

Meeting Minutes
OHSU Student Council
2/11/11 12:10 – 1:00pm
Location: BRB 381

I. Welcome/Food/Drinks (10 minutes)

II. Past minutes will be approved at the January meeting:

<http://ohsustudentblogspot.com/>

III. Services Updates (50 minutes)

1. Student Health: trying to increase incentive to go to student health rather than urgent care
 - a. CO-PAY \$25 (voted down from \$50) at outside clinics
 - b. Full insurance coverage for evacuation costs in the event that students find themselves in a dangerous situation abroad.
 - c. Out-of-network deductible changed to \$1000; exception is being in remote location (>50 miles outside Aetna-approved provider); approved to increase out-of-network out-of-pocket maximum to \$4000 (previously \$2000), therefore behooves everyone to stay in network for medical care!
 - d. Dental insurance: increased coverage from \$1000 to \$1500; dental school will not have coverage.
 - e. School representatives should report back to their schools!
 - f. New issue: getting info from ODS to Aetna; this has been an issue with new students and pre-existing conditions

Student Health Addendum from Derek Musashe:

- a. The results from the Student Health Survey have been compiled, and indicate that in general, students are not willing to sacrifice coverage to reduce insurance premiums.
- b. The Student Health Committee is receiving bids from Aetna for a renewal of our student insurance plan, with all new changes to the plan approved by the committee taken into account. Those changes include:

1) The addition of a \$25 co-pay for all urgent care visits. This was created as a way to incentivize more students to go to Student Health instead of going straight to urgent care, whenever possible. The committee noted that this move has the unfortunate downside of punishing students who need urgent care when Student Health is not open (weekends, nights, etc...), but ultimately decided that the incentive was needed to really push more usage of Student Health by the student population (thereby further cutting costs). Amy Gardner, the head of Student Health, also noted that students can call Student Health after hours, and can oftentimes get a referral over the phone, but that whole process needs to be fleshed out in further in future meetings.

2) Increasing the out-of-network deductible to \$1000, and increasing the out-of-network out-of-pocket-maximum to \$4000. The in-network out-of-pocket maximum will be maintained at \$2000, but importantly, the out-of-pocket-maximums for in-network and out-of-network claims will now be kept

separate, so they will not count toward one another. This, again, is another cost cutting initiative by the committee.

3) A new requirement to get referrals from Student Health before seeking care elsewhere. This move was approved last year and will go into effect next year, and is another cost cutting step. The penalty for neglecting to get a referral from Student Health first before getting outside care will be having to pay out-of-network rates for all care received during that visit. There are exceptions to this new policy, such as the stipulation that if you are more than 50 miles away from Student Health, you no longer are required to get a Student Health referral. Also, certain types of care, including: Women's Health, Emergency/Urgent Care, and Vision Care, are not subject to the Student Health referral requirement. It is VERY IMPORTANT that we get the word out about these new policy changes, so that no students are left with surprise bills!

- c. The new health plan is projected to cost ~\$295 per month, up from around ~\$280 last year. Still, this is a tentative figure, as the final rates have not been set yet.
 - d. Dr. Amy Gardner, the head of Student Health, encouraged all students to take advantage of the mail order pharmacy whenever possible, as it makes prescriptions much cheaper.
 - e. Finally, the committee approved increasing the annual dental insurance benefits to \$1500 (up from the current \$1000). The new dental insurance premiums will be ~\$30 per month, up from the current premiums of \$27 per month.
2. Student Center: construction project had been scheduled to start in February, but waiting for permit to come through with fire marshal
- a. Game room in bookstore space will be fully funded by Student Center construction funds already set aside for the move of the book store.
 - b. Mug o' Joe on April 8th @ noon in student center (same time as student council meeting), therefore reschedule student council meeting to April 15
 - c. All schools should provide a representative to be on planning committee for game room.
3. March Wellness
- a. Running group on Tuesday evenings @ 5:30pm – all levels of capability, totally informal, meet in CHH lobby.
 - b. lecture: “Eating and Exercise” by Michelle Tsu, February 28th @ 5pm; the importance of food and how it relates to results in the gym
 - c. Sat, Feb 19 @ 11am – “turbokick” moves for boxing and kickboxing
4. Library
- a. Computers updated with 2011 USMLE practice tests; webpage listing all usmle practice guides

- b. Student Research Forum on May 12, 13
 - c. library assistance in student center, Mondays @ 11am-1pm
5. Funding requests!
- a. PA students – annual kickball tournament, April 16, Washington Park: each team pays \$100, all profits go to charity (last year was Wallace Medical); asking School of Medicine as well; down payment \$575 for field; funding awarded last year, asking for down payment cost this year; AWARDED!
 - b. Pharmacy – OHSU Quiz Bowl, April 15: requesting \$1000 (as last year), most of money goes to catering costs; Pharm school donated \$300 last year; the quiz bowl will include general questions as well.
6. School updates!
- a. PA – Hope on the Slopes: March 11-12 (end of CUTW), 24-hour ski-athon, all money goes to American Cancer Society; PA students are only team signed up so far, raised over \$1000
 - b. Student Awards Ceremony – most likely @ end of May. This may be impacted by the move of the bookstore.
7. Incidental Fee Recommendations
- a. Student contributions to March Wellness: \$25 per month vs. \$40 per month? Based on survey results and usage data from March Wellness, only 20% of students use the facility and the facility is much smaller than originally designed. Therefore, it is recommended that OHSU should reduce the required incidental fee contribution paid by student. Despite losing money each year, OHSU has committed to maintain March Wellness to serve the South Waterfront neighborhood. However, this is not a decision that students can influence or change. Therefore, more funding should come from OHSU rather than student incidental fees to keep March Wellness open. The Student Councils Incidental Fee Committee is supposed to make recommendations regarding the use of incidental fees based on student input. If OHSU does not take into account student incidental fees, then these funds should be part of tuition.
 - b. Reduce student council budget by \$5000/year. The entire budget of \$49K has not been exceeded in the past three years. There was a discussion of increasing the ski trip discount, since attendance has decreased recently, and ski trip is a major yearly cost of student council.
 - c. Plan to submit budget by March 1st.
 - d. Can we tally attendance at Student Center as well as March Wellness.
8. Meeting adjourned at 1:07pm.