# 11th Annual Pediatric Review and Update

<table>
<thead>
<tr>
<th>Date</th>
<th>October 27-28, 2016</th>
</tr>
</thead>
<tbody>
<tr>
<td>Location</td>
<td>Sentinel Hotel, 614 S.W. 11th Ave., Portland, Oregon</td>
</tr>
<tr>
<td>Who</td>
<td>Primary and specialty care providers including pediatric and family medicine.</td>
</tr>
</tbody>
</table>
| Credit        | American Medical Association: OHSU School of Medicine designates this live activity for a maximum of 13.5 AMA PRA Category 1 Credits.™ Physicians should claim only the credit commensurate with the extent of their participation in the activity.  
American Academy of Family Physicians: Application for CME Credit has been filed with the American Academy of Family Physicians. Determination of credit is pending. |
| Accreditation | The School of Medicine, Oregon Health & Science University (OHSU) is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. |
Overview
This course is designed for pediatricians, family physicians and allied health professionals who provide care to children and adolescents. It will focus on practical approaches to problems commonly seen in the office, as well as effective methods for improving the pediatric office visit.

An online syllabus including outlines of presentations will be available to all preregistered attendees.

At the conclusion of this course, participants will be able to:

- Distinguish evidence-based approaches to the prevention and diagnosis of peanut and food allergies.
- Explain the role of the healthy gut microbiome and the utility of probiotics and fecal transplant for bowel disorders.
- Examine the most current evidence about the Zika virus.
- Implement diagnostic, treatment and prevention strategies for type 2 diabetes.
- Illustrate causes of neonatal hyperbilirubinemia with discussion of representative cases.
- Describe the evolution of cannabis from a recreational substance to potential anti-epileptic drug.

General Information

Location/Accommodations: The course will be held at the Sentinel Hotel, 614 S.W. 11th Ave., Portland, Oregon. For reservations, please call the hotel directly at 888 246-5631 and be sure to mention your attendance at the OHSU Pediatric Review. The conference rate is $199 per night, plus tax; the room block will be released on September 28, 2016 and is subject to sell-out prior to that date.

Tuition/Registration: See registration form for tuition. To help meet administrative costs, a $35 service charge will be assessed on refund requests received by October 17, 2016 for either program; no refunds can be issued after that date. Should conditions warrant, the sponsors reserve the right to cancel one or both of these programs with a full tuition refund.

Please note admission to the programs is restricted to registered attendees. To ensure the best learning environment for all registrants, babies and children cannot be accommodated in the meeting room, and cellphones should be used in the hallways only. Nursing mothers: please see OHSU staff at registration should you need a place to pump during the conference.

Additional Information: For more information, contact the Division of CPD at 503 494-8700 or email cme@ohsu.edu.

If you have a disability and require assistance to participate in these conferences, please contact the Division of CPD no later than ten (10) business days before the meeting.

About the keynote speaker
Dr. David Fleischer is a nationally and internationally renowned expert in the field of food allergies, in particular peanut and tree nut allergies. He is studying primary prevention strategies and novel therapies for food allergies that include oral and sublingual immunotherapies.
11th Annual Pediatric Review and Update

Program

Thursday, October 27, 2016

7:15 a.m.  Registration/Continental Breakfast

7:50 a.m.  Welcome and Introductions
Holger Link, M.D.

8 a.m.  Keynote: The Alphabet Soup of Food Allergy Prevention: Is there Consensus of What to Do?
David Fleischer, M.D.

8:50 a.m.  Questions & Answers

9:10 a.m.  Type 2 Diabetes: An Ounce of Prevention is Worth a Pound of Cure
Ines Guttmann-Bauman, M.D.

9:50 a.m.  Questions & Answers

10 a.m.  Break

10:15 a.m.  Zika Virus Update
Dawn Nolt, M.D., M.P.H.

10:55 a.m.  Hyperbilirubinemia: Cases of Zebras and Horses
Carrie Phillipi, M.D., Ph.D.

