

## OHSU Palliative Care Service



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## Mission Statement

The OHSU Palliative Care Service's mission is to discover, teach, and practice the best palliative care possible.

We have been and aim to continue to be a nationally recognized leader in palliative care, employing a team-based approach to serve patients, families and health professionals who are dealing with serious, life-threatening illnesses.



### Palliative Care Service

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To make a gift to support the Palliative Care Program, please contact the OHSU Foundation at **503 228-1730**, email [ohsufinfo@ohsu.edu](mailto:ohsufinfo@ohsu.edu) or visit [www.ohsufoundation.org](http://www.ohsufoundation.org).

*Most health plans accepted.*

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# Palliative Care Service

OHSU provides a special service for those facing a complex or life-threatening illness.



## The Palliative Care Service offers:

- Enhanced communication between you, your family and your medical team
- Help in making difficult medical decisions at any stage of illness
- Emotional and spiritual support
- Expert treatment of symptoms, including:
  - Pain
  - Shortness of breath
  - Constipation
  - Nausea
  - Trouble sleeping
  - Loss of appetite



## You and your family may benefit from palliative care if you:

- Need help making complex medical decisions
- Need help understanding their condition or prognosis
- Will have complex needs when they leave the hospital
- Have a long, complex hospital stay
- Have a recent diagnosis of a serious illness
- Have a complex illness with many hospital stays
- Experience uncontrolled discomfort or other symptoms

## How does palliative care differ from hospice care

The Palliative Care Service works in the hospital and clinic and can provide guidance during any phase of illness. Hospice is a program of services that allows a dying person to remain at home or in a home-like setting for the last weeks and months of life. The Palliative Care Team can help with the transition to hospice care, if needed.

During business hours, hospitalized patients receiving palliative care services can call **503 494-7959**. For outpatient clinic patients, the number is **503 494-6812**.

After hours, hospitalized patients can ask a nurse or physician to call a palliative care team member.

Ask your doctor about a referral to the Palliative Care Service. We are available by referral to hospitalized patients and in our outpatient clinic.