

Glycemic Workshop

Agenda

Day 1

<u>Introduction</u> Review Agenda Learn About Individuals in the Class Pre test/Knowledge check	8:00 - 9:00 am (Sara Hohn)
<u>General Diabetes Overview</u> Type 1 vs. Type 2 vs. Other types Long-Term Complications Scope of Problem: Statistics	9:00 - 10:00 am (Dr. Joarder)
Break	10:00 – 10:15 am
<u>Medications</u> Oral Agents Insulin (types, action: onset/peak/duration) And Insulin Protocols	10:15 - 11:15 am (Dr. Joarder)
<u>Glycemic Management</u> Principles Targets Nurses Role Glucometrics	11:15 - 12:30 pm (Sara Hohn)
Lunch	12:30 - 1:00 pm
Effective Communication w/Clinicians Communication Challenges Crucial Conversations Delegation	1:00 - 2:00pm (Deborah Buchwach)
<u>Exercise</u>	2:00 – 3:00 pm (Donald Kain)
Break	3:00 – 3:15 pm
<u>Nutrition & Diabetes</u>	3:15 - 4:15pm (Linda Blarjeske & Kate Cable)
<u>Wrap Up/Questions</u>	4:15 - 4:30 pm (Sara Hohn)

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Day 2

Review

Q and A from Day 1
Inpatient Case Studies

8:00 – 8:15 am (Sara Hohn)
8:15 - 9:30 am (Sara Hohn)

Break

9:30 - 9:45 am

Acute Complications

9:45 - 10:45am (Sara Hohn)

Psychosocial Concerns and Motivation

Interviewing
Psychosocial aspects of diabetes care
Benefits of Motivational Interviewing
Patient Stories/case studies/practicing techniques

10:45 - 12:00 pm (Kimberly Kraus)

Lunch

12:00 - 12:30 pm

Patient Education and Glucose Monitoring

Educational Needs/Barriers
Patient Education: Need to Know (Includes Glucose Monitoring)
Patient Education: Nice to Know
Resources
Applying the Professional Practice Model
Case Study

12:30 - 2:15 pm (Stacey Luciano)

BREAK

2:15 - 2:30 pm

Insulin Pumps and Sensors

2:30 - 3:45 pm (Sara Hohn)

Post Knowledge Assessment & Program Evaluation

3:45 - 4:15 pm

Wrap Up / Discussion / Q&A

4:15 - 4:30 pm