Lunch Table Topics

1) Recognizing unconscious bias and deflecting microaggression

2) Building and nurturing a diverse work environment

3) Resiliency: How to keep thriving – Practices to increase your resilience and effectiveness

4) Developing a mentorship program – How to develop a mentorship program in your division/department from the ground up

5) Crucial conversations: tips for engaging in necessary but difficult discussions – Conflict resolution.

6) Leading from where you are – Finding success in non-leadership roles and leading from behind the scenes.

7) Endurance in a high intensity life: Strategies to prevent and reduce burnout

8) Building Professional connections – Networking and how to toot your own horn without blowing it.

9) Developing leadership potential – Complexities and benefits of working in leadership, leadership conflict and resolution, team leaders.

10) Professional development – Self-evaluation and goal setting

11) How to serve on a committee at OHSU – learning the ins and outs of committees at OHSU

12) Expanding research opportunities – Alternative funding sources, career options, and leadership in research.

13) Navigating Faculty Promotion at OHSU

14) Executive Presence – How you show up and how you are perceived

15) Leadership in Clinical Educational Environments.

16) Resiliency for Clinicians