

PHPM The Liaison

Winter
2013

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Dr. Tom Becker

A Message from the Chair

“Fight fat, feel fit” was the message I saw last night at the bottom level elevator in our building. After more exploration, I discovered that a similar message was posted outside of the elevator on each of the floors of campus services. These simple messages serve to remind us that simple behavioral changes—such as consistent use of stairways—could potentially serve our health as members of the workforce. This past week, the Governor’s Conference on Occupational Safety and Health (GOSH) was held at the Oregon Convention Center. Approximately 1700 attended, including me for a small portion of the meeting, and the energy and enthusiasm around health promotion in the workplace was indeed impressive. A team led by Dr. Kent Anger from CROET and from our department presented a short course, focused on workplace wellness. This issue has become a priority for NIOSH, and Kent’s new NIOSH Total Worker Health center is taking strides in the direction of promotion of total worker health in Oregon organizations that will generalize broadly to companies—small businesses as well as very large corporations. In Kent’s session, several of the speakers from award-winning companies shared their programs and introduced the audience to various software packages that employees could use to monitor energy intake and expenditures. Community outreach staff with the OHSU Knight Cancer Institute are hoping to partner with Dr. Anger in his Total Worker Health program that he will launch for Oregon businesses this year. In a future message from me, I hope to be able to report on Dr. Anger’s enormous success of this program among Oregon businesses. Meanwhile, do your bit to ‘fight fat, feel fit.’ See you in the stairwells!

Grants

New applications:

- **Dongseok Choi**, “Multilevel High Resolution Causal Inference for Patient Wait Time,” Patient-Centered Outcomes Research Institute (PCORI)
- **Kim Hoffman**, “Sustainability of Change within a Quality Improvement Collaborative,” NIDA R21 (Subcontract through University of Wisconsin)
- **Dennis McCarty**, “Integrated Treatment Capacity and Services to Persons with Co-Occurring Disorders,” NIDA R01 Competitive Supplement
- **Seth O’Neal**, “Optimizing ring-screening strategy for control of Taenia solium infection,” NINDS/Fogarty R01
- **Traci Rieckmann**, “Adapting Web-Based Treatment for American Indians with Substance Abuse Problems,” NIDA R01 (Co-PI through subcontract with Columbia University)
- **Traci Rieckmann**, “Reducing Prescription Opioid Abuse and Diversion: The ‘ABC’s’ for Dental Clinics,” NIDA R21
- **Traci Rieckmann**, “Brief Provider Intervention to Reduce Stimulant Misuse Among Adolescents,” NIDA R21 (Subcontract through University of Michigan)



Public Health and Preventive Medicine

Faculty and Staff—NEWS

Publications:

