

Meeting Minutes
OHSU Student Council (SC)
04/15/11, 12:00-1:00/1:30pm
Location: MRB 310
Called to order: 12:05pm

Attendants:

Charlie Muraki DS3
Rae Seltzer MS3
Derek Musashe SOM GSO4
Nate Risley DS1
Kristin Belford SON
Vijay Patel DS3
Jesse Hollander DS3
Ali Chisti MS2
Joe Kent MS1
Laura Mason PA1
Kassi Kronfeld MS1

Jason Tee Pharm4
Allison Anacker SOM GSO4
James McCormack SOM
Trevor Frideres DS2
Daniel Walsh DS2
Jordan Buhr DS2
Quinn Martin DS1
Joan Ferasco (March Wellness)
Karen Seresun (Student Center)
Heather Ennis (Student Center)

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1. **Welcome/Food/Drinks** (10 minutes)
 2. **Approval of Past Minutes** (5 minutes): APPROVED
 3. **Regular Updates** (20 minutes)
 - 3.1. Student Newsletter Committee (Vijay Patel):
 - 3.1.1. Has one article, with five more commitments. Deadline 4/20, will likely extend it, to 4/27
 - 3.2. Student Health Advisory Group (Derek Musashe):*** Flyers
 - 3.2.1. Summary of insurance changes for the 2011-2012 plan year Medical Plan Changes:
 - 3.2.1.1. Add requirement for SHS referrals to outside providers for students & adult dependents enrolled at the local Portland campus. The penalty for no referral is claims will be paid at the Out of Network benefit level. Requirement is applied to providers within a 25 mile radius from OHSU Portland Campus. Referral exceptions include Women's Health, Emergency/Urgent Care, Vision Care and Published University Holidays when Student Health Service is closed. [A flyer has been made explaining the referral requirements, and will be distributed.]
 - 3.2.1.2. Change the Out-of-Network (non-preferred provider) deductible from \$750 to \$1,000 per person, and \$1,050 to \$3,000 per family.
 - 3.2.1.3. Add Out-of-Network co-insurance (out of pocket) maximum of \$4,000 per person; In-Network will remain \$2,000 per person, per policy year.
 - 3.2.1.4. In-network & out of network co-insurance will accrue separately.
 - 3.2.1.5. Add In-Network \$25 Urgent Care copay per visit – deductible & co-insurance apply after per visit copay. Copay does not count towards out of pocket maximum.
 - 3.2.1.6. Preventative Care Services covered at 100% with no cost-sharing. [A flyer has been made outlining what constitutes "preventative care", and will be distributed.]

- 3.2.1.7. On-Call International services have been enhanced to provide assistance to students traveling more than 50 miles from home or school, by providing assistance in the event of a natural disaster, and for political risk evacuation. These services are now fully covered by our insurance. Previously benefits were only available for a medical emergency.
Dental Plan Changes:
- 3.2.1.8. Increase annual plan maximum benefit from \$1,000 to \$1,500 per person
- 3.2.2. Referral requirement: The new referral requirement goes into effect in August or September. Referrals need to be made during Student Health business hours, Monday through Friday. Referrals will be good for up to one year, but will always expire on July 31st, because this is when the our insurance contract expires each year and must be renewed.
- 3.2.3. New training course
Student Health is working on a tutorial with questions about insurance and related items that will be available for student education. Schools will have the ability to make this a requirement or option for all their students.
- 3.2.4. Student Health remodel
The new space is scheduled to be ready for use by mid June if all goes according to plan (construction, finances, etc...)
- 3.2.5. Meeting with Aetna for costs for dependents reimbursed, as opposed to directly paid, 5:15pm, first Wed in May; would prefer to be paid directly
- 3.3. Student Center Planning Committee (Karen Seresun):
 - 3.3.1. Mug o'Joe last Friday, about 25 people
 - 3.3.2. Officially started construction; anticipated completion date July 2011
- 3.4. March Wellness (Amber, Director; Joan Feraco):
 - 3.4.1. Medical Exercise Program
 - 3.4.2. Diabetes, Bariatric, Parkinson's
 - 3.4.3. Talk with a doctor, Dr. Ryan Petering, "Running Pains," Wed, May 4th, at 5:30pm
- 3.5. Library (Laura Zeigen, in absentia):
 - 3.5.1. In the library we have been discussing the concept of having some kind of Wii room set up, with the idea this might be a fun/good place to have some stress relief during finals, etc. This argument is countered by the argument that it would create noise that would be disruptive to others who have come to the library for quiet study.
 - 3.5.2. Do you have thoughts on this? Would it be worth setting up a Wii/game room somewhere during finals or other times during the term? Would this be the worst/best possible thing we could do?
 - 3.5.3. Student Council did not feel that this was a good idea. The Library should be reserved for studying and research.
- 3.6. Incidental Fees and IF Reserve Account (Charlie Muraki): Dr. Robinson's response re: the SC's incidental fee recommendations:
 - 3.6.1. In a nutshell, the Provost has agreed to the first year of the four year decrease in incidental fees for March Wellness. My read is he is making profitability of OHSU a criteria for approval of future cuts to these fees.
 - 3.6.2. While we could argue that profitability of OHSU and the level of incidental fees for March Wellness are unrelated, I believe this is a step in the right direction. Dr. Robinson is reaching into his own pocket to pay for next year's decrease. Future student councils now have the precedent needed

to keep asking for the step down decreases over the next three years. (I believe these should be funded from OHSU Central Administration rather than the Provost's Office, but this is a minor point to us.) I think that future decreases will likely be approved as long as OHSU maintains a profit. Except for the significant downturn in the economy in 2007 and 2008, OHSU has generally done well.

