

JBT HEALTH & WELLNESS STIMULANT USE POLICY

The Joseph B. Trainer Health & Wellness Center, in its commitment to serve the health needs of the OHSU student community, offers care that includes the management of ADD/ADHD for its students once the diagnosis and initial management of this condition has been undertaken.

To better manage our patients' care, the JBT Health & Wellness Center needs copies of all outside medical records pertaining to the diagnosis and treatment of this disorder. Because the treatment of ADD/ADHD typically requires the use of Schedule II controlled substances, the providers request that you respect the following treatment guidelines with your provider.

- Provide copies of outside medical records regarding the diagnosis and treatment of this condition.
- Inform your provider of all drug side effects.
- Take medication only at the dose and frequency prescribed.
- Do not change the dose of your medication without the approval of your provider.
- Do not obtain treatment medication from providers outside the JBT Health & Wellness Center without the knowledge and consent of your JBT Health provider. Failure to do so puts the license of your prescribing physician/provider at risk, and the JBT Health providers will no longer be able to prescribe the medication for you.
- Where possible, have all prescriptions filled at a single pharmacy.
- Protect your prescription and medications. Lost or stolen stimulants may or may not be rewritten at the discretion of your provider.
- Keep scheduled appointments in the recommended time frame. This allows your prescribing caregiver to provide quality care while meeting FDA guidelines.
- **Refills:** Stimulant medication cannot be refilled early and cannot be called into a pharmacy. If you need a refill contact us at (503) 494-8665.

Your medication may be stopped if any of the following occur:

- The treating physician/provider considers them no longer effective.
- Side effects develop that are considered significant by your treating physician/provider
- Sharing, selling, alteration or misuse of the prescription will result in the clinic's refusal to provide further stimulant medication.
- The sale, use or misuse of other drugs will result our inability to prescribe further stimulant prescriptions
- Obtaining stimulants from sources other than your JBT Health provider.

Contact us at the JBT Health & Wellness Center if you have any questions or concerns. Please let us know how we can better serve your health care needs.