738 Website: www.disabilityrightsoregon.org/

Agency/Organization	Oregon Law Center The Oregon Law Center (OLC) works closely with other legal aid programs and private attorneys to provide free civil legal services to low income individuals and families.
Who they serve	Low-income Oregonians
Services and supports	OLC provides information, advice and representation on: <ul style="list-style-type: none"> • Family law issues for low-income families, with highest priority to domestic violence matters • Administrative law issues related to health care, employment, public benefits and Social Security • Housing law issues related to fair housing, government subsidized housing, homelessness and landlord-tenant disputes
Hotlines	<ul style="list-style-type: none"> • Public Benefits Hotline: Statewide service of legal aid programs throughout Oregon that provides help to low-income persons who have problems with applying for or receiving public benefits such as Welfare, Food Stamps, or Social Security. Please call 1-800-383-1222 Monday and Thursday 1pm-4pm; Tuesday and Wednesday 9am-12pm • Pro Bono Hotline: The Pro Bono program provides legal assistance to low income individuals seeking help on a consumer, contract, employment, housing or estate matters. The legal issue must be in the Portland Metropolitan Area. Please call 503-473-8329 and leave a message describing the legal issue
Where services are available	OLC offices are located in Portland, Coos Bay, Grants Pass, Ontario, Salem and Woodburn. To find a OLC in your area visit: http://www.oregonlawcenter.org/index_files/Page503.htm
Portland	OLC Administrative Office 921 SW Washington, Suite 516 Portland, OR 97205 Phone: 503-295-2760

SUPPORT SERVICES

Agency/Organization	<p>Office of Developmental Disability Services, Seniors and People with Disabilities, Department of Human Services</p> <p>The Office of Developmental Disabilities, Seniors and People with Disabilities (SPD) contracts with each Oregon county to provide services to individuals with developmental disabilities. Community Developmental Disabilities Programs (CDDP) are responsible for the planning and implementation of developmental disability services within their county(s) and coordinating with state and local agencies to address the needs of individuals.</p>
Who they serve	Individuals with developmental disabilities.
Transition planning age span	Begin at age 17 and end at age 21
Transition-related services and supports	<p>At age 17, SPD service coordinators work with youth and their families to develop an Individual Support Plan (ISP). The ISP identifies adult services and supports based on the youth's needs, interests, and goals. Services for adults range from Brokerage Support Services* to assist an individual to live in their own home or with family or friends, to 24-hour comprehensive services. Additional transition-related services include:</p> <ul style="list-style-type: none"> • Referral and linkage to community services • Case management • Service coordination • Assistance accessing Supplemental Security Income (SSI) • Health care representation <p>*Brokerage Support Services</p> <p>At age 18, local CDDPs determine eligibility for support services and make referrals to a local Support Services Brokerage that help develop and monitor the support services provided. Support Service Brokerages help adults with developmental disabilities develop an individualized plan for community living and access supports to implement the plan.</p>
Eligibility	Eligible individuals must have a diagnosed developmental disability, meaning a mental and/or physical condition resulting in significant impairments to daily functioning. The disability must have its origin in the brain; must be established prior to the age of 22, or in the case of mental retardation the condition must be determined before 18 years of age; must be expected to last indefinitely; must result in significant impairments in at least two areas of daily functioning.
Where services are available	Services are available statewide. To find a Community Developmental Disabilities Program in your area please visit: http://www.oregon.gov/DHS/dd/county/county_programs.shtml
Contact	<p>Seniors and People with Disabilities 500 Summer St. NE E12 Salem, OR 97301-1073 Toll free: 1-800-282-8096 Website: http://www.oregon.gov/DHS/spwpd/about_us.shtml</p>

Agency/Organization	Full Access – an Oregon Support Brokerage Full Access is a support services brokerage designed to assist individuals with intellectual and/or developmental disabilities by providing an array of services and supports.
Who they serve	Individuals 18 and older with developmental disabilities living in their own or their family home
Transition planning age span	Begins by age 18 and ends at age 22 (or older if needed)
Transition-related services and supports	Each young adult enrolled in Full Access has a designated a Personal Agent. Personal Agents assist young adults: <ul style="list-style-type: none"> • Develop a person-centered plan • Identify needed services and supports to implement the care plan • Allocate benefits for needed services and supports • Identify and link with community resources (e.g. vocational rehabilitation, health care, etc.)
Eligibility	Eligible adults must be 18 years or older, deemed eligible for support services through their local Developmental Disability program
Where services are available	Full Access provides services in five counties: Crook, Deschutes, Jefferson, Lake and Lane
Contact	1240 Charnelton Street Eugene, OR 97401 Phone: 541-284-5070 Toll free: 1-866-890-5743 Fax: 541-284-5067 Website: http://www.fullaccess.org/