- 3.6.3. If future decreases are not approved despite OHSU profits, the council can always request arbitration from the State Higher Board of Education or that March Wellness fees come from tuition rather than incidental fees. Our original arguments will still hold as well.
- 3.7. Legislative Update (Kirsten Williams, Rae Seltzer):
 - 3.7.1. Monday, 4/18
 - 3.7.2. Tuesday, PCC Sylvania, talk with legislators, dinner served; contact Richard Bruno; each student can speak about
 - 3.7.3. Dental students going to Salem; get in touch with Trevor Frideres from ODSA
 - 3.7.4. 5 DS's from the American Student Dental Association (ASDA) went to Washington, D.C. Unfortunately, budget cuts reduced funding to both bills they were lobbying for.
 - 3.7.5. May 6, ODA putting on a lobby day with dental education
- 3.8. Mug o' Joe report (4/8/11):
 - 3.8.1. Dr. Robertson enjoyed it; lots of heated questions
 - 3.8.2. New biosciences building; 4yrs anticipated completion
- 3.9. Volunteer Awards Banquet (Nate Risley):
 - 3.9.1. Next month; nominate your fellow students or faculty! Looking for students that have exemplified what it means to be a volunteer in our community, nation, and world. Here is a list of awards that will be given at the banquet:
 1. Educator Award Nominate
 2. OHSU Student Service Award
 3. Global/International Service Award
 4. Community Outreach and Clinical Service Award Nominate
 5. Forging the Way Award
 6. Faculty Award
 7. Volunteer of the Year
 - 3.9.2. If you know someone whom you think would fall under any of these categories, please make it known, and share their story with us so they can be recognized!
 - 3.9.3. For more details about each award, and to nominate someone, follow the link: <http://www.surveymonkey.com/s/N6FTZY7>
4. **Activities Updates (10 Min)**
 - 4.1. Intramurals (Heather Ennis):
 - 4.1.1. Just finished the first week; although had 4-5 forfeits; email Shante Vaughn? If you can't make it.
 - 4.1.2. Planning to show a Blazer game, 4/25? Game 5, with alcohol permit
 - 4.1.3. Tonight is the Quiz Bowl (Jason Tee) at 5pm at the Student Center, multiple topics (Movies, Sports, etc.), catered, 9 teams total
5. **New Business (15 minutes)**
 - 5.1. Kickball Tournament on April 16th (Saturday) (Laura Mason):
 - 5.1.1. Parks & Rec closed **all** the fields this weekend, so kickball is CANCELLED

- 5.1.2. There are currently a number of beer donations from Deschutes. Trying to come up with a different fundraiser to replace the outdoor kickball tournament.
- 5.2. AMPA Conference the last weekend of May in Las Vegas
- 5.3. PA Lobby Day in Salem in February; trying to pass a big bill; Oregon with some of the most restricted scope of practice in the country
- 5.4. Upcoming elections
 - 5.4.1. April 27th - Submission of a 1-2 page background summary to Charlie Muraki and Rachel Seltzer and what you would like to achieve in your prospective position.
 - 5.4.2. April 29th - forward background summaries to all council members.
 - 5.4.3. May 6th - council members submit votes for the various positions me and Rachel Seltzer
 - 5.4.4. May 13th - introduce new executive council and conduct turnover to the new officers.
- 5.5. May is Mental Health Awareness Month (Tim Lafolette):
 - 5.5.1.1. ALL THREE EVENTS WILL HAVE LUNCH PROVIDED!
 - 5.5.2. Thursday, May 5th at 12 Noon at the School of Nursing Room 358, Danette C. Burchill, LCSW, Clinical Director, and Andre' Pruitt, LCSW, Supervisor, both from the Avel Gordly Center for Healing here at OHSU will be doing an interactive workshop focused on relaxation and stress-management, by developing mindfulness and learning how to modify and dismantle distressing thoughts.
 - 5.5.3. Friday, May 13th at 12 Noon in School of Nursing room 107. Lisa Lieberman, MSW, LCSW will be providing a talk about "Acknowledging the Role of Family Caregivers in the Medical Setting: Key Issues for Professionals"
 - 5.5.3.1. Full Description: Involved family caregivers are an integral part of quality patient care. When treating patients with a disability, medical providers will be most successful by also addressing the contributions, and the concerns expressed by family caregivers. Gain ideas for fruitful communication, awareness of available community resources and signs of caregiver stress.
 - 5.5.4. Wednesday, May 25th at 12 Noon at School of Nursing, room 358. Elissa Mendenhall, ND will give a talk on nutritional support for mental health, including information about neurotransmitters, amino acids, and targeted nutritional therapy (vitamin and mineral supplements).
- 5.6. Student Research Forum coming up in May 12th & 13th

**Next Meeting: Friday, May 13, 2011, 12:00-1:00/1:30pm
BRB 381**