

# Breast Cancer Psycho-Educational Support Group



**For those with breast cancer, spending time with others also sharing the same experience can be a valuable way to deal with the emotional and physical issues that occur with treatment.**

As part of OHSU's Knight Cancer Institute comprehensive breast cancer program, we invite you to join this six-week support and educational group for women. Each week will address the many aspects of coping with a diagnosis of breast cancer.

We will cover specific topics such as nutrition, exercise, intimacy, mental and emotional well-being and post-treatment health management. Women at any stage of their breast cancer journey are welcome.

There is no fee to participate in the group, and refreshments will be provided.

**When: Wednesdays, 4:00 – 5:30 p.m.**

**Duration: May 16 – June 20**

**Location: Communicated upon registration**

For more information or to pre-register, please contact Kerry Weymouth at **503 494-6625** or **weymouth@ohsu.edu**

[www.ohsuknightcancer.com/breast](http://www.ohsuknightcancer.com/breast)

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