 Resident access to healthcare

How to find a primary care provider

Residents and fellows are 47% less likely than their cohorts to have a PCP
We can do better!

Finding a provider

To ensure access to care, OHSU House Officers Association has compiled a list of clinics at OHSU. Clinic information is listed on the reverse page and is also available online at www.ohsu.edu/gme, under the current residents & fellows section.

Special accommodation for residents and fellows

- Each department listed on the reverse page has agreed to facilitate scheduling resident appointments.
- They will open up many otherwise-closed faculty schedules to residents and fellows.
- To schedule an appointment, please call your chosen clinic directly (see reverse page for details).
- Identify yourself as a resident/fellow when you call the clinic.
- If you encounter problems, a contact person is provided for each department who will generally be available to assist during regular business hours.

Preventive and Urgent Care

- You don’t need to have a problem to establish care. Get to know your doctor now, so that you have a support system in place when you need it!
- Please use your designated ½-day off per quarter to schedule preventive care appointments 4-6 weeks in advance. Advanced planning is especially important if you wish to be seen by faculty.
- For urgent needs, all clinics have daily openings — they cannot guarantee that you will be seen by your PCP or even by faculty, but they can ensure quick access to excellent care!

Patient Registration

503 494-8505
If you are choosing to be seen at OHSU, you must be registered before you can be seen in clinic. Patient Registration is available 7:30 a.m. to 8:00 p.m.

Resident Wellness

503 494-1208
Confidential and free coaching and counseling available Monday - Friday, 9 a.m. to 6 p.m.
E-mail moffitm@ohsu.edu to schedule an appointment.
If urgent, please call 503 330-7880.
Providers at OHSU

Family Medicine

Family Medicine’s range of care includes pediatrics, well woman, maternity/prenatal, adult, geriatrics, sports, integrative/alternative and travel medicine, as well as performing office procedures. They have 4 clinics, each with a pharmacy and lab on site.

Department Contact: Verian Wedeking wedeking@ohsu.edu

South Waterfront Clinic

Center for Health and Healing, 9th Floor
503 494-8573
Mon-Fri 7 a.m. – 8 p.m., Sat 9 a.m. – 1 p.m.

Richmond Clinic

3930 SE Division St, Portland, OR 97202
503 418-3900
Mon-Fri 8 a.m. – 8 p.m., Sat 9 a.m. – 1 p.m.

Gabriel Park Clinic

4411 SW Vermont, Portland, OR 97219
503 494-9992
Mon-Thu 8 a.m. - 8 p.m., Fri 8 a.m. – 5 p.m.,
Sat 9 a.m. – 1 p.m.

Scappoose Clinic

51377 Old Portland Road, Scappoose, OR 97056
503 418-4222
Mon-Thu 7:30 a.m. - 8 p.m., Fri 7:30 a.m. - 5 p.m.
Sat 8:30 a.m. – 1 p.m.

Internal Medicine

Internal medicine offers longitudinal, comprehensive care to adults from health screening and prevention to care of complex, chronic illnesses over time.

Department Contact: Sophie Zaffina 503 418 - 8489

Internal Medicine Clinic

3rd Floor Physician’s Pavilion, Suite 350
503 494-8562
Mon-Thu 7:30 a.m. – 6 p.m.
Fri 7:30 a.m. – 5:30 p.m.
Phone Hours Mon-Fri 8 a.m. - 5:30 p.m.

OB-GYN

The Center for Women’s Health offers comprehensive women’s care, including gynecology, obstetrics, fertility services and integrative medicine.

Department Contact: Brenda Mitchell 503 418-4500, Mon-Fri

Center for Women’s Health

Kohler Pavilion, 7th Floor
503 418-4500
Mon-Fri 7:40 a.m. – 5 p.m.

Pediatrics

The Pediatric and Adolescent Health Clinics offer well-child care, immunizations, care and treatment for acute and chronic illnesses and injuries, minor emergency care, management of behavioral concerns, sports physicals, adolescent health care, and women’s health services for adolescent girls.

Department contact (Marquam Hill): Cindy Harris 503 418-5701
Department contact (Westside): Mimi Cavanaugh 503 418-2494

General Pediatric Clinic

Doernbecher Children’s Hospital, 7th Floor, at the deer
503 418-5700
Mon - Fri 9 a.m. – 5 p.m.
Sat 9 a.m. – 12 p.m.

Adolescent Health Clinic

Doernbecher Children’s Hospital, 7th Floor, at the deer
503 418-5700
Mon - Fri 9 a.m. – 5 p.m.

Doernbecher Specialty Pediatrics – Westside

15220 NW Laidlaw, Suite 100
Phone: 503 418-2000
Mon-Thu 8:00 a.m. – 6 p.m., Fri 8:00 a.m. – 5 p.m.
Sat 9 a.m. - 1 p.m.

Links to clinic Web sites • Additional Resources
Visit www.ohsu.edu/gme

Click on Current Residents & Fellows ☰ Access to Care

Dental

Provided by Moda, Kaiser, or Willamette Dental
www.modahealth.com
kaiserpermanentedentalnw.org
www.willamettedental.com

Vision

Provided by Vision Service Plan (VSP)
www.vsp.com

Non-OHSU Sites

OHSU PPO pays 60% for non-OHSU providers
250 PPO pays 80% for non-OHSU providers