

23rd Annual Internal Medicine Review

April 21-22, 2016

Sentinel Hotel, Portland, Oregon

*Department of Medicine
Division of Continuing Professional Development/CME
School of Medicine, Oregon Health & Science University*

COURSE DESCRIPTION

2016 marks the 23rd Annual Internal Medicine Review, addressing new developments and topical issues in internal medicine for internists and others practicing primary care medicine. Featuring expert faculty from OHSU, plenary sessions will address updates in high blood pressure, cancer screening, diabetes therapy, and dermatology.

Concurrent sessions are more interactive and allow ample time for discussion with faculty. Topics include depression, transgender adults, migraines and infectious disease in 2016.

At the conclusion of this activity participants will be able to:

- Recognize the particular risks of polypharmacy in the elderly and be comfortable applying deprescribing algorithms
- Distinguish which new anticoagulants are appropriate for which type of patient
- Identify how to treat skin problems that don't necessarily need a referral to a specialist
- Contrast the recommendations of JNC8 and the SPRINT trial as they relate to hypertension
- Diagnose and treat patients with Adult ADHD in the primary care setting

CREDIT

The School of Medicine, Oregon Health & Science University (OHSU), is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

American Medical Association: Oregon Health & Science University School of Medicine, Division of Continuing Professional Development/CME designates this live activity for a maximum of 14 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

OHSU is an equal opportunity, affirmative action institution.

GENERAL INFORMATION

Location: The course will be held at the Sentinel Hotel, 614 SW 11th Ave., Portland, OR

To make reservations at the Sentinel, please call their reservation specialists at 888-246-5631 and request the “OHSU 23rd Annual Internal Medicine Review” group to receive the discounted rate.

Please make your reservations as soon as possible; the room blocks will be released on April 11, 2016 and are subject to sell-out prior to that date.

Tuition/Registration: The tuition is \$350 and includes lunch both days and all course materials. To help meet administrative costs, a \$35.00 service charge will be assessed on all refund requests received by April 11, 2016; no refunds can be issued after that date. Early registration is encouraged as enrollment may be limited. *Should conditions warrant, the sponsors reserve the right to cancel this program with a full tuition refund.*

Additional Information: For more information, contact the Division of Continuing Professional Development/CME at 503-494-4898; our email address is cme@ohsu.edu or visit our website at www.ohsu.edu/som/cme.

PROGRAM PLANNING COMMITTEE

(All committee members are from the School of Medicine, Oregon Health & Science University)

Elizabeth Bower, MD, MPH, Associate Professor of Medicine

Leslie Doering, Continuing Professional Development/CME

Alan Hunter, MD, Associate Professor of Medicine

Mary Pickett, MD, Assistant Professor of Medicine

Y Pritham Raj, MD, Clinical Associate Professor of Medicine

If you have a disability and require assistance to participate in the conference, please contact the Division of CME at 503-494-8700 or email cme@ohsu.edu as early as possible, but no later than ten (10) business days before the meeting.

PROGRAM

23rd Annual Internal Medicine Review

THURSDAY, April 21, 2016

7:15 Registration

Morning Session:

7:50 Welcome and Introduction to the Course

8:00 **Future of US Healthcare and Its Effect on Physicians**

– Mark O'Hollaren, MD

8:40 **Polypharmacy and Deprescribing** – Arthur Hayward, MD

9:20 **Panel/Questions & Answers**

9:50 BREAK

10:10 **Tough Questions Surrounding Cancer Screening**

– Vinay Prasad, MD, MPH

10:50 **High Blood Pressure in 2016: Walk, Don't Run** - Craig Williams, PharmD

11:30 **Panel/Questions & Answers**

12:00 LUNCH

Afternoon Session:

1:00 **Plenary - Diagnosing and Treating Adult ADHD**

– David Mansoor, MD

1:50 **Questions & Answers**

2:00 **CONCURRENT SESSIONS I**

A. Somatization in Primary Care – Alexander Schafir, MD

B. Medical Issues of Transgender Adults – Carol Blenning, MD

3:15 BREAK

3:30 **CONCURRENT SESSIONS II**

A. What's Hot in Infectious Disease in 2016 – James Lewis, PharmD

B. Depression and Mood Disorders – Julie Anderson, MD

4:45 **ADJOURN**

PROGRAM

23rd Annual Internal Medicine Review

FRIDAY, April 22, 2016

Morning Session:

- 7:50 Announcements
- 8:00 **The Weekend Warrior: How to Minimize Battle Scars** – Beth Smith, MD
- 8:40 **How to Integrate New Anticoagulants into Your Practice**
– Thomas DeLoughery, MD
- 9:20 **Panel/Questions & Answers**
- 9:50 BREAK
- 10:10 **New Diabetes Therapies: State-of-the-Art Glycemic Control**
– Elizabeth Stephens, MD
- 10:50 **Cardiovascular Disease Implications of Diabetes Drugs**
– Craig Williams, PharmD
- 11:30 **Panel/Questions & Answers**
- 12:00 LUNCH

Afternoon Session:

- 1:00 **Plenary - DIY Dermatology: What You Can Do in Your Office**
– Jesse Keller, MD
- 1:50 **Questions & Answers**
- 2:00 **CONCURRENT SESSIONS**
- A. Literature Review: Infectious Disease** - Graeme Forrest, MBBS
- B. Migraines: Update on Treatment and Prophylaxis**
- Cat Livingston, MD, MPH
- 3:15 BREAK
- 3:30 **Plenary - EKG Quiz Show** - Merritt Raitt, MD
- 4:45 **ADJOURN**

FACULTY

All faculty are from the School of Medicine, Oregon Health & Science University, unless otherwise noted. Faculty based at the VA Portland Health Care System are denoted by VAPHCS

Julie Anderson, MD, Clinical Associate Professor of Psychiatry

Carol Blenning, MD, Associate Professor of Family Medicine

Thomas DeLoughery, MD, Professor of Medicine (*Hematology & Medical Oncology*)

Graeme Forrest, MBBS, Associate Professor of Medicine (*Infectious Disease*)

Arthur Hayward, MD, Kaiser Permanente, Portland, OR

Jesse Keller, MD, Assistant Professor of Dermatology

James Lewis, PharmD, Clinical Pharmacist, Antimicrobial Management Team, Department of Pharmacy Services

Cat Livingston, MD, MPH, Assistant Professor of Family Medicine

David Mansoor, MD, Assistant Professor of Psychiatry; VAPHCS

Mark O'Hollaren, MD, Professor of Medicine (*Allergy & Clinical Immunology*)

Vinay Prasad MD, MPH, Assistant Professor of Medicine (*Public Health & Preventive Medicine*)

Merritt Raitt, MD, Professor of Medicine (*Cardiovascular Medicine*); VAPHCS

Alex Schafir, MD, Primary care physician; Faculty instructor, Providence Medical Group at St. Vincent Center; Director, Medical Student Clerkships, Providence Health System, Portland, Oregon

Beth Smith, DO, Associate Professor of Medicine (*General Internal Medicine & Geriatrics*)

Elizabeth Stephens, MD, Endocrinology Chief, Associate Director, Continuing Medical Education, Providence Portland Medical Center

Craig Williams, PharmD, Affiliate Associate Professor of Family Medicine; Professor of Clinical Pharmacy for the OSU College of Pharmacy

