

**Susan R. Johnson, M.D., M.S., University of Iowa**

Dr. Susan R. Johnson received her B.S., M.D., and an M.S. in Preventive Medicine and Environmental Health from the University of Iowa. She completed residency training in Obstetrics and Gynecology at the University of Iowa Hospitals and Clinics and then joined the faculty of that Department of Obstetrics and Gynecology, where she is now Professor.



In 1999 she received a secondary appointment in the Department of Epidemiology in the College of Public Health. Dr. Johnson's clinical and research interests are in the areas of Premenstrual Syndrome, and menopausal health issues, particularly the use of hormones and other drugs for prevention in post menopausal women. She was the Associate Dean for Faculty Affairs in the Carver College of Medicine from 1994 to 2003, and since July, 2005 serves as the Associate Provost for Faculty at the university level.

Her interests in time management began many years ago, as she found herself struggling with how to get everything done on time. In 1998, after amassing the world's largest collection of TM books, she decided to read them and apply the principles found therein. A co-worker, after observing that the top of her desk was visible for the first time in anyone's memory, asked her to present a talk to the office staff.

Since then, Dr. Johnson has made more than 100 presentations on this topic to physicians, support personnel, managers, students, and a variety of other groups at the University of Iowa and around the country. In addition, between September, 2003 and June, 2005, she had the opportunity to work one on one with over 50 faculty and staff members in their offices. In 2006, she was appointed to the editorial advisory board of Academic Physician & Scientist in 2006, based on her contributions to that publication regarding faculty time management and organization.

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