

# TAR Wars!

Tar Wars is a program designed by the American Academy of Family Physicians. Nationwide, physician and other health care volunteers visit fourth and fifth grade classrooms to teach approximately 500,000 kids annually about the dangers of smoking.

Guest speakers, including students from OHSU, come to the classroom to offer interactive presentations. The presentations can vary between 45 minutes and one hour. Activities include brain-storming about the effects of tobacco use and the reasons why people choose to smoke, incorporating critical thinking about the effects of tobacco advertising. A classroom art project, with students designing their own anti-tobacco posters, can be a suitable follow-up to the presentation. Posters may be entered in a statewide competition, with the judging taking place at the OAFP Annual CME Meeting held each spring.

## Contact Information

[mail@oafp.org](mailto:mail@oafp.org)