- Haggerty, B and **Melnick, A**, Translating Research to Policy Through Health Impact Assessment in Clark County, Washington. *Annals of Behavioral Medicine*, 45 (Suppl 1):S6–S8, (2013).
- Bernheim, R, Stefanak, M, Brandenburg, T., Pannone, A and **Melnick A**. Public Health Accreditation and Metrics for Ethics: A Case Study on Environmental Health and Community Engagement, *Journal of Public Health Management and Practice*, 19(1):4-8, January/February 2013.
- Campbell, B.K.**, Manuel, J.K., Manser, S.T., Peavy, K.M., Stelmokas, J., **McCarty, D.** & Guydish, J.R. (2013). Assessing fidelity of treatment delivery in group and individual 12-step facilitation. *Journal of Substance Abuse Treatment*, 44, 169 – 176. doi:10.1016/j.jsat.2012.07.003.
- Choi, D., Hoffman, K.A.**, Kim, M. & **McCarty, D.** (2013). A high-resolution analysis of process improvement: Use of quantile regression for wait time. *Health Services Research*, 48 (1), 333 – 347. doi: 10.1111/j.1475-6733.2012.01436.x. PMID: PMC3449006.
- Deyo, R.**, Irvine, J.M., Millet, L.M., Beran, T., O’Kane, N., **Wright, D.A.** & **McCarty, D.** (2013). Measures such as interstate cooperation would improve the efficacy of programs to track controlled drug prescriptions. *Health Affairs*, On-line in advance of print February 13, 2013. doi: 10.1377/hlthaff.2012.0945.
- Masson, C.L., Shopshire, M.S., Sen, S., **Hoffman, K.**, Hengl, N., Bartolome, J., **McCarty, D.**, Sorensen, J.L., & Iguchi, M. (2013). Possible barriers to enrollment in substance abuse treatment among a diverse sample of Asian Americans and Pacific Islanders: Opinions of treatment clients. *Journal of Substance Abuse Treatment*, 44, 309 – 315. <http://dx.doi.org/10.1016/j.jsat.2012.08.005>. PMID: in process.
- McCarty, D.** (2013). Parity: An ongoing challenge and research opportunity. *American Journal of Psychiatry*, 170, 2, 140 - 142. doi: 10.1176/appi.ajp.2012.12101334.
- Pilkonis, P.A., Yu, L., Colditz, J., Dodds, N., Johnston, K.L., Maihoefer, C., Stover, A.M., Daley, D.C. & **McCarty, D.** (2013). Item banks for alcohol use from the Patient-Reported Outcomes Measurement Information System (PROMIS®): Use, Consequences, and Expectancies. *Drug and Alcohol Dependence*, online in advance of print December 1, 2012. <http://dx.doi.org/10.1016/j.drugalcdep.2012.11.002>.
- Thuan Nguyen**, Jie Peng, Jiming Jiang (2012), Fence Methods for Backcross Experiments. *Statistical Computation and Simulation*, in press.
- Jiang, J. and **Nguyen, T.** (2012), Small area estimation via heteroscedastic nested-error regression, *Canadian Journal of Statistics*, in press.
- Cindy McEvoy, Sridevi Venigalla, Diane Schilling, Nakia Clay, **Thuan Nguyen**, Patricia Spitale (2012), Respiratory Function in Healthy Late Preterm Infants Delivered at 33-36 Weeks of Gestation. *Journal of Pediatrics*, in press.
- Joanne Noone, Maggie Sullivan, **Thuan Nguyen**, Tiffany L. Allen (2012), Pilot Test Of Interactive Theater to Improve Parent Communication on Pregnancy Prevention. *Health Promotion Practice*, in press.
- Jennifer Needle, Richard Mularski, **Thuan Nguyen**, Erik Fromme (2012), Do Personal Preferences for Life-Sustaining

PHPM Faculty and Staff News (continued)

Treatment Influence Medical Decision- Making among Pediatric Intensivists? *Critical Care Medicine*, in press.

Erin Madriago, **Thuan Nguyen**, Megan McFerson Virgil Larson, Nathan Airhart, James H. Moller, and Michael Silberbach (2012), Frequency and Outcome of Cardiac Operations and Catheter Interventions in Turner Syndrome, *American Journal of Cardiology*, in press .

David C. Sheridan, David M. Spiro, **Thuan Nguyen**, Thomas K. Koch, Garth D. Meckler, Low-Dose Propofol for Abortive Treatment of Pediatric Migraine in the Emergency Department (2012), *Pediatric Emergency Care*, 28(12): 1293-1296.

Maynika Rastogi, Linda Stork, Brian Druker, Carolyn Blasdel, **Thuan Nguyen**, Bruce A. Boston (2012), Imatinib mesylate causes growth deceleration in pediatric patients with chronic myelogenous leukemia. *Pediatric Blood & Cancer*, DOI 10.1002/psc.24121.

Cindy McEvoy, Sridevi Venigalla, Diane Schilling, Nakia Clay, Patricia Spitale, **Thuan Nguyen**, (2012), Respiratory Function in Healthy Late Preterm Infants Delivered at 33-36 Weeks of Gestation. *Journal of Pediatrics*, in press.

Padmaja Ayyagari, Fred Ullrich, Theodore K. Malmstrom, **Elena M. Andresen**, Mario Schootman, J. Philip Miller, Douglas K. Miller, Fredric D. Wolinsky. Self-Rated Health Trajectories in the African American Health Cohort. PLOS ONE, 12/31/12.

Dixon-Gray LA, Mobley A, **McFarlane JM, Rosenberg KD**. *Amor y Salud* (Love and Health): A Preconception Health Campaign for Second-Generation Latinas in Oregon. *Am J Health Promotion*. 2013;27 (Supp 3): S74-S76.

