



## Women's Health Research at OHSU

### Planning a pregnancy in the next year?

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**OHSU Women's Health Research Unit**  
503 494-3666

At the Women's Health Research Unit at OHSU, we are conducting a study to explore how your first pregnancy and delivery may affect pelvic muscle and nerve function. Some women may experience injuries to these muscles and nerves during pregnancy and delivery. These are injuries that may lead to urinary or bowel incontinence or displacement of pelvic organs (known as pelvic organ prolapse) later in life.

After two years of research, we have begun to learn a great deal about these muscles and nerves, and we are in the process of publishing some of our initial findings. We still need many more participants to help us achieve a thorough picture of how these muscles and nerves might be changed by pregnancy and delivery.

Study participation includes pre-pregnancy and post-delivery exams including an MRI of the pelvis and uterus, ultrasounds, and nerve tests at no cost. No exams take place during pregnancy. Women who are under 40 years of age and planning to have their first child may qualify. If this sounds like you, or someone you know, call us for more information on this study. If qualified, the study compensates up to \$710.

To find out about this, or other study opportunities, please call our confidential recruitment line at 503 494-3666. Study participation is a great way to support women's health, and it could result in findings that might help you or other women. Call us now to learn more.

<http://www.ohsuwomenshealth.com>

Sincerely,

The Division of Women's Health Research  
503 494-3666

*The Women's Health Research Unit at OHSU: Finding New Solutions to Old Problems*



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