

Meet the Alumni Advisory Council!

The School of Nursing Alumni Advisory Council supports the Dean and Alumni Relations Program to advocate for the mission and priorities of the School. Each quarter we'll meet two Advisory Council members and learn more about their passions and motivation for supporting the School of Nursing on the Council.



Jean Bates '59, M.S.N. '71 (council chair) Although I have been retired from active nursing for several years I am honored to be chairing the Advisory Council. I look forward to sharing and learning what our alumni

have been doing, and hope to see as many of our alums as possible at events throughout the year. Please use the new newsletter as encouragement to send us a note about where you are and what is happening in your life.

Kelle Evans '09 (Ashland campus representative) I've had a life-long goal of becoming a nurse. With

growing children and a spouse whose management career meant regular re-assignments, I put my goal on hold until our children were grown. Living in Jacksonville, Ore. it was exhilarating to finally start at OHSU's Ashland campus in 2006. About a third of the class were in their 30s and 40s and we brought our life experiences to class discussions as well as learning from the perspectives of our



classmates straight out of high school. I always tried to ask "How can I help you?" in my personal and professional lives and now it's time to give back the wonderful experience I had in the program.

Magnet Recognition

OHSU recently achieved Magnet Recognition for Nursing Excellence by the American Nurses Credentialing Center. This designation is awarded to hospitals that meet the highest standards of patient care; about 6 percent of all hospitals earn Magnet Status.

Deborah Eldredge, Ph.D., R.N., director of Nursing Quality, Research and Magnet Recognition, describes the journey to Magnet having involved some 2,200 nurses at OHSU, who adopted a new professional practice model, enhanced the shared governance structure, implemented evidence-based practice, conducted research and collaborated with interdisciplinary colleagues to provide care to increasingly complex patients. Nurses' efforts paid off in achieving excellent clinical outcomes, including top quartile performance in preventing hospital acquired infections and pressure ulcer prevention, as well as high job satisfaction and low RN turnover.



Message from the Dean
Continued from front page

- Patient confidence in self-managing care
- Increased quality of care
- Increased safety of older adults during transition from an acute care setting to the home
- Improved clinical outcomes and reduced costs
- Improved patient satisfaction overall

Two new initiatives on our Portland campus, described in this issue of *Connections*, provide opportunities for our undergraduate students to learn and practice on an interprofessional team, and to deepen their understanding of coordination of care.

We also highlight two of our alums and members of our new Alumni Advisory Council, We would like to hear from you too!

Warmly,
Chris Tanner, Ph.D., R.N., F.A.A.N.
Interim Dean and AB Youmans-Spaulding Distinguished Professor

National Speaker Bridges Physical, Virtual Programs

By Mark Kemball

Nationally-recognized speaker Patricia Benner, R.N., Ph.D., F.A.A.N., F.R.C.N., made two appearances in the Pacific Northwest and reached out to those who couldn't attend in person through technology. With visits to both the School of Nursing Portland and Ashland campuses and an online video stream many had the opportunity to listen to her lecture.

In addition to delivering the La Sor Lecture on the Southern Oregon University campus and the Puhaty Lecture on the Marquam Hill campus, Brenner met with faculty, staff, students and leadership in both locations. Faculty from the Monmouth campus, nursing directors from OHSU Healthcare and faculty from the Ethics Center joined the discussions on the Marquam Hill campus. In addition, live streaming of the Puhaty Lecture allowed distant alumni, campuses at La Grande and Klamath Falls and faculty and students in the online programs to participate.

Benner's Puhaty Lecture title, *New Nurses for a New Healthcare System*, served as the common theme to all of the conversations. Benner discussed the role of nursing in a new healthcare system, emphasizing the unique role nurses play in observing patient health over time. "Management

Patricia Benner, R.N., Ph.D., F.A.A.N., F.R.C.N.

by numbers cannot become the sole or main focus of care," she said. "The expert clinician needs a keen sense for what is happening in the patient's world."

Over 350 people attended the presentations in Ashland and Portland, with a number of others participating online. Comments and questions were shared on Twitter using the #OHSUPuhaty hashtag.

"Opportunities to unite our physical and virtual programs, our extensive alumni community and our colleagues in nursing practice at OHSU to explore these important questions are extremely valuable," said Chris Tanner, R.N., Ph.D., F.A.A.N., interim dean. "I was thrilled to see and hear so many alums and other friends of the school engage in these conversations about the future of our profession. And it was a real treat to host this distinguished scholar on our campuses."