Cunningham TJ, Barradas DT, **Rosenberg KD**, May AL, Kroelinger CD, Ahluwalia IB. Is Maternal Food Security a Predictor of Food and Drink Intake Among Toddlers in Oregon? *Maternal and Child Health Journal*. 2012;16 (Supp 2):S339-346.

Rosenberg KD, Hedberg K. Autism Spectrum Disorders: A Public Health Concern. CD Summary (Oregon Department of Human Services). 2012;61(26): 1-2. <http://public.health.oregon.gov/DiseasesConditions/CommunicableDisease/CDSummaryNewsletter/Documents/2012/ohd6126.pdf>

Presentations

On February 21, 2013, **Dr. Eli Schwarz** delivered a Grand Rounds lecture entitled, "Shall Portland fluoridate its drinking water supply?" To view the presentation, please visit this link:

<https://ohsu.adobeconnect.com/a46054336/p3zlnufgs7a/?launcher=false&fcsContent=true&pbMode=normal>

If you have any questions, please direct them to Dr. Schwarz.

Improving Relationships Between Oregon Tribal Health Authorities and the Oregon PRAMS Program. Broderick KL, Browning A-N, **Rosenberg KD**. Maternal and Child Health Epidemiology 18th annual meeting, December 12, 2012.

Association Between Physical Activity and Postpartum Weight Retention From a Population-based Study. Yu C-H, **Rosenberg KD**. Maternal and Child Health Epidemiology 18th annual meeting, December 12, 2012.

Food Insecurity and Eating Patterns of Children with Special Health Care Needs in Oregon. Hoffman LM, Adams SE, **Rosenberg KD**. Maternal and Child Health Epidemiology 18th annual meeting, December 12, 2012.

Effects of Changing Postpartum Depression Questions: Comparing Prevalence Using Version 5 and Version 6 Questions. Roberts R, **Rosenberg KD**. CDC PRAMS National Meeting, December 11, 2012.

PHPM Faculty and Staff News (continued)

Awards and Honors:

Dr. Ana Quiñones has been selected to participate as a mentee for the 2013 “Investing in America’s Future: Mentoring Researchers in Latino Health Disparities” program from July 12-27, 2013 in San Diego, CA. on behalf of the Institute for Behavioral and Community Health (IBACH), the San Diego State University of Graduate Health (GSPH) and the National Heart, Lung and Blood Institute (NHLBI). Participation in the program requires attendance at the two-week Summer Institute (July 12-27, 2013) in San Diego, CA, attendance during Spring 2014 at a three-day Annual Meeting in Washington, DC (dates TBD), and attendance in 2014 at a second one-week Summer Institute (dates TBD). Congratulations, Ana!



Dangerous Decibels receives Safe-in-Sound award

Congratulations to the team behind Dangerous Decibels, a program of the CDC-funded Prevention Research Center, the Center for Healthy Communities at OHSU. They’ve been awarded the 2013 Safe-in-Sound Award for Innovation in Hearing Loss Prevention! The award was presented to the Dangerous Decibels team by the director of the National Institute for Occupational Health and Safety, Dr. John Howard. NIOSH is the federal agency responsible for conducting research and making recommendations for the prevention of work-related injury and illness, and is affiliated with the Centers for Disease Control and Prevention. William “Billy” Martin, Ph.D., professor of otolaryngology, head and neck surgery and public health and

preventive medicine, is director of Dangerous Decibels. He also heads up clinical research in the Oregon Hearing Research Center. The Dangerous Decibels project is a public health campaign designed to reduce the incidence and prevalence of Noise Induced Hearing Loss (NIHL) and tinnitus (ringing in the ear) by changing knowledge, attitudes, and behaviors of school-aged children. “Jolene” is one of the unique educational tools developed for Dangerous Decibels – she measures the sound levels of personal stereo systems. The project is built upon an innovative collaboration between basic science researchers, clinicians, museum educators, health communication experts, civic leaders, teachers, public health professionals, and volunteers in a unique public/private partnership. Partners include PHPM’s Prevention Research Center, the Center for Healthy Communities, the Oregon Hearing Research Center, Portland State University (Department of Health Communications), and University of Northern Colorado. For the full story, please visit the Staff News page. http://o2.ohsu.edu/blogs/cliniciancommons/2013/02/25/dangerous-decibels-receives-safe-in-sound-award/?utm_source=employees_org&utm_medium=email&utm_campaign=Staff+News+20130301

Let’s Get Healthy!

