SIMPLIFIED DEVELOPMENTAL MILESTONES

Age	Gross Motor	Fine Motor/Adaptive	Language	Social	Control Description
0 mo	Head turns <,>	Fisted		Jocial	Drawing
		Fixes on face			
1 mo	Head up	Follows to midline		1.5 mo smiles	
2	Head + shoulders up	Follows post midline	Coos (vowels)	1.0 mo ominos	
3	Tripod (on elbows)	Unfisted 50% of time			
		Follows 180°			
4	4 pt on hands	Hands to midline			
	Rolls front → back				
5	Rolls back → front	Unfisted 100% of time	Ah-goos		
		Transfers	(1st consonants)		,
		Ulnar rake			75
	0"	Hand to mouth (feeds self)			
6	Sits unsupported	Radial rake			
7	Gets to sit	Feeds self (purposefully)	Babbles		
_	Crawls				
8		Attains pellet	Nonspecific mama/dada		
	Dulle te et e d	(with crude grasp)			
9	Pulls to stand	Immature pincer grasp			
10	ļ.,	Mature pincer grasp	Specific mama/dada		
44	cruises				
11	Cruises				
12	Walks	Mature manipulation of	1st words	Comes when called;	
(1 yr)		objects with hands;	Immature jargoning	Cooperates with	15
4.5		Drops pellet		dressing	entant at the
1.5	Runs	Stacks 21 cubes	1's of words,	Imitates	Scribbles
		Spoon feeds self	1 word phrases	2	spontaneously
		1	Mature jargoning		
2	Ctaire (immeture)	02	(50% understandable)		
2	Stairs (immature) Kicks ball	2º cubes	10's of words	Parallel play	Imitates strokes
	Nicks Dall	Drinks from cup	2 word phrases		
2.5	Throws overhand	Takes clothes off	Points to 4 pictures		
3		Unbuttons	1001		
S	Tricycle (3)	2 ³ cubes	100's of words	Shares	(3)
	Up stairs alternating feet	Dresses	3 word phrases (minimum)	Group play	
			Names 4 pictures	Oriented x 3	
4	Down stairs alt foot	Duttene	(100% understandable)	(sex, age, name)	
4	Down stairs, alt. feet	Buttons	1000's of words	"lies"	(4)
	Balances one foot x 1 sec Hops	Catches	Names 4 colors		
5	Skips (immature) Balances one foot x 5 sec	Tion shoop	Formed above		
J	Jumps over	Ties shoes	5 word phrases	competes	(5)
	Skips (mature)	Writes own name	20		/\
6	Ompo (mature)				
١					(6)
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