

# Sperm preservation if you are in the hospital

Cancer and its treatment can sometimes put you at risk for infertility. Your chances for maintaining your fertility are greatest if you evaluate your options as early as possible.

When discussing your cancer treatment plan with your doctor, first determine if you are at risk for fertility problems: Not all cancer treatments impair your fertility.

If the treatment you are receiving does include a risk of infertility, and if you are concerned about it, fertility preservation treatments are available. Your type of cancer and other personal preferences and circumstances may affect your available options.

If you think that infertility may be affecting you emotionally, talk to your healthcare team; we can also help with referrals to counselors or other providers. We're here to help you every step of the way as you sort through your options.

The steps for inpatient sperm preservation are as follows:

1) Review the following handouts:

## Male Fertility Preservation

- Outlines the cost of cryopreservation
- Please note that payment is expected when the sample is taken to the lab
- Payment may be made via cash, check or credit card

## Semen Collection & Delivery Information

- Details the collection process

## Sperm Banking Consent

- Submit these forms to the Andrology Lab along with your specimen

## OHSU Adolescent and Young Adult Oncology brochure

## Cancer and Fertility: For Patients

- These materials provide information about resources available to you

2) Timing is important; decide what time works best for you.

- Your specimen must be received by the Andrology Lab within 30 – 45 minutes of collection.
- Samples must be received **before noon**, Monday through Friday.
- A friend or family member can bring the specimen with the consent form and payment to the Andrology Lab at OHSU Fertility Consultants located at:

OHSU Center for Health & Healing, 10th Floor  
**503 418-3700**

3) Your doctor will coordinate the necessary referral paperwork with the Andrology Lab.

4) Your nurse will give you a specimen cup and a paper bag. After collection, place the specimen cup into the paper bag.

5) You'll be given the privacy you need. A healthcare provider will hang a "Stop Sign" door on your door to briefly detour visitors. When you are done, remove the stop sign.

6) Your nurse will check to make sure the cup is closed tightly, in the paper bag and that the person delivering to the Andrology Lab knows where to go.