Jackie Shannon and **Lisa Marriott** submitted two grants this winter – one physical activity grant to NIH and a cardiovascular grant to Astra Zeneca in collaboration with the rural community of Madras, Oregon. Adam Lipus, their Let’s Get Healthy! program coordinator extraordinaire, was just accepted to all 5 graduate schools in public health to which he applied, one of which provided full tuition waiver and a stipend! Jackie and Lisa are very proud of him.

Jan Klimas, PhD won the best paper award in the General Practice category at the Royal Academy of Medicine in Ireland (RAMI) award ceremony in Dublin, on March 21st. Professor **Dennis McCarty**, Oregon Health & Sciences University hosts Dr. Klimas’ six months fellowship during which he will assess the use of Screening and Brief Intervention (SBIRT) for alcohol use disorders among patients receiving agonist medication for opioid use disorders. More details can be found at the RAMI website (www.rami.ie) at this URL; onlinelibrary.wiley.com/doi/10.1002/14651858.CD009269.pub2/abstract;jsessionid=01DCA8ECD39B2E3437559753DEFDF2.d02t02

PHPM Faculty and Staff News (continued)

Promotions

International Year of Statistics in 2013



The Division of Biostatistics and more than 1,400 organizations in 111 countries are combining energies in 2013 to promote the International Year of Statistics (Statistics2013), a worldwide initiative that will highlight the contributions of the statistics field to finding solutions to global challenges. The goals of this awareness campaign are to increase public understanding of the power and impact of statistics on all aspects of society and nurture statistics as a profession, especially among high-school and college students.

Central features of the Statistics 2013 awareness campaign are its website (www.statistics2013.org) and an informative two-and-a-half-minute video, *Why Statistics Is Important to You* (<http://www.statistics2013.org/statistics2013-launch-video/>), that explains how statistics improves the lives of the world's 7 billion people.

Meetings

Dennis McCarty, Christina Bowman, Mel Kohn, and Representative Greenlick participated in the February 7 Policy Workshop (held in Salem) to develop a state strategic plan to reduce prescription opioid misuse.

Welcome

Dr. Rana Croff, Senior Research Associate, is happy to announce the birth of her son, Andala Amadou Mbaye, born January 29th at 11:42 am, 7lbs 4oz. He's doing very well and brother Davide (2.5 years) is adjusting well to being a big brother.



Dr. Jan Klimas joined PHPM as an INVEST Fellow beginning March 1. The National Institute on Drug Abuse supports the INVEST Fellows program to accelerate career development for new investigators who are citizens of a country other than the US. Jan will work in the US for six months assessing the value of screening and brief intervention for alcohol use disorders among opioid dependent patients being treated with an opioid agonist medication (i.e., methadone or buprenorphine). He plans to collaborate with Richmond Clinic and CODA to contrast US agonist treatment services with those in Ireland provided through general practitioners.

Jan and his wife Johanka Macekova are Slovakian. Jan is currently working in Ireland where he studies screening and brief intervention for alcohol use disorders among opioid dependent patients receiving agonist medication. The US provides opportunities for comparative research.

Dr. Klimas graduated with a Psychology MSc degree from Trnava University in Slovakia where he specialized in factors conducive to changes in drug users undergoing residential treatment in therapeutic communities. He then pursued a PhD in Social Psychology, at the same university, which investigated the quality of social interaction and personality characteristics of drug users across a range of settings. Having studied the subject using both quantitative and qualitative research methodologies, he then moved on to synthesize the evidence base on psychosocial interventions for problem alcohol use in illicit drug users through a Cochrane systematic literature review at the University College Dublin and at the University of Limerick, Ireland. In addition to the INVEST fellowship, Jan was also awarded The Cochrane Training Fellowship from Health Research Board Ireland (2010).