Agency/Organization	Oregon Commission for the Blind
Who they serve	Visually impaired individuals
Transition planning age span	Begin at age 16 and services are available into adulthood
Transition-related services and supports	<p>Summer Work Experience Program</p> <p>The Summer Work Experience Program (SWEP) is a seven-week program designed to help promote work readiness and independent living for visually impaired youth. Participating youth get to:</p> <ul style="list-style-type: none"> • Live with peers • Learn independent living skills • Earn money working 30-hours/week • Participate in a wide variety of recreational activities such as camping, hiking, team building, and visits to local attractions <p>Adult Education and Training:</p> <p>Resources, education and training available to visually-impaired youth and adults (18 years or older) include:</p> <ul style="list-style-type: none"> • Individual, group, and family counseling • Maximizing functional vision • Written communication – learn alternative methods for reading and writing • Orientation and mobility – learn how to use a white cane, accessing public transportation • Personal management and independent living skills
Eligibility	<p>SWEP: Eligible youth must be visually-impaired; 16-21 years of age; able to live in a semi-independent living situation; able to travel independently to and from the worksite.</p> <p>Adult Education and Training: Eligible adults must be visually-impaired; 18 years or older.</p>
Where services are available	Services are available statewide.
Contact	<p>Portland Office 535 SE 12th Avenue Portland, OR 97214 Phone: 971-673-1588 Fax: 503-234-7468 Website: http://oregon.gov/Blind/contact_us.shtml</p>

YOUTH & FAMILY SUPPORT

Agency/Organization	<p>Family And Community Together (FACT)</p> <p>FACT is dedicated to empowering Oregon families experiencing disability by offering information, referral, trainings, and family to family connections. FACT also works to ensure that the family’s perspective is considered in policy and system change initiatives.</p>
Who they serve	Families of children and youth with disabilities birth to age 21
Services and supports	<p>The FACT Family Center is a family support and information center. Center staff assist families of youth with disabilities by:</p> <ul style="list-style-type: none"> • Facilitating family-to-family support connections • Conducting trainings and workshops (e.g. High school transition planning, Introduction to Personal Centered Planning, etc.) • Assisting with referral-linkages to community resources • Providing education and information on a variety of topics such as: <ul style="list-style-type: none"> ✓ Independent living ✓ Intimacy and dating ✓ Employment ✓ Self-Advocacy
Eligibility	Eligible families must have a child or youth with a disability
Where services are available	The FACT Family Center supports families in Multnomah, Washington, Clackamas counties.
Contact	<p>619 SW 11th Avenue, Suite 102 Portland, OR 97205 Toll free: 1-888-988-FACT (3228) Fax: 503-227-0346 Email: info@factoregon.org Website: http://factoregon.org/index.php/facthome/</p>

Agency/Organization	Juntos Podemos Juntos Podemos promotes the well-being, self-determination and independence of children with developmental disabilities through family support, information, education and referral to community resources.
Who they serve	Families of children and youth with developmental disabilities
Services and supports	Juntos Podemos offers the following services to youth and their families: <ul style="list-style-type: none"> • Family Support Planning - Identification of strengths, skills, interests, needs, and linkage to resources • Family Cooperative that helps families to provide mutual support to other families, the center and community by exchanging the types of things they need (i.e., moral support, childcare, transportation, etc.) By participating in the cooperative, each family member is saving cash out of pocket for the things that they can do for one another. • Peer Support Groups (located in Marion and Lincoln counties) • English Classes • Financial Literacy Classes • Resource Library • Education and Information • Referral to community resources • Newsletters
Eligibility	Juntos Podemos works with families who have children with developmental disabilities. At the same time, we do not turn people away who have been referred to our center.
Where services are available	The FACT Family Center supports families in Multnomah, Washington, Clackamas counties.
Contact	619 SW 11th Avenue, B-1 (physical location), B-3 (mailing address) Portland, OR 97205 Toll free: 1-888-988-FACT (3228) Fax: 503-227-0346 Email: info@factoregon.org Website: http://factoregon.org/index.php/facthome/

