



Doernbecher Children's Safety Center

April is Head Injury Awareness Month

The leading causes of head injuries include motor vehicle accidents, falls and sports.

Protect your children:



BUCKLE UP

- ⇒ Safety seats and seat belts save lives!
- ⇒ Their proper use reduces fatal injuries by 71% in infants and 54% in toddlers.
- ⇒ There are different types of seats for different ages and weights.
- ⇒ Make sure you are using an appropriate seat for your child.

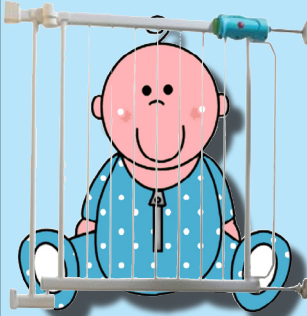


USE THE BACK SEAT

- ⇒ Children under age 12 should ride in the back seat of a vehicle.
- ⇒ If they must sit in the front, make sure the passenger airbag is deactivated.

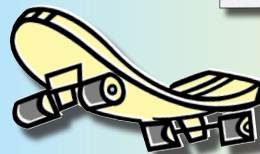
FOR BABIES

- ⇒ Use safety gates at the top and bottom of stairs. Never use a pressure gate at the top of a stairwell. Top-of-stair gates must be hardware-mounted.
- ⇒ Remove or install cushions on sharp-edged furniture and fireplaces.
- ⇒ Choose a stationary saucer over a baby walker.



FOR TODDLERS & OLDER KIDS

- ⇒ Install window guards or locks; screens are not enough to prevent a fall.
- ⇒ Keep off-limits items out of sight, rather than simply out of reach, to avoid encouraging climbing.



PLAY IT SAFE

- ⇒ Choose playgrounds that have protective ground covering like bark or rubber.
- ⇒ Ensure that play equipment is in good repair.
- ⇒ Supervise closely.



WEAR A HELMET

- ⇒ 75% of fatal head injuries among children bicyclists could have been prevented by a bike helmet.
- ⇒ Ensure that your child wears a properly-fitted, fastened helmet whenever they are riding a bike, scooter, skateboard, or going skiing/snowboarding.



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