PHPM Faculty and Staff News (continued)

This past winter, PHPM is pleased to have added nine new faculty to our team. They include:



Steve Shea, PhD, joins PHPM as a Professor. In 1982, Steven Shea established one of the first clinical sleep laboratories in the UK, at Charing Cross Hospital, London. In 1989, he received his PhD degree from the University of London, UK for studies on breathing during sleep, and became Lecturer in Physiology at Charing Cross & Westminster Medical School, University of London, UK. In 1989-90 he was a Harkness Fellow performing research into respiratory control at Harvard School of Public Health (HSPH), Boston, MA. In 1992, Dr. Shea joined the HSPH faculty. In 1996, Dr. Shea joined Brigham & Women's Hospital in Boston, MA, and the faculty of Harvard Medical School. Dr. Shea recently became Director of the Center for Research on Occupational and Environmental Toxicology (CROET) at OHSU, and one of his first tasks is to change the name of the center to one that better reflects its mission and ongoing activities. There is a bill before the State legislature to change CROET's name to "*Oregon*

Institute of Occupational Health Sciences."

Dr. Shea has performed research on the effects of sleep and circadian rhythms on physiology and pathophysiology. In particular, he has investigated the mechanisms underlying the robust epidemiological findings of day/night variations in the incidence of a number of episodic disorders, including the morning peaks in adverse cardiovascular events (myocardial infarction, stroke) and the nocturnal peak in asthma severity. His research has been fully supported by NIH and NASA grants since 1992. Dr. Shea also is President of the American Sleep Medicine Foundation, a member of the Board of Directors of the American Academy of Sleep Medicine, and Editor-in-Chief of the journal *Nature and Science of Sleep*. In his spare time, he enjoys living vicariously through the exploits of his 3 boys who live in London, UK, discovering Oregon and house hunting in Portland with his wife Jo, and playing football soccer.

Dr. Sherril Gelmon, Dr.PH, FACHE joins PHPM as an Affiliate Professor. Dr. Gelmon is Professor of Public Health and Chair of the Division of Public Administration in the Mark O. Hatfield School of Government at Portland State University. She teaches health management and policy at PSU to masters and doctoral students, and teaches the longitudinal curriculum in quality improvement to Family Medicine residents at OHSU. She serves on the OMPH Coordinating Council, and is a member of the Preventive Medicine residency leadership team. Her health-related research interests address improvement in health services delivery and health workforce development, and she also studies community engagement and institutional change in higher education. She has conducted projects sponsored by the Institute for Healthcare Improvement, the Northwest Health Foundation, the Robert Wood Johnson Foundation, the US Department of Education, the US Health Resources and Services Administration, and the Pew Health Professions Commission. She served as an Examiner for the Malcolm Baldrige National Quality Award program, and is a Senior Consultant with Community-Campus Partnerships for Health. Dr. Gelmon is an alumna of the Pew Health Policy Program, and holds a doctorate in health policy from the University of Michigan, a master's degree in health administration from the University of Toronto, and undergraduate degrees in physiotherapy from the Universities of Toronto and Saskatchewan. She is a Fellow of the American College of Healthcare Executives.



Dr. Christina Baumann, MD, MPH joins PHPM as an Instructor. She is a clinical epidemiologist at the OHSU Center for Evidence-based Policy, working on their Medicaid Evidence-based Decisions Project (MED). She is also a clinician at Central City Concern's Old Town Clinic and doing contract work for the Multnomah County Health Department. Some of her professional interest areas are practice and policy interventions for prescription drug abuse, HIV screening, and improving primary care. She completed residencies in Internal Medicine and Preventive Medicine at OHSU, received a master of public health degree in health management and policy from PSU, and earned a medical degree from the University of Michigan Medical School. Outside of work she enjoys being a typical Portlander: getting outside for some trail running and hiking around the state, cooking up local goodies, drinking local brews, dabbling with various art media, and enjoying the music scene.

