

# Ashleigh Mackay Aldersea Memorial Donor Milk Drop Off Site



"It was great comfort to know we could help a baby be healthy and strong."

- Jennifer H, mother of three and donated her breast milk

15220 NW Laidlaw Rd #100  
Portland, OR 97229-7717  
503-418-2000

## Your breast milk...a precious gift of health!

As a mother who is breastfeeding, you may want to consider milk donation for other babies in need. It is an opportunity to make a difference in the health of a premature or medically fragile infant. Donor breast milk is an important part of medical care for at-risk infants whose own mothers cannot supply enough milk.

Our certified lactation consultants can help answer your questions about becoming a breast milk donor.

Our personnel at Doernbecher Westside Pediatrics will assist you to ship your precious milk to San Jose Mother's Milk Bank, where it will be processed, pasteurized and distributed to infants who will benefit from it.

## Easy steps to share a gift of breast milk

### 1. Determine if breast milk donation is right for you

Go to: [www.sanjosemilkbank.com/donatemilk.htm](http://www.sanjosemilkbank.com/donatemilk.htm) or call OHSU Lactation Services at **503-494-2768**

We are available to talk with you and answer your questions about whether milk donation is right for you.

### 2. Participate in a telephone screening

If you meet the qualifications of the preliminary donor screening process then:

Call San Jose Mother's Milk Bank **(408) 998-4550** for a brief verbal medical history review, obtain additional information /consent forms, and instructions to have a blood test (The Mother's Milk Bank covers the cost of the serological screening).

### 3. Arrange a time to deliver your frozen breast milk

Once you get your "Donor identification number" from the milk bank then contact Doernbecher Westside Pediatrics at **503-418-2000** to make arrangements to drop off your milk. Donor drop-offs must be pre arranged to ensure timely shipping. Our drop off site will package and prepare the boxes necessary for transporting your breast milk to the milk bank. **Our donor drop off time is: Thursdays from 9:30 am to 12:00 noon.**

## Contact Us

If you are interested in learning more about becoming a breast milk donor, please call us at:

**OHSU Lactation Services 503-494-2768** or go to:  
[www.sanjosemilkbank.com/donatemilk.htm](http://www.sanjosemilkbank.com/donatemilk.htm)

For other drop off sites in the Portland area:

[www.nwmb.org](http://www.nwmb.org)

Ashleigh Mackay Aldersea was born premature and lived just 13 1/2 months. She suffered from Necrotizing Enterocolitis, an injury to the intestines usually found in premature babies. Research has shown that breast milk can significantly decrease the occurrence of Necrotizing Enterocolitis. To that end, the Ashleigh Mackay Memorial Fund established in memory of Ashleigh, works to positively impact the lives of premies including support for the Doernbecher donor breast milk program.

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CHILDREN'S  
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