To view the recorded lecture go to: www.ohsu.edu/son/alumni



By the Numbers (2012-2013)

10,800
Number of alumni from the OHSU School of Nursing

72
Percentage of alumni who live in Oregon

806
Number of undergrad students currently enrolled (includes all campuses)

271
Number of grad students currently enrolled (includes all campuses)

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Connect with Us

OHSU students explain what it's like to be a student at OHSU and how they prepare for careers in science and healthcare.

StudentSpeak blog can be found at: www.ohsu.edu/blogs/studentsspeak/

Keep up-to date with events, news items and OHSU School of Nursing information when you become our fan on Facebook: www.facebook.com/ohsuon1

Keep up-to-date on events, news and learn more about the School of Nursing community by following us on Twitter: twitter.com/OHSUNursing



Your Loyalty is Valued

"I got a great education at OHSU, setting the foundation for my entire career. I want to give back, and I do on a regular basis."

— Bonnie Driggers, R.N., M.S., '86

Your gifts support the school in its missions of healing, teaching and discovery.

To make a gift, go online to <https://www.ohsu.edu/foundation/giving> or call Rachel Hitchcock, director of development at 503-494-4187.

OHSU is an equal opportunity, affirmative action institution. 1/13 (130)

School of Nursing Connections

Winter 2013



Photo by: Steve Hambuchen

A publication from the OHSU School of Nursing

Public Comments Invited

The Commission on Collegiate Nursing Education (CCNE) invites public comments on the following Oregon Health & Science University School of Nursing academic programs:

- Bachelor of Science with a major in Nursing
- Master of Nursing with a major in Nurse Anesthesia
- Master of Nursing and postmaster certificates with majors in:
 - Family Nurse Practitioner
 - Health Systems & Organizational Leadership
 - Nurse-Midwifery
 - Nursing Education
 - Psychiatric Mental Health Nurse Practitioner

- Postmaster certificate in Advanced Practice Gerontological Nursing
- Doctor of Nursing Practice

Please send written and signed comments before March 15, 2013 to: Cristina Walcott; Administrative Assistant; Commission on Collegiate Nursing Education; 1 Dupont Circle N.W., Suite 530; Washington, DC 20036.

Dear Alumni and Friends,



The School of Nursing is making sure that our graduates are prepared for practice in a reformed health care system. There is increasing evidence that the patient care experience and outcomes are improved and costs of care reduced when care is delivered by a multidisciplinary team coordinated by registered or advanced practice nurses. Research has shown, for example, that care coordination by nurses results in:

Continued inside





By Lee Lewis Husk

Keeping Patients Well, Out of Hospital

"If you want to glimpse the future of nursing, take a look outside of the hospital," says Erin Taylor, R.N., a 2011 OHSU School of Nursing graduate. She's currently involved in a two-year, university-sponsored pilot project focused on coordinating and streamlining care for OHSU employees who are high users of healthcare.

"We're engaging with patients more frequently than we traditionally would," says Taylor, who works in the Family Medicine at Gabriel Park and South Waterfront clinics. "We're being a lot more pro-active – using coaching, med checks, home visits – to help patients feel more empowered to manage their own chronic illnesses."

She and others involved in the program work closely with every patient's primary care provider and interdisciplinary team members, such as physical therapists and mental health specialists. "As nurse care managers, we become the point person for the patient's healthcare, guiding and navigating access to the system. Our hope is that patients have better health outcomes and lower costs."



In Memoriam

The Grays Leave a Legacy

By Rachel Hitchcock

On October 19, OHSU and the School of Nursing lost a dear friend and advocate with the death of business leader and philanthropist John Gray at age 93. The legacy of generosity and compassion he built together with his late wife, Elizabeth "Betty" Gray, will continue to make an immeasurable impact on the health and well-being of future generations of Oregonians.

Together the Grays were the School of Nursing's most generous benefactors, giving more than \$6.5 million to support faculty, students and capital projects during their lifetimes. The Grays established five professorships and one scholarship fund in the School of Nursing, while directing additional support to the School through the Oregon Community Foundation. Mrs. Gray devoted countless hours raising funds for the construction of a new School of Nursing building in the 1990s, creating both a literal and figurative foundation on which to build future support from alumni and friends. Their visionary investments and advocacy began before public policy experts and nursing professionals fully understood the potential impact of the looming nursing shortage.