PHPM Faculty and Staff News (continued)

Melissa Gatchell has joined the PHPM faculty as an Instructor in Health Services Research, having recently obtained her PhD in Health Services Research from the University of California, Los Angeles' School of Public Health. Dr. Gatchell's interests are in the areas of economic and racial/ethnic disparities in access to health care services, mainly cancer prevention. Her dissertation used data from the largest state-based health survey in the country, along with originally collected data on community based clinics, to understand more about the disparity in cervical cancer screening rates across poverty level among women in California. She is looking forward to working closely with PHPM colleagues to continue work on issues of health disparities and cancer screening here in Oregon. Away from the office, Melissa enjoys spending time with her husband and three energetic boys, long-distance running, and traveling. Instructor

Rachel Dresbeck, PhD, is Director of Research Development & Communication at OHSU and joins the PHPM faculty as an Assistant Professor. She has been working with faculty at OHSU since 1999, when she began teaching the Vollum science writing class, which she still teaches four times a year. In 2004, she and a colleague established the Office of Research Funding & Development Services, within the office of the Vice President for Research. Research Funding & Development Services provides advice, consultation, and training for researchers in every aspect of grantsmanship, as well as active mentoring for researchers who are writing grants. Dr. Dresbeck works closely with Research Development & Administration, the Schools of Medicine, Dentistry, and Nursing, and the independent research centers and institutes, as well as providing strategic advice to research leadership. Her office is also the key communication hub for information related to grants, funding, research policy, and other key tools for OHSU researchers, including the OHSU Research News blog. She writes general interest books about Oregon and is working on a guide to scientific writing.

Elizabeth Hawkins, PhD, MPH joins us as an Affiliate Assistant Professor. Elizabeth has a PhD in child clinical psychology and a MPH in Health Services, both from the University of Washington. She completed her graduate training at the Addictive Behaviors Research Center under the mentorship of Alan Marlatt. She has worked with urban and tribal American Indian/Alaska Native communities for over 15 years on issues related to behavioral health. Past research projects include examining the role that cultural and social factors play in substance misuse among urban AI/AN adolescents and working with a community-based participatory research team to develop a culturally relevant and science-based prevention/early intervention program for AI/AN youth. Elizabeth is currently the Principal Investigator of the NIDA-funded Monitoring the Abuse of Drugs project at the Northwest Portland Area Indian Health Board. She is also actively involved as a consultant in behavioral health policy planning, clinical program development, and evaluation at the tribal level and maintains a small private practice.



Lisa Marriott, PhD has been appointed Assistant Professor, with PHPM being her primary home in the SoM. Lisa is associate director of the Let's Get Healthy! program based out of CROET. She is a Neuroscience Ph.D. with postdoctoral work in science education. She is co-PI of a Science Education Partnership Award (SEPA) that will help students better understand their health through data visualization. This SEPA is one of the 31 grants Lisa has helped write in the past three years. 16 have her as Co-I or greater and 6 as co-PI. 21 of those grants have been funded. She is looking for a faculty appointment in PHPM where she can help to mentor students and provide many project opportunities for them – either through using the Let's Get Healthy! data or by generating new science education materials for use in communities or schools.

Valerie King, MD, MPH is a joint Associate Professor, with her primary appointment in the Department of Family Medicine. She has been the Director of the joint Family Medicine/Preventive Medicine track for five years, as well as the Associate Residency Director for Preventive Medicine residency; and the Director of Research for the Center for Evidence-Based Policy at OHSU School of Medicine. Val has been a large part of the glue that holds the residency program together and we are pleased to officially add her as faculty.

PHPM Faculty and Staff News (continued)

Miguel Marino, PhD, has joined the Biostatistic faculty as a joint Assistant Professor. Miguel is a biostatistician in Family Medicine with a PhD in Biostatistics. His dissertation focused on large-scale community-based studies and longitudinal studies. His main responsibilities in Family Medicine include working on his own research, helping write grants, and analyzing projects. Miguel has been a teaching assistant for over 12 biostat course and has been the instructor of two intro and interdisciplinary biostat courses.

Departures

In mid-February, Greg Lee left his position as director of the OMPH with this final note: I want to convey my appreciation to all of you for the shared work in strengthening the Oregon MPH over the past 4 ½ years. It has been an honor to be part of your efforts. Knowing and assisting students as they progress through their graduate education has been a particularly rewarding aspect of my role. I have great pride in the caliber of the OMPH graduates and am gratified to see them move into jobs requiring a range of expertise, knowledge, and public health passions. I am confident in the leadership they will provide in the future, and commend all of you for your contributions to their preparation to make a difference in the field. Warm Regards, Greg.

