

Glycemic Workshop

March 6 & 7, 2012

- WHO:** Nurses throughout Oregon and Southwest Washington interested in Glycemic Control.
- WHY:** Research and experience show that patients with diabetes have fewer complications when their blood glucose levels are well controlled. Patients who are hospitalized or who are undergoing surgery experience fluctuations in blood glucose levels that make glycemic control challenging. Nurses are in a unique position to positively impact blood glucose management during hospitalization and better prepare patients for discharge.
- WHAT:** OHSU has implemented a Glycemic Nurse Champion model in all of its adult inpatient units and has developed specialized nurse training to standardize and improve glycemic control for its patients. OHSU wishes to share this model with nurses in our community. Nursing continuing education contact hours will be provided through the American Nurses Credentialing Center (ANCC)*
- WHEN:** 8 a.m. to 4:30 p.m., Tuesday, March 6 and Wednesday, March 7, 2012.
- WHERE:** OHSU Hospital, Room 14B20. Directions and transportation (TriMet, Max, Streetcar and Portland Aerial Tram) information are available at www.ohsuhealth.com/maps
- COST:** The cost is \$250 for non-OHSU nurses and \$75 for OHSU nurses and nursing students. Pre-registration is required. Cancellation policy: If you cancel 2 weeks prior to workshop, you will not be charged.
- To register: Email Judy VanArtsdalen at vanarts@ohsu.edu**
- DETAILS:** Speakers will include diabetes experts representing multiple disciplines. Topics include a diabetes overview, acute complications, monitoring, medications, exercise, nutrition, patient and family education, special challenges and case studies.

This course is for any nurse who wants to learn more about glycemic control. We will also share information on how to be a nurse champion on this subject and implement a similar program. Nurses will learn how to help patients obtain improved glycemic control, be an identified resource to support patients' learning needs and provide consultation to fellow staff members about diabetes and/or glycemic control issues. As a result, nurses will feel more confident in advocating for their patients.

** OHSU Healthcare Education Services is an approved provider of continuing nursing education by the Washington State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.*