

Recognizing Outstanding Service Excellence



Jenny Wilhelm
Physical Therapy

A patient of Rehabilitation Services submitted the following nomination. . .

I am writing in commendation of Jenny Wilhelm. After over a year of working with Jenny, my husband and I have found her to be an extraordinarily skilled and insightful therapist.

I began working with Jenny in 2006 looking for coping strategies for Chronic Fatigue Syndrome, which had ravished my life for 20 years. Then in January 2008, I underwent surgery for a Chiari Malformation. I was again assigned to Jenny and we began again. Through careful attention, she discovered a residual balance problem that was caused by both visual and vestibular issues. Once again, she rewrote the 'playbook', and we revised our focus. I found vision therapy that I needed and Jenny worked to develop a program to retrain my brain to accommodate the congenital vision problems and my new prismatic lenses. We used everything from the Balance Master to disposable drinking cups as tools for retraining my brain. She truly taxed any plasticity that my brain was capable of.

Now, she has once again provided the means of helping my family. My husband has been diagnosed with CMI, or early stage Alzheimer, you choose. Jenny and "The Two Amy's" helped tease out his university professor/Alzheimer patient diagnostic differential. Jenny has provided some of the first relief we have had in over a year.

Simply, Jenny Wilhelm has been the most extraordinary health care provider that I've worked with in years. Yes, there were neurosurgeons, award winning internists, neuro-optometrists, and various exotic specialists; but Jenny found the connection. She researched what needed to be done, and she implemented the plan.

Jenny Wilhelm has become the face of OHSU for us...bright, enthusiastic, professional and gifted. You are fortunate to have such a remarkable woman on your team. My husband and I are blessed with a therapist who has provided incredible support through CFS, Chiari surgery, vision retraining, and Alzheimer's. She is a truly gifted neuro-rehab therapist. She is a gift to you and to us.

Respectfully,
Your Patient



Award Recipient - February 2009