

*Medicine/Cardiology Department at Oregon Health and Science  
University and the University of Washington*



**Did you know the American Heart Association estimates nearly  
2,300 Americans die of cardiovascular disease each day?**

That's an average of one death every 38 seconds...

If you're a man or woman and have had a heart attack, stroke, blocked blood vessel and a family history of heart attack or stroke, we are looking for you. We are actively recruiting women participants for a research study called the Carotid Plaque Composition Study (CPC).

CPC is a University of Washington research study in collaboration with Oregon Health and Science University that will test three different treatment strategies for correcting high cholesterol. All participants will take a medication to lower their LDL ("bad cholesterol"). Two thirds of the participants will take an additional drug that raises levels of HDL ("good cholesterol"), and one third of the participants will take an additional drug to further lower LDL-cholesterol.

**Eligible participants will receive the following at no cost:**

- FDA approved medications to lower cholesterol
- Physical examination and laboratory tests
- Diet and exercise counseling
- Annual MRI of the neck arteries

**CPC is looking for:**

- Women ages 21 to 70
- Have been told they have plaque in their neck arteries or are at a high risk of stroke or heart disease
- And have a high amount of LDL or "bad cholesterol"

All study activities will take place at OHSU-Cardiology Division  
This study is funded by the National Heart, Lung and Blood Institute. Medications provided by Abbott Laboratories, Pfizer and Daiichi Sankyo.  
Diana Rinkevich, MD, Associate Professor of Medicine OHSU site  
Xue-Qiao Zhao, MD, Research Associate Professor of Medicine/Cardiology  
Pey Shadzi, RD, Research Study Coordinator University of Washington

**Like to learn more about the study?  
Please e-mail Dr. Rinkevich at  
[rinkevic@OHSU.edu](mailto:rinkevic@OHSU.edu)**

