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January Meeting Agenda:

OHSU Student Council (SC)

1/13/11, 12:00-1:00/1:30pm

Location: MRB 310

Called to order: 12:00pm

Attendants:

- **Welcome/Food/Drinks** (10 minutes)
- **Approval of Past Minutes** (1 minute): **There was a first motion, a second, and a majority approval of the past meeting minutes.**
- **Student Health Center** (Sarah Lemley): Guided relaxation classes will be offered every Tuesday from 7:15am-7:45am. There will be a sleep solutions class held on January 30th, 2012 from 5:09-5:59pm. Yoga is held every 2nd and 4th Wednesday starting January 11th in the Old Library room 221. Stress Management Class will be held on January 19th from 4-5pm dealing with frustrations and anger. Please email Sarah at lemley@ohsu.edu for more information.
- **Funding Request** (5 minutes):
 - **Student Health Policy Symposium** (Nate Risley): Formerly known as the Health Policy Workshop. This event is for all OHSU students interested in getting involved with health policy. It will be held on Saturday January 21st, 2012 at the School of Nursing. Three keynote speakers will address us, then we will break out into our individual schools and meet with lobbyists from the OMA, ODA, ONA, and OHSU. Breakfast and lunch will be served to those that attend. Last year, All Hill SC funded \$750. We are trying to reach out to more students and make this a bigger event and so we are expecting a greater turnout this year. We are requesting \$1000 from All Hill this year. Please see our budget. **There was a 1st motion, a 2nd motion, and a majority vote to approve \$1000 for the Student Health Policy Symposium.**
- **New Business** (10 minutes):
 - **OHSU Night at a Blazer Game** (Michael Daher): The Blazers are very excited to have us at the blazer game. Last year they did OSU Pharmacy night and about 150 students showed up. It will be a great game against the Clippers on February 16th, 2012. The Blazers are holding seats for students until January 26th. They will

have tickets for \$14 (normally \$25), \$19 (normally \$30) and \$46 (normally \$60). Student will be able to take free throws after the game. They would like to have students join an outreach to the community before the game and during halftime. Students will be able to do blood pressure, health checks, Oral Health Instruction etc. Each school should have a rep that will organize what their school will be doing for the outreach. They will let us set up before the doors open, and allow us to interact with the fans. We can have one table per school. Everyone should talk to each individual class. Everyone needs to sign up before January 26th, 2012 otherwise the tickets will expire and will be opened up to the general public. If you have any questions please contact our Joe Isse (Blazer ticket sales rep) at joe.isse@trailblazers.com.

- **March Wellness Advisory meeting** (William Giardino): Will Giardino was absent and will report about the March Wellness Advisory Committee next month.
- **Meeting with Mladenovic** (Jesse Hollander): We will be putting together a survey together to check the demand on some of the following subjects. Dr. Mladenovic wants to do away with the Incidental Fees in an effort to decrease tuition for students. We are putting together a task force to deal with these issues with Dr. Mladenovic. Those interested in volunteering for the task force please email Jesse Hollander at Hollanje@ohsu.edu.
 - Bookstore-
 - Teaching and Learning Center-
 - Incidental Fee's-
 - Survey to get student input-
- **Sunriver recap** (Vijay/Kristin): Everything went well at Sun River although Sun River has been really difficult to work with as far as administration goes. They are charging us more money than we originally contracted because we had 60 students more than we expected to have. There may be talk to change the location of the ski trip next year.
- **Regular Updates** (20 minutes):
- **Student Health Advisory Meeting** (Molly Harding): How can we reduce the premium to keep the cost lower. There were a lot of people that responded to the survey that they sent out before Winter break. They will lower the premium 2.75% if we agree to pay 10% of our lab and x-ray costs or if we raise the deductible from \$250 to \$500. The committee will take a vote next meeting to figure out a way to lower the premium.

- **Student Newsletter Committee** (William Giardino): The next edition of the Pulse should come out in April. Will is looking for articles from students.
- **Student Center Planning Committee** (Karen Seresun): All is well with the student center construction. The sprinklers have been added. The Student Center should open in mid march. The student center and student health center are co-sponsoring the student health stress relief day. Massages, educational programs (guided relaxation, stress management) will be part of the day. There will be a lot of massage therapists on site. The massages will have a pre sign up and there will also be room for walk in's. This event will be held on the 15th of March. There was a question about the student center and its functionality once the Collaborative Life Science Building (CLSB) is functioning. The student center will continue to be up on the hill after the CLSB is erected. Intramurals will continue to be held at the Student Center.
- **Intramurals** (Heather Ennis): There are no intramurals this term because of the construction in the gym. There are about 15 teams that have signed up for city leagues. Next league will happen next term. If your team won last term, the new t-shirts are in and can be picked up at the Student Center. There will be a blazer game shown at the Student Center on February 6th.
- **March Wellness** (Joan Feraco): There will be a new health incentive program: the Wellness Weigh Down to be held on January 17th at 4:30pm on the balcony. It will include an exercise class. Participants can track their progress on cards. There will be prizes for participants that reach their goals. This event is free for students. Please contact the March Wellness front desk to register.
- **Dr. Mladenovic**: Our President will be leading the heart association/stroke walk. It will be held on May 19th and it will be a 5K walk. There will be a target of participation for the students. This is a great way for the students at OHSU to earn money for the heart association. You usually do it in teams of 8-10 people. It is free to participate for students.
- **Legislative Update** (Nate Risley): Student Health Policy Symposium on January 21st, 2012, 9am-1pm at the School of Nursing. Please keep your eyes posted for emails and fliers to sign up.
- **Library** (Laura Zeigen): Mardi Gras party on Wednesday February 15th, 2012 at the library from 4-6pm. This will be the first time they will have beer at a library event.

Please email Nate Risley at risley@ohsu.edu if you have any questions about these meeting minutes.

Next Meeting: Friday, February 10th, 2012, 12:00-1:00/1:30pm MRB 310