The Oregon Geriatrics Society conference is designed for physicians, nurse practitioners and other health care professionals who work with older adults in various care settings.

At the conclusion of this activity, participants will be able to:

- Utilize techniques for exploring values and treatment preferences with patients and their families
- Implement an evidence-based simplified approach to gout management
- Describe the role of biology of aging as the major risk factor for age-related diseases
- Commit to a goal of minimizing harms from polypharmacy
- Identify potential benefits and hazards of artificial nutrition and hydration at the end-of-life
- Develop a framework for understanding behavior disturbance as communication

Oregon Geriatrics Society Committees  Participate in an OGS committee meeting on Sunday morning and bring your ideas for OGS operations and growth. Choose from Public Affairs, Education, or Membership.
FRIDAY OCTOBER 7, 2016

7:00 REGISTRATION / BREAKFAST / EXHIBITORS

8:00 Welcome and Introduction to the Course
- Juliana Bernstein, MPAS, PA-C

8:10 Update in Geriatrics 2016 - Elizabeth Eckstrom, MD, MPH, FACP

9:10 Geriatric Rheumatology Update - TBD

10:10 BREAK / EXHIBITORS

10:40 The Aging Eye - Mark Williams, OD

11:40 The Conversation: Tips for Discussing Treatment Preferences, Prognosis and End of Life Care - Karl Steinberg, MD, CMD, HMDC

12:40 LUNCH on your own

2:10 Marijuana Use in Long-Term Care - Carl Levy, MD, PhD, CMD

3:10 BREAK / EXHIBITORS

3:40 Expanding Narrative Competence in Geriatric Practice - Elizabeth Lahti, MD

4:40 Management of the Elderly Orthopedic Patient
- Lisa Miura, MD and Joseph Schenck, MD

5:40 ADJOURN - DINNER on your own
PROGRAM

SATURDAY, OCTOBER 8, 2016

7:00  BREAKFAST / EXHIBITORS

8:00  Announcements

8:10  Practical Risk Management: Improving Quality While Reducing Liability Exposure - Karl Steinberg, MD, CMD, HMDC

9:10  Yes, You Do Have Time: A Wound Management Paradigm - E. Foy White-Chu, MD, CWSP

10:10 BREAK / EXHIBITORS

10:40  Liver Disease in the Geriatric Patient: An Update - Janice Jou, MD, MHS

11:40  Aortic Stenosis and TAVR’s Impact - Kent Dauterman, MD, FACC, FSCAI

12:40  LUNCH & Keynote
   How to Die Young at Very Old Age - Nir Barzilai, MD

2:20  Aging as Autumn of Life: A Tour Through the Arts - David Barnard, PhD, JD

3:05  Behavior as Communication: Understanding What Those with Dementia are Trying to Tell Us - Maureen Nash, MD, MS, FAPA, FACP

4:35  ADJOURN - Reception - Poster Judging

6:00  DINNER on your own
PROGRAM

SUNDAY, OCTOBER 9, 2016

8:00  BREAKFAST

8:00  **OGS Committees: Education - Membership - Public Policy**

9:00  **Announcements**

9:10  **Polypharmacy and Deprescribing** - Arthur Hayward, MD, MBA, FACP

10:10  BREAK

10:20  **Medical Ethics and Nutrition at the End of Life**
       - Maureen McCarthy, MPH, RD, CSR, LD

11:20  **Using Technology to Document Advance Care Planning**
       - Kate Westmoreland, MD

12:20  ADJOURN

Contact Information: For registration questions, contact Continuing Professional Development at 503 494-8700. For other questions, contact Mary Olhausen at 360 892-1814 or email omary52@comcast.net.
FACULTY

David Barnard, PhD, JD, Miles J. Edwards Chair in Professionalism & Comfort Care; Assistant Vice-Provost for Interprofessional Education, OHSU, Portland, OR

Nir Barzilai, MD, Professor of Medicine/Genetics - Director, Institute for Aging Research, Albert Einstein College of Medicine, Bronx, NY

Kent Dauterman, MD, FACC, FSCAI, Physician, Southern Oregon Cardiology, Grants Pass, OR

Elizabeth Eckstrom, MD, MPH, FACP, Associate Professor of Medicine, General Internal Medicine and Geriatrics; Director, Geriatrics Division, OHSU, Portland, OR