Events:

Jackie Shannon and **Lisa Marriott** completed Let's Get Healthy! events in Astoria, Bend, and Portland this winter. Events are upcoming in Warrenton (in collaboration with **Janne Boone-Heinonen** and **Traci Rieckmann**), Portland (for underserved in collaboration with the Oregon Medical Association), and Salem (OHSU day at the capitol). There are also three student events coming to OHSU. Let's Get Healthy! thanks Sarah Andrea for her help!

UPCOMING EVENTS:

Public Health Seminar Series

Presenter: Tamara Rubin, Executive Director, Lead Safe American Foundation

Date: Friday, April 5, 2013

Time: 12:00-1:00 PM, refreshments served at 11:30 AM

Location: OHSU, SoN 107

Sponsored by the Oregon MPH Program and the Center for Healthy Communities, a CDC-funded Prevention Research Center at OHSU.

NATIONAL PUBLIC HEALTH WEEK

If you were asked to write down a definition of public health, what would you write?

One textbook definition is that public health "consists of that set of activities that society embraces and supports that will raise the health of a population to the highest possible level."

Every April since 1995, communities nationwide have joined together to celebrate National Public Health Week (NPHW). And while each NPHW has a different theme and is observed with different events, there are always two common threads: public health and prevention. It is, in short, a celebration of raising the nation's health to the highest possible level.

NPHW 2013 is April 1-7 and this year's theme is "Public Health is ROI: Save Lives, Save Money." Much like the business world, ROI indicates the *return on investments*. Supporting evidence-based public health programs will result in healthier communities and reduced cost in treating diseases.

PHPM Faculty and Staff News (continued)

So, what is Public Health?

According to William Lambert, Ph.D., an associate professor, head of the Division of Epidemiology, and Director of Education with Public Health and Preventive Medicine (PHPM) at OHSU, "Public Health is a combination of the sciences, skills, and beliefs to maintain and improve the health of all people through collective and social actions. Public health can refer to social institutions, a discipline, and a practice."

Tom Becker, MD, PhD, professor and chair of PHPM, said, "You are surrounded every day by a large and mostly hidden army of public health practitioners who are watching over your health: keeping water supplies safe, monitoring our restaurants and food supplies, quickly evaluating epidemics that threaten our individual and population health. Public health officials are primarily funded by local, state, or federal governments – by you, the taxpayers. That represents a societal investment that we elect to make. And we have greatly benefitted from some of the investments in public health over the past 100 years, including:

- Widespread vaccine coverage
- Safer workplaces
- Motor vehicle safety
- Healthier mothers and babies
- Safer and healthier foods
- Decline in deaths from cardiovascular diseases

Who knows what other diseases are in our future that public health efforts will help to address and eliminate? None of us could have easily predicted the HIV epidemic, or e coli tainted beef, or anthrax attacks, yet public health officials rapidly came into the picture and helped put interventions into place to address these threats. Public health officials are also addressing other types of epidemics that we did not predict, like obesity, type two diabetes, substance abuse...the list goes on and on."

But public health isn't just research and large-scale initiatives. There are many places in your everyday life where you can observe public health in action, such as when you wash your hands, cough into your shoulder, wear a bike helmet, apply sunscreen, get immunizations, exercise, or go to annual wellness exams. You can see it in the world around you, too; look around. In your community you can see community gardens, no smoking signs, needle exchange programs, county health departments, and local restaurants – which are subject to rigorous health inspections. You see public health in the news. In Portland, for example, we hear regular discussion about water fluoridation, the public health benefit of paid sick leave for workers, taxing cigarettes, and so much more. National and global public health is easy to spot as well – such as government organizations (e.g. Center for Disease Control and Prevention and the US Department of Health and Human Services) and voluntary organizations (e.g. Red Cross, Mercy Corps, Doctors Without Borders, American Cancer Society, and Planned Parenthood).