11:40 a.m.  Questions & Answers/Panel

12:05 p.m.  Lunch

1 p.m.  Immunodeficiency Basics for Those on the Frontline
Evan Shereck, M.D.

CONCURRENT SESSIONS

2 p.m.  Concurrent Sessions I
Please choose one; all sessions repeat at 3:15 p.m.

A.  Pediatric Musculoskeletal Review
Ryan Petering, M.D.

B.  The Misunderstood Child: Identification and Treatment of Sensory Processing Disorder
Sharron Donnelly, M.S., OTR/L

C.  Experience with Long-Acting Contraception in Primary Care Pediatrics
Melissa Weddle, M.D.

3 p.m.  Break

3:15 p.m.  Concurrent Sessions II
Please choose one; all sessions are repeats of 2 p.m. sessions

A.  Pediatric Musculoskeletal Review
Ryan Petering, M.D.

B.  The Misunderstood Child: Identification and Treatment of Sensory Processing Disorder
Sharron Donnelly, M.S., OTR/L

C.  Experience with Long-Acting Contraception in Primary Care Pediatrics
Melissa Weddle, M.D.

4:15  Adjourn
Friday, October 28, 2016

7:30 a.m.  Continental Breakfast
7:50 a.m.  Announcements
            Holger Link, M.D.

8 a.m.   Cannabis for Epilepsy: Where Do We Come From and Where Are We Going?
            Colin Roberts, M.D.

8:40 a.m.  Juvenile Idiopathic Arthritis: Old Thoughts and New Therapies
            Victoria Cartwright, M.D.

9:20 a.m.  Questions & Answers/Panel

10 a.m.  Break

10:15 a.m.  High Blood Pressure in Children: Evaluation and Management Strategies
            David Rozansky, M.D.

10:55 a.m.  Diagnosis and Management of Familial Hyperlipidemia
            Laurie Armsby, M.D.

11:40 a.m.  Questions & Answers/Panel

12:05 p.m.  Lunch

1 p.m.  Utility of Probiotics and Fecal Transplant in Pediatrics
            Mikelle Bassett, M.D.

1:50 p.m.  Questions & Answers

2 p.m.  Concurrent Session I
            Please choose one; all sessions repeat at 3:15 p.m.

A.  Top 10 Myths About Breastfeeding
            Ilse Larson, M.D.

B.  Life Lessons – What Medical School Doesn't Teach You About Child Abuse
            Tam Grigsby, M.D., and Christine Martin, M.D.

C.  Evidence-Based Guidelines for Evaluation and Management of STDs
            Wayne Sells, M.D., M.P.H.

3 p.m.  Break

3:15 p.m.  Concurrent Session II
            Please choose one, all sessions are repeats of 2 p.m. sessions

A.  Top 10 Myths About Breastfeeding
            Ilse Larson, M.D.

B.  Life Lessons – What Medical School Doesn't Teach You About Child Abuse
            Tam Grigsby, M.D., and Christine Martin, M.D.

C.  Evidence-Based Guidelines for Evaluation and Management of STDs
            Wayne Sells, M.D., M.P.H.

4:15 p.m.  Adjourn
<table>
<thead>
<tr>
<th><strong>DATE</strong></th>
<th>October 29, 2016</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>LOCATION</strong></td>
<td>Sentinel Hotel, 614 S.W. 11th Ave., Portland, Oregon</td>
</tr>
<tr>
<td><strong>WHO</strong></td>
<td>Primary and specialty care providers including pediatric and family medicine.</td>
</tr>
<tr>
<td><strong>CREDIT</strong></td>
<td>American Medical Association: OHSU School of Medicine designates this live activity for a maximum of 4 AMA PRA Category 1 Credits.™ Physicians should claim only the credit commensurate with the extent of their participation in the activity. American Academy of Family Physicians: Application for CME Credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.</td>
</tr>
<tr>
<td><strong>ACCREDITATION</strong></td>
<td>The School of Medicine, Oregon Health &amp; Science University (OHSU) is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.</td>
</tr>
</tbody>
</table>
Overview

This course is designed for primary and specialty care providers including pediatric and family medicine. It will allow maximum interaction between participants and faculty through question and answer sessions.