All told, the Grays' lifetime support of OHSU exceeded \$22 million and extended to every facet of the university's mission. Their gifts benefitted health and education initiatives in science and engineering, pediatrics, disease research, healthcare ethics and public outreach.

Because of the foresight and generosity of John and Betty Gray, OHSU's School of Nursing will remain an excellent

I-CAN if you CAN: Partnerships for Neighborhood Health



OHSU Schools of Nursing and Medicine and the University's Global Health Center have launched a three-year, \$1.5M federally funded project in interprofessional care delivery and coordination for underserved populations in both Portland and Medford areas. The Interprofessional Care Access Network (I-CAN) builds on several innovative projects within the University including neighborhood health clinical experiences developed by Launa Rae Mathews, R.N., M.S., Portland campus; Heather Voss, M.S.N., R.N., Ashland Campus and intercultural exchange clinics led by Valerie Palmer.

Peggy Wros, Ph.D., R.N., senior associate dean for Student Affairs and Diversity, directs the project. Wros brings her expertise and passion for nursing workforce diversity and inclusion. Other team members include: Mary Anna Gordon, D.N.P., R.N., assistant professor, who will guide the interprofessional educational aspects; Tanya Ostrogorsky, Ed.D, assistant vice-provost for Assessment and Evaluation; Jennifer Boyd, Ph.D., M.B.A., assistant vice provost for Strategic Planning and Program Development and Patrick Brunett, M.D., F.A.C.E.P., associate dean for Graduate Medical Education.

Using a community-based participatory model, nursing faculty will provide collaborative care management for underserved clients working with teams of nursing and medical students. Mathews suggests that the care management teams will "be intentional about maximizing client and primary care linkages

to resources in the neighborhood, resources which directly affect social determinants of health."

Over the next three years, the I-CAN team will develop three Neighborhood Collaboratives for Academic-Practice Partnerships (NCAPPs) in Old Town Portland, West Medford and Southeast Portland. In the first year, the NCAPP will launch Old Town Portland, partnering with community service agencies Neighborhood House, the Macdonald Center and Central City Concern, a primary care clinic. Each partner provides expertise and services to contribute to the NCAPP referral network. The Global Health Center's interprofessional Community Health & Educational Exchange (iCHEE), an established program that places student teams with underserved clients in community settings, will partner with the I-CAN referral network.

The academic and practice partnerships that are the foundation of the I-CAN program have great potential for influencing the healthcare of individuals and families within the identified neighborhoods, improving health outcomes for disadvantaged communities and providing opportunities for our students to learn the skills to participate in and lead interprofessional teams in a new practice environment.

Above (left to right): Jennifer Boyd, Ph.D., M.B.A.; Patrick Brunett, M.D., F.A.C.E.P.; Nic Bookman, M.P.H. (evaluation coordinator on the project); Launa Rae Matthews, R.N., M.S.; Peggy Wros, Ph.D., R.N.

Upcoming Events

Reunion plans are underway for classes ending in 3 and 8 but all alumni are welcome to join the festivities in Portland, Ore.

Primary Care Alumni Reception

Sunday, February 10, 2013; 6 to 7:30 p.m.
Governor Hotel

Individual Class Reunions

Class of 1963; June 1 and 2, 2013; 5 p.m.
location: TBD; RSVP: alumni@ohsu.edu

All Alumni Reunion Luncheon

Sunday, June 2, 2013; 1 p.m.
Center for Health & Healing Atrium

For more information about Reunion Weekend please visit www.ohsu.edu/son/alumni

If you are interested in helping coordinate your class reunion this June please contact Lauren Shatz at 503-552-0708

News Flash!

A Round of Applause

Congratulations to Laura Mood, R.N., M.S.N., who has received the Margaret Tyson scholarship. Mood has been a registered nurse for 17 years working in a peri-operative setting in multiple capacities.

Congratulations, Charmika Schuster, F.N.P., class of 2008 for the "Community Health Nurse of the Year" award!