Arthur Hayward, MD, MBA, FACP, Assistant Professor of Medicine, General Internal Medicine and Geriatrics, OHSU; Kaiser Permanente, Portland, OR

Janice Jou, MD, MHS, Assistant Professor of Medicine, Gastroenterology and Hepatology, OHSU, Portland, OR

Elizabeth Lahti, MD, Assistant Professor of Medicine, Hospital Medicine; Director of Narrative Medicine, OHSU, Portland, OR

Cari Levy, MD, PhD, CMD, Associate Professor of Medicine, Division of Healthcare Policy, University of Colorado; Director of Palliative Care, VA Eastern Colorado Health Care System, Denver, CO

Maureen McCarthy, MPH, RD, CSR, LD, Clinical Coordinator, Dietetic Internship Program, OHSU; VA Portland Health Care System, Portland, OR

Lisa Miura, MD, Medical Director, Rural Collaborative Dementia Program; Assistant Professor of Medicine, OHSU; Staff Geriatrician, VA Portland Health Care System, Portland, OR

Maureen Nash, MD, MS, FAPA, FACP, Medical Director, Providence Elderplace, Providence Health System, Portland, OR

Joseph Schenck, MD, Orthopedic Surgeon, Orthopedic-Sports Medicine Center of Oregon, Portland, OR

Karl Steinberg, MD, CMD, HMDC, Medical Director, Scripps Medical Center, Vista, CA

Kate Westmoreland, MD, Palliative Care Physician, Legacy Health System, Portland, OR

E. Foy White-Chu, MD, CWSP, Geriatric Fellowship Director, OHSU and VA Portland Health Care System, Portland, OR

Mark Williams, OD, Chief, Optometry Section - Eye Care Service, VA Portland Health Care System, Portland, OR
ACCREDITATION & CREDIT

This activity has been planned and implemented in accordance with the Essentials and Standards of the Accreditation Council for Continuing Medical Education through the joint providership of Oregon Health & Science University (OHSU) and Oregon Geriatrics Society. OHSU is accredited by the ACCME to provide CME for physicians.

American Medical Association: Oregon Health & Science University School of Medicine designates this live activity for a maximum of 17.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Nurses Credentialing Center recognizes AMA Category 1 Credits™.

American Medical Directors: This live activity has been pre-approved by the American Board of Post-Acute and Long-Term Care Medicine (ABPLM) for a total of 6.75 management hours and 10.5 clinical hours toward certification as a Certified Medical Director (CMD) in post-acute and long-term care medicine. The CMD program is administered by the ABPLM. Each physician should claim only those hours of credit actually spent on the activity.

American Academy of Family Physicians: This live activity, 2016 Oregon Geriatrics Society 17th Annual Conference, with a beginning date of 10/07/2016, has been reviewed and is acceptable for up to 16.25 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Oregon Nursing Homes Administration Board: Approved for 17.25 hours.

Physician Assistants: The National Commission on Certification of Physician Assistants (NCCPA) states that the AMA PRA Category 1 Credits™ are acceptable for continuing medical education requirements for recertification.

Washington Nursing Home Administrators Board (NHA-Washington), Washington Department of Health: The Washington State Department of Health approves this course as continuing education (CE) to accumulate toward the total hours required to comply with Nursing Home Administrator (NHA) CE requirements. Approved for 17 hours.

American Osteopathic Association: The American Osteopathic Association states CME programs sponsored through organizations that are AMA PRA Category 1 Credits™ accredited or AAFP-approved are eligible for AOA Category 2 CME credit.

GENERAL INFORMATION

Registration: Early registration is encouraged as enrollment may be limited. To help meet administrative costs, a $30.00 service charge will be assessed on all refund requests received by September 30; no refunds can be issued after that date. Should conditions warrant, the sponsors reserve the right to cancel this program with a full tuition refund.

Accommodations: Sunriver Resort offers program attendees a special rate of $169.00 for Lodge Village Guest Rooms, $229.00 for Lodge Village Suites and River Lodge Guestrooms (tax and resort fee not included). Please call 1-800-547-3922 for reservations and be sure to mention Oregon Geriatrics Society. The room block will be released on August 25, 2016 and is subject to sell-out prior to that date.

www.sunriver-resort.com

If you have a disability and require assistance to participate in the conference, please contact Mary Olhausen at 360-892-1814 or email omary52@comcast.net as early as possible, but no less than twenty (20) business days before the meeting.