An online syllabus including outlines of presentations will be available to all preregistered attendees.

At the conclusion of this course participants should be able to:

• Demonstrate brief, efficient primary care office interventions for common behavior and psychological disorders.
• Provide resources for the management of common behavioral health problems.

Program

Saturday, October 29, 2016

7:30 a.m.  Registration/Continental Breakfast
7:50 a.m.  Welcome and Introductions
8 a.m.    Be ECOnomical (Epilepsy Care in Oregon): Recs to Schools with Lasting Impact
          Daniel Kriz, Psy.D.
8:30 a.m.  It's NOT All in Their Heads: Identifying and Treating the Psychosocial Aspects of Pain
          Amy Holley, Ph.D.
9 a.m.    Johnny Failed his M-CHAT: Now What?
          Lark Huang-Storms, Ph.D.
9:30 a.m.  NICH: Treating the Most Challenging and Costly in Pediatrics
          David Wagner, Ph.D., Psy.D.
10 a.m.   Break
10:15 a.m. Concussion Management in High School Athletes: Why Bother?
          Trevor Hall, Psy.D.
10:45 a.m. The 3-Minute Psychologist: Clinical Spiels for Everyday Practice
          Andrew Riley, Ph.D.
11:15 a.m. What, Me Worry?: The Good, Bad, and Ugly about Anxiety
          Danny Duke, Ph.D.
11:45 a.m. Getting Unstuck: How to Face Depression (in Primary Care)
          Kim Reynolds, Ph.D.
12:15 p.m. Adjourn
Faculty

Unless otherwise noted, all faculty are from the School of Medicine, Oregon Health & Science University.

Laurie Armsby, M.D.
Associate professor of pediatrics (cardiology)

Mikelle Bassett, M.D.
Assistant professor of pediatrics (gastroenterology)

Victoria Cartwright, M.D.
Legacy Health System, Portland, Ore. (rheumatology)

Sharron Donnelly, M.S., OTR/L
Advanced Pediatric Therapies, Portland, Ore.

Danny Duke, Ph.D.
Assistant professor of pediatrics

David Fleischer, M.D.
Associate professor of pediatrics (allergy), Children’s Hospital Colorado, Aurora, Colo.

Tam Grigsby, M.D.
Clinical associate professor of pediatrics

Ines Guttmann-Bauman, M.D.
Clinical associate professor of pediatrics (endocrinology)

Trevor Hall, Psy.D.
Assistant professor of pediatrics

Lark Huang-Storms, Ph.D.
Assistant professor of pediatrics

Daniel Kriz, Psy.D.
Assistant professor of pediatrics

Ilse Larson, M.D.
Assistant professor of pediatrics

Christine Martin, M.D.
Virginia Garcia Memorial Health Center

Dawn Nolt, M.D., M.P.H.
Clinical associate professor of pediatrics (infectious diseases)

Ryan Petering, M.D.
Assistant professor of family medicine

Carrie Phillipi, M.D., Ph.D.
Professor of pediatrics

Kim Reynolds, Ph.D.
Assistant professor of pediatrics

Andrew Riley, Ph.D.
Assistant professor of pediatrics

Colin Roberts, M.D.
Associate professor of pediatrics (neurology)

David Rozansky, M.D.
Associate professor of pediatrics (nephrology)

Wayne Sells, M.D., M.P.H.
Clinical professor of pediatrics (adolescent medicine)

Evan Shereck, M.D.
Associate professor of pediatrics (hematology/oncology)

Dave Wagner, Ph.D., Psy.D.
Assistant professor of pediatrics

Melissa Weddle M.D.
Clinical associate professor of pediatrics

Anna Wilson, Ph.D.
Associate professor of anesthesiology and perioperative medicine