AENT Grant

Congratulations to Peggy Wros, Ph.D., R.N., for receiving the award of the Advanced Education Nursing Traineeship. This award will allow the School to provide traineeships for student in Psych Mental Health Nurse Practitioner, Nurse-Midwifery and Family Nurse Practitioner programs over the next two years.

Office of the Provost Update

OHSU's interprofessional education initiative began in May 2012 as a directive from the Office of the Provost. With representation from OHSU SoN faculty, as well as faculty from the School of Medicine, School of Dentistry and the College of Pharmacy, the initiative's task forces are exploring areas such as formal instruction, collaborative practice, accreditation and curriculum, and professional development.

Transitions in Care: The Future is Now

By Lee Lewis Husk

Twenty senior OHSU nursing students in their leadership class are riding the first wave of a tsunami now hitting the U.S. healthcare system as parts of the Affordable Care Act (ACA) go into effect. They, along with their faculty, are studying the nursing role in coordination of care, focusing on care transitions.

In today's fragmented healthcare system, patients are often cared for by multiple providers in multiple settings. A single patient may experience care in an urgent care setting, a long-term care facility, various units within a hospital, a clinic or private practice. As patients transition from one provider or setting to another, the potential for poorly coordinated care, resulting in suboptimal patient outcomes, increases. Safe and effective transitions are an essential component of patient-centered care coordination and, as such, can help decrease rates of costly hospitalizations and rehospitalizations.

The ACA has three main goals: improve the patient experience of care; improve the health of populations; and reduce the per capita cost of healthcare. In Oregon, Coordinated Care Organizations are being implemented to meet these goals. "Patient-centered care coordination is a core professional standard for all nursing practice," says Caroline Neunzert, R.N., M.S. "In fulfilling this role, RNs can practice at the top of their license and utilize the skills of the inter-professional health care team most efficiently."



Photo by: Shanda Tice

Her colleague, Laura Mood, R.N., M.S.N., adds, "We're trying to get our arms around the skills needed to effectively coordinate care. Academic institutions need to better prepare students to work in specific care coordinator and transitional care nursing roles in the future." She says the school is acting in parallel with practice partners to inform the educational process, prevent patient re-admissions and increase patient satisfaction around their health-related transition experiences.

Neunzert and Mood coordinate and teach in the 400-level Leadership and Outcomes Management course. They and their colleagues, Linda Meyer, R.N., M.S.N., and Ruth Tadesse, R.N., M.S.N., are working with students placed in a variety of clinical settings, including ambulatory clinics, emergency departments, operating rooms, intensive care units and long-term care facilities.

"Students are experiencing 'ah ha' moments – learning about the nurse's role in safe and effective transitions in care," Neunzert reports.

Senior nursing student Andra Kolaric, who has studied care transitions in the operating room, comments: "Moving from one part of the hospital to another can be scary for the patient and family, so it's important to have a nurse who will make sure those transitions are done safely and communication happens with the staff and family," Kolaric says.

Tara Manske, another senior in the class, is spending this term in a long-term care facility run by OHSU partner, Prestige Care. Tara says she's proud to be part of the 20 students involved in the project. "I've seen the look on a patient's face when a nurse who has seen them at the hospital walks into the skilled nursing facility. They see a friendly face and often can't put into words how much it means to see that nurse again. Having that connection is huge."

The new clinical experiences are part of a larger project focused on improving transitional care for older adults, in collaboration with nurse leaders from University Health System and Hartford Center of Geriatric Nursing Excellence.

A nursing student explains the next steps in a patient's care plan.

Student Highlight

"I grew up in hospitals and have had some really wonderful nurses look after me."

– Megan Johnson



Meet Megan Johnson, a first year nursing student in the Oregon Consortium for Nursing Education (OCNE) program at the OHSU School of Nursing.

At age 21 Megan is a three time published author, a 2011 recipient of the prestigious National Jefferson Award (considered the Nobel Prize of community service) and works as a National Patient Ambassador for Shriners Hospitals for Children. Megan is also the founder of Megan's Mission, a charity she started when she was 11 that helps the homeless population in Seattle.

Despite a debilitating birth defect requiring over 28 surgeries, Megan has made it her mission to help those in need. Johnson continues to help manage the volunteer activities for Megan's Mission, but says much of her time now will be spent on her nursing studies.

By Lauren Shatz

Credits

Editors: Christi Richardson and Mark Kemball
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