



Doernbecher
Children's Hospital

OHSU Doernbecher Children's Hospital

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Inside this issue...

Doernbecher broadens reach through telecommunication

Managing functional gastrointestinal disease

Nutrition helps athletes build strong bones

Looking to connect with someone at Doernbecher?

Susan Gray-Madison, R.N., M.D., our provider relations manager, can help you access or coordinate clinical services, set up an OHSU account so you can view your patient records, and provide information about new programs and services. She is also available to arrange for office visits, case reviews or lectures with any of our specialists. She can be reached at 503 346-0644 or graymadi@ohsu.edu.

Have you seen our new website?

Check out our new site with an entire section just for providers.

www.ohsудоernbecher.com/provider

Recognition

OHSU Doernbecher Children's Hospital is a member of the National Association of Children's Hospitals and Related Institutions (NACHRI), and has been named one of the most admired companies in Oregon by the Portland Business Journal.

We're Covered on All Insurance Plans

OHSU Doernbecher Children's Hospital participates with all insurance plans. If you have a question regarding your patients' coverage, please call us at **503 346-0644** or **888 346-0644**.

Continuing Education

For more information about our upcoming grand rounds or CME opportunities, visit **www.ohsудоernbecher.com/cme**.

Save a tree, get Pediatric Partners

Would you like to receive this newsletter electronically?

Call **503 418-5196** or email **archere@ohsu.edu** to join our email list.

Pediatric Grand Rounds

Held every Thursday

Location: Vey Auditorium,

OHSU Doernbecher Children's Hospital

Time: 8-9 a.m.

Kid-friendly ER

The Doernbecher Pediatric Emergency Department serves your patients with board-certified specialists, bedside registration and kid-friendly décor, including rooms for overnight stays, infusions and acute care. Doernbecher is also a Level 1 trauma center.

Pediatric PARTNERS

Collaborating with you for high-quality healthcare

Spring 2010



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Improving access to specialty pediatric care

For pediatric patients and their families in rural or underserved counties throughout Oregon, healthcare services can be as sparse as the population. With the only two pediatric Intensive Care Units in the state located in Portland, many of Oregon's residents are left without ready access to pediatric intensivists.

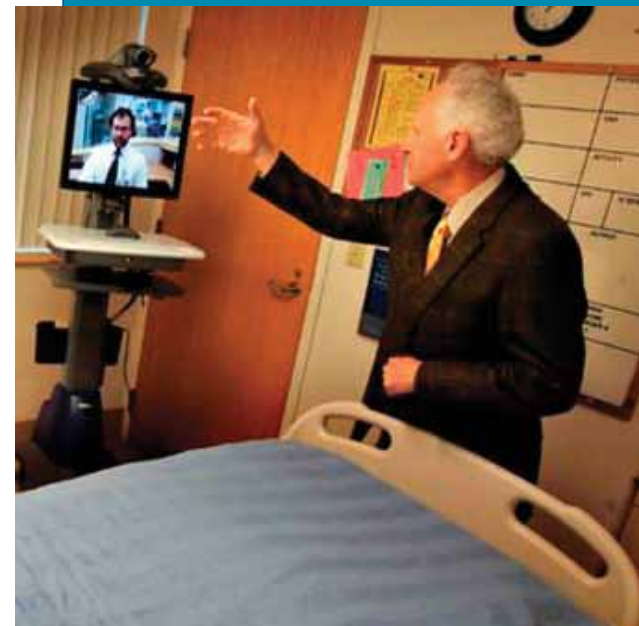
Since 2007, a unique telemedicine partnership between Doernbecher and Sacred Heart Medical Center in Eugene helps children and their families expand their access to specialty pediatric healthcare—without leaving home. Via video-conferencing equipment, Doernbecher and Sacred Heart physicians together interact with the patient. This often avoids costly and stressful travel to Portland, and leading to collaboration in care which improves access, level of service and provider and patient satisfaction.

Certain pediatric services lend themselves well to telemedicine, including radiology, mental health, neurology, cardiology and trauma. In many cases, telemedicine can help avoid the transfer of patients entirely—reducing financial impact and allowing children to be treated in their communities.

Doernbecher's program has already led to a 25 percent reduction in transfers and is currently broadening its telemedicine network to reach communities throughout Oregon. To learn more, call **503 346-0645** or toll free **888 346-0645**.

Inside this issue:

Managing Functional Gastrointestinal Disease.....	2
Doernbecher Welcomes New Faculty	3
Continuing Medical Education.....	4



Welcome to *Pediatric Partners*. Our goal is to provide information and resources that will be useful to your practice. We're pleased to partner with you in providing the best healthcare to the children of Oregon and Southwest Washington.

