

Elective Course Proposal

Department:	Family Medicine	Course Number:	FAMP 709 S
Title:	<u>Primary Care Sports Medicine Elective</u>	Prerequisites:	4 th Year Students only
Course Directors:	Charles Webb, DO and Jim Chesnutt, MD		
Number of Weeks:	2	Times Offered:	Aug, Sept, Oct, Nov, Feb and May
Hospital/Clinics:	Gabriel Park Health Center	Number of Students:	1 per rotation
In House Call:	N/A	Offered to Non-OHSU Students:	NO
Credits:	3	Elective Type:	Academic
Application Process:	Applications will be reviewed for this elective, which is only open to fourth-year students planning to enter residencies in Family Medicine, Pediatrics, Internal Medicine, or Emergency Medicine. Send applications to: Jessica Brown, brownjes@ohsu.edu or call 503-494-5715		

Method of Evaluation: Graded.

Students will be evaluated based upon their demonstrated level of clinical expertise and professionalism.

Recommended Texts:

1. Stanley Hoppenfled – *Physical Examination of the Spine and Extremities*.
2. Peter Seidenberg and Anthony Beutler – *The Sports Medicine Resource Manual*.

Course Description and Objectives:

Students will actively participate in patient care in the OHSU Sports Medicine Clinics (Gabriel Park and Center for Health and Healing). This elective is clinically oriented with emphasis place on physical examination techniques, and the diagnosis and treatment of musculoskeletal injuries as well as care of the athlete. These concepts will be applied to the care of professional and elite athletes, as well as grade school, high school, college and recreational athletes in the Portland Metro area. Opportunities will exist for the student to participate with their attending physicians at Portland State University, Lewis and Clark College sports medicine clinics and events. Experience may also include medical coverage for several other athletic events here in Portland. The student will also attend sports medicine conferences, family medicine grand rounds and case conferences. This rotation is for those students with a strong interest in Primary Care Sports Medicine whose goal is to provide a link between the rapidly expanding core of knowledge related to sports medicine and its application to patients in the primary care setting.

Objectives: By the end of this 2 week elective, students will be able to

1. Describe medical issues in athletics/athletes (i.e. concussion, mononucleosis, illness, diabetes, asthma)
2. Evaluate musculoskeletal injuries in the return to play guidance.
3. Demonstrate hands-on PE skills

Department Approval: _____

Predoctoral Director, Family Medicine

Application for the sports medicine elective:

Name _____

Dates you would like to do the elective _____

What is your primary specialty interest? _____

Why are you interested in sports medicine?