Agency/Organization	RISE: Respect, Inspire, Support & Educate Oregon Parent Training & Information
Who they serve	Families of children and youth with disabilities
Transition planning age span	Begin at age 16 (or earlier if appropriate) and end when the youth exits school or at age 21
Transition-related services and supports	<p>Partners Program: The Partners Program matches a volunteer parent with a parent in need of support at their child's Individualized Education Plan transition meeting or mediation meeting. Parent volunteers:</p> <ul style="list-style-type: none"> • Help parents prepare for the meeting • Plan an agenda • Identify key issues • Take meeting notes and • Act as a trained listener who is familiar with special education rules and regulations <p>Helpline: The Special Education Help Line is a toll-free service that answers questions related to special education topics. Call 1-888-891-6784.</p>
Eligibility	Any family of a child or youth with an Individualized Education Plan
Where services are available	Services are available statewide.
Contact	<p>2288 Liberty Street NE Salem, OR 97301 Toll free: 1-888-505-2673 Fax: 503-391-0429 Email: info@oregonrisecenter.org Website: http://www.oregonrisecenter.org</p>

Agency/Organization	Swindells Resources Center The Swindells Resource Center for Children and Families connects families of children with disabilities to resources, information and trainings.
Who they serve	Families of children with disabilities
Transition planning age span	Begin around age 14 and end at age 22
Services and supports	Swindells provided the following services to families of youth with disabilities: <ul style="list-style-type: none"> • Information and referral to community resources • Information on speaker events • Trainings on specific disabilities or diagnosis
Eligibility	Services are available to families of children and youth with disabilities. Services are at no cost to families.
Where services are available	Swindells Center provides services statewide via phone or email. Swindells Centers are located in Portland, Newport, Salem, Redmond, and Hood River. To find a Swindells Center in your area please visit: http://www.providence.org/oregon/programs_and_services/childcenter/e15swindells.htm
Contact	Swindells Resources Center Phone: 503-215-2429 Toll free: 1-800-833-8899 ext. 52429 Fax: 503-215-2478 Email: swindells@providence.org

Agency/Organization	The Arc of Oregon The Arc of Oregon, together with its network of members and affiliated chapters, advocates for the rights and full community participation of all children and adults with intellectual and developmental disabilities.
Who they serve	Individuals with intellectual and developmental disabilities and their families.
Transition planning age span	Begin around age 16 and end at age 21
Transition-related services and supports	The Arc of Oregon offers an array of services and supports to youth and young adults with developmental disabilities and their families. Services may include: <ul style="list-style-type: none"> • Information, education and training • Referral and linkage to community resources • Oregon Special Needs Trust (OSNT) Program - providing opportunities to accumulate funds within a trust without losing eligibility for government assistance • Guardianship, Advocacy and Planning Services (GAPS) which include: <ul style="list-style-type: none"> ✓ Guardianship and guardianship information ✓ Health care representation ✓ Advocacy ✓ Future planning
Eligibility	Eligibility varies depending on local chapter.
Where services are available	The Arc of Oregon has 12 chapters throughout the state.
Contact	1745 State Street Salem, OR 97301 Phone: 503-581-2726 Toll free: 1-877-581-2726 Fax: 503-363-7168 Email: info@arcoregon.org Website: http://www.arcoregon.org

Agency/Organization	United Cerebral Palsy of Oregon and Southwest Washington United Cerebral Palsy (UCP) of Oregon and SW Washington offers direct program service, information, and advocacy for individuals with cerebral palsy and other disabilities.
Who they serve	Individuals with Cerebral Palsy and other disabilities
Transition planning age span	Begin around 14 years and end at age 22 years (or older if needed)
Transition-related services and supports	UCP services include: <ul style="list-style-type: none"> • Educational grant to age 21 • Education and Information • Referral to community resources • Support and socialization groups - opportunities for youth to gather and learn about community options • Family support services
Eligibility	Eligible individuals must have a Cerebral Palsy or other disability
Where services are available	Services are available statewide. Youth support groups are available in Multnomah, Clackamas and Washington counties. Family support groups are available in Multnomah and Clackamas counties.
Contact	United Cerebral Palsy of Oregon & Southwest Washington 11731 NE Glenn Widing Drive Portland, Oregon 97220 Phone: 503-777-4166 Fax: 503-771-8048 Email: ucpa@ucpaorwa.org