MISSION STATEMENT

- To preserve and enhance the physical, emotional and mental health of the wide range of students at OHSU
- To provide high quality health care in a professional, confidential and compassionate environment
- To support students in their professional development by providing a wide range of health care services in an easily accessible and affordable manner

HOURS OF OPERATION

Appointments:
8:00 a.m. to 5:00 p.m., Monday through Friday. Please call 503.494.8665 to make an appointment. Behavioral health appointments are available outside of our normal business hours.

All walk-in patients are triaged by nursing staff. While we always do our best to meet all health care needs of our patients, an appointment with a provider may or may not be available. Students are urged to call in advance for an appointment, even the same day, if they have an urgent or acute medical problem.

After-Hours
For emergencies, call 911 or go to the nearest emergency facility.

For urgent problems after hours, call 503.494.8311 and ask for the JBT Health provider on call.

LOCATION & PARKING
We are located in the basement of Baird Hall, Rm 18 and 6. Parking line 503.494.8283, option 1.
### Addiction
- Portland AA
  - 503-223-8569
- Al-Anon
  - 503-292-1333
  - [http://www.al-anonportlandoregon.org/](http://www.al-anonportlandoregon.org/)
- Portland Narcotics Anonymous
  - 503-345-9839
  - [http://portlandna.com/](http://portlandna.com/)
- Cascadia
  - (503) 674-7777
  - [http://www.cascadiabhc.org/help/](http://www.cascadiabhc.org/help/)

### Behavioral Health
- Multnomah County Crisis Line
  - 503.988.4888 or 1.800.716.9769
- Cascadia Urgent Walk-In Clinic
  - 2415 SE 43rd Ave.
  - Portland, OR 97206
  - 503.674.7777
  - Hours 7am-10 pm
- St. Vincent’s Eating Disorder Treatment program
  - 503-574-9335
- Depression and Bi-Polar Support Alliance
  - [http://www.dbsalliance.org](http://www.dbsalliance.org)

### Designated Driver
- Ride On: $15 flat fee to drive your own car home
  - 503-235-RIDE Friday/Saturday 11 pm-3am
  - [http://rideonportland.org/](http://rideonportland.org/)

### Dental
- [http://www.coalitionclinics.org/dental-resources.html](http://www.coalitionclinics.org/dental-resources.html)

### Disability
- Disability Rights Oregon
  - 503-243-2081
  - [http://www.disabilityrightsoregon.org/](http://www.disabilityrightsoregon.org/)

### Domestic Violence
- Portland Women’s Crisis Line
  - 503-235-5333
  - [http://pwcl.org/services/find-resources/](http://pwcl.org/services/find-resources/)
- South Asian Women’s Empowerment and Resource Alliance
  - 503-778-7386
- Gay Men's Domestic Violence Hotline:
  - 800-821-1901

### Food Assistance
- Food Stamps
- Oregon Food Bank
  - [http://www.oregonfoodbank.org/](http://www.oregonfoodbank.org/)

### Insurance
- Oregon Health Plan
- Oregon Insurance Medical Pool (High Risk Individuals)
- Family Health Insurance Assistance Program
- Oregon Healthy Kids

### LGBTQ
- Q Center
  - Portland’s LGBTQ Community Center
  - [http://www.pdxqcenter.org/](http://www.pdxqcenter.org/)

### Military
- Oregon Partnership
  - 888-457-4838
  - [http://militaryhelpline.org/](http://militaryhelpline.org/)

### Primary Care Clinics
- Coalition of Community Health Clinics

### Reproductive Health
- Planned Parenthood
  - [www.ppcw.org](http://www.ppcw.org)
- Multnomah County STD Clinic
  - 426 SW Stark St, 6th floor
  - Portland, Oregon MAP
  - 503-988-3700
  - [http://web.multco.us/health/std-services](http://web.multco.us/health/std-services)

### Sexual Assault
- Portland Women’s Crisis Line
  - 503-235-5333 (24 hour)
  - [http://pwcl.org/services/find-resources/](http://pwcl.org/services/find-resources/)
- Sexual Assault Resource Center
  - 503-640-5311 (24 hour)
- National Sexual Assault Hotline
  - 866-656-HOPE

### Suicide
- Oregon Partnership
  - 800-273-Talk
- Multnomah County Crisis Line
  - (503) 988-4888
- National Suicide Prevention Lifeline
  - 1.800.273.TALK
- Cascadia Urgent Walk-In Clinic
  - 2415 SE 43rd Ave.
  - Portland, OR 97206
  - Hours 7am-10pm
  - 503.674.7777

### Urgent Care
- ZoomCare
  - 503.684.8252

### Utilities Assistance
- Various energy assistance options.