

# Fertility preservation for women

Cancer and its treatment can sometimes put you at risk for infertility. Your chances for maintaining your fertility are greatest if you evaluate your options as early as possible.

When discussing your cancer treatment plan with your doctor, first determine if you are at risk for fertility problems: Not all cancer treatments impair your fertility.

If the treatment you are receiving does include a risk of infertility, and if you are concerned about it, fertility preservation treatments are available. Your type of cancer and other personal preferences and circumstances will affect your available options. A fertility specialist can talk with you about the best options for you.

If you think that the risk of infertility may be affecting you emotionally, talk to your healthcare team or ask to talk with a social worker. They can also help with referrals to counselors or other providers. We're here to help you every step of the way as you sort through your options.

The steps for considering fertility preservation are as follows:

- 1) Review the following handouts:
  - **Treatment Options to Preserve Fertility in Women handout**
  - **OHSU Adolescent and Young Adult Oncology Program brochure**
  - **Cancer and Fertility: For Patients**

These materials provide information about resources available to you.

- 2) Ask your doctor to make a referral for you to see the OHSU Fertility Consultants.
- 3) Schedule an appointment with OHSU Fertility Consultants.

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