For referrals, consultations or more information call
503 346-0644 or toll free, **888 346-0644**.



Managing functional gastrointestinal disease

When a patient suffers three or more episodes of severe pain (affecting activities) in a two- to three-month period it is considered chronic. In children and adolescents, 95% of chronic abdominal pain is caused by functional gastrointestinal disease (FGID) and constipation. There are tests that are helpful to rule out more serious diseases including esophagitis, peptic ulcer, lactose intolerance, celiac disease, inflammatory bowel disease.

To rule out more serious conditions, testing should include:

- CBC and sedimentation rate
- Abdominal and pelvic ultrasound
- Celiac panel (IgA and tissue transglutaminase)
- UGI with small bowel follow-through (spot films of ileum)
- Chemistry panel, including liver function tests
- Stool hemocult times three
- KUB (chronic constipation)
- Urinalysis

Explaining to parents that each test is necessary to exclude certain diagnoses, and address their concerns about the pain's cause is helpful in relieving some of their anxiety. If test results are normal and constipation is excluded, FGID is the working diagnosis.

Tips for treatment for FGID:

- Let the child and caregivers know symptoms may be slow to go away.
- Narcotics have adverse effects on motility and inhibitory pain feedback loops in the central nervous system.



Bill Byrne, M.D., gastroenterologist examines a patient at Doernbecher.

- With FGID, avoid elimination diets. Restricting favorite foods reduces quality of life.
- Look for stress and anxiety. Parents may believe their child is stress-free, but the GI tract is sending a different message.
- Alternative therapies such as biofeedback, hypotherapy and acupuncture can be helpful. OHSU Doernbecher's chronic pain center offers these and other treatments.

To consult with a gastroenterologist at OHSU Doernbecher, contact Bill Byrne, M.D., Annie Terry, M.D., Yasemen Eroglu, M.D., Joel Frieland, M.D., Zili Zhang, M.D. or Janice Tendler, N.P. at 503-346-0644 or 1-888-346-0644.

Preventing the female athlete triad



The maxim “you are what you eat” is a given. But for many young women who take part in athletic activities where build is judged—such as dance, gymnastics, diving and running—the trouble lies with what they don’t eat.

Barbara Long, M.D., M.P.H., a specialist in pediatrics, adolescent medicine and sports medicine joined OHSU Doernbecher in October. One of her specialties is helping young athletes with disordered eating. Often female athletes may appear to be eating nutritiously, yet take in far too few calories for their level of exercise, she says.

That reduced calorie intake leads to loss of menstruation and poor bone development: In fact, many patients with eating disorders first visit OHSU

Doernbecher’s Pediatric & Adolescent Medicine Clinic for menstrual irregularity or a stress fracture.

When signs of disordered eating, decreased bone density and amenorrhea all present, this may indicate a condition called the “female athlete triad.” Since behaviors which lead to low bone density in young adulthood could be detrimental to an athlete’s lifetime bone health, it’s important to address the triad early.

The OHSU Doernbecher Campus Pediatric & Adolescent Medicine Clinic provides a full range of primary care for every child. To find out more about Dr. Long or the clinic, contact **503 346-0640** or **877 346-0640**.

Stephen Langley appointed Chief of Pediatric Cardiothoracic Surgery

Stephen Langley, MD, MBBS, FRCS, FETCS, has been appointed Chief of Pediatric Cardiothoracic Surgery at OHSU Doernbecher Children’s hospital. Dr. Langley will lead the children’s heart program into an era of renewed growth and vitality.

Dr. Langley is an expert in the treatment of complex congenital heart conditions, including neonatal surgery and adult congenital cardiac procedures. In addition, his research interests include valve replacement and cardiopulmonary bypass strategies in patients with congenital heart disease.

For referrals, consultations or more information call **503 346-0644** or toll free, **888 346-0644**.

Doernbecher Welcomes New Faculty



SANDRA IRAGORRI, M.D.
Pediatric Nephrologist

Medical degree: Colegio Mayor de Nuestra Senora del Rosario, Bogota, Colombia

Advanced Training: Royal College of Pediatrics and Child Health, London, UK and The Royal Free Hospital and Medical

School, London, UK

Research interests: Her research interests include hemolytic uremic syndrome and acid base/electrolyte disorders as well as nephrotic syndrome.

Dr. Iragorri comes to OHSU from Great Ormond Street Hospital in London, UK, where she was a locum consultant pediatric nephrologist. She is an educator and clinician by heart and by appointment.