OHSU and PHPM are champions of public health initiatives, research, and education. From free flu shots for employees, to Let's Get Healthy!, to the Oregon Master of Public Health program, a collaborative training program shared by OHSU, Portland State, and Oregon State University. The OMPH trains students to conduct research and interventions to improve the health of large groups of people. So far, the OMPH program has graduated almost 1300 students since its inception in 1994, thereby substantially increasing the public health workforce in this region.

"At the OHSU School of Medicine, public health research and training activities are strongly supported by our administrators," said Dr. Becker. "They recognize that public health research and teaching are critical to the advancement of our societal well being. We are aware, however, that public health efforts to combat diseases often occur with key insights and collaboration from laboratory scientists, clinicians, biostatisticians, informatics experts, and others who make substantial scientific contributions to various problems. Making advancements in public health—like in other areas of biomedical research—is often a team sport. We all have a role in supporting a strong public health system and in putting

PHPM Faculty and Staff News (continued)

prevention to work in our lives."

In short, thank you for being a part of the system that makes the public healthy. And thanks for celebrating National Public Health Week with us!

Learn. Do. Be. **You** are public health.

PHPM is co-sponsoring the following NPHW-related events:

April 3: Escape Fire: The Fight to Rescue American Healthcare, CNN's Visionary Documentary on Health Care Reform

7:00 - 8:45 pm Film screening

8:45 - 9:15 pm Audience discussion

OHSU Auditorium, Portland

Co-sponsored by the Coalition of Local Health Officials, the Oregon Public Health Association, the Oregon Health Authority, the Oregon Public Health Institute, and the American Public Health Association

April 4: An Evening with Michael Moss, Pulitzer Prize-winning journalist and author of *Salt, Sugar, Fat: How the Food Giants Hooked Us*

6:00 - 7:30 p.m. Michael Moss presents

7:30 - 8:30 p.m. Reception and book signing

OHSU Auditorium, Portland

Co-sponsored by the Coalition of Local Health Officials, the Oregon Public Health Association, the Oregon Health Authority, the Oregon Public Health Institute, and the American Public Health Association

Saturday April 6th and Sunday April 7th, 2013, Let's Get Healthy!

Warrenton Grade School, 820 S.W. Cedar Warrenton, OR 97146

8:30 am – 4:00 pm each day

Open to the public: Free health assessments on sleep, sun safety and short-term memory. For women who are interested in participating in a research study, additional assessments on diet, body composition, cholesterol & glucose and blood pressure will be provided.

The **Oregon Public Health Association (OPHA)** will be hosting the following events. Save the dates and get involved!

April 1: Capitol Visit Day in Salem:

Oregon public health displays in the Oregon State Capitol Galleria

April 2: Walk Around the Capitol

12 noon – 12:45pm I love ME (Moving & Eating) Marion County Walk highlighting diabetes & obesity prevention: Walk begins on the Oregon State Capitol Steps

April 5: Oregon Master of Public Health program poster symposium

11:00am-1:00pm, Rooms 1B & 1D: Portland State Office Building, Portland

Other Public Health Week activities:

Public health lectures and symposiums

Youth Employee Safety Coalition video contest

Youth photo contest

For details about NPHW events around Oregon, or to submit a NPHW event to the events calendar please visit the OPHA's event page: <http://www.oregonpublichealth.org/events>

PHPM Faculty and Staff News (continued)

The Global Health Center at OHSU will be sponsoring the following event:

April 5, 6 & 7, 2013: The 10th Annual Western Regional International Health Conference

Register now! Cash prizes will be awarded to the authors of the two best posters. The Global Health Center Student Interest Group students are working to present the The 10th Annual Western Regional International Health Conference. "Health is a state of complete physical, mental and social wellbeing and not merely the absence of disease or infirmity."—World Health Organization.

Keynote speaker: Howard Frumkin, MD, MPH, DrPH

Howard Frumkin, MD, MPH, DrPH is Dean of University of Washington School of Public Health, Former Chair of Rollins School of Public Health at Emory, Former Director, National Center for Environmental Health and Agency for Toxic Substances and Disease Registry at CDC (2005-2010) and currently, Special Assistant to the Director for Climate Change and Health (2010-), Centers for Disease Control and Prevention.

Conference theme "Global Health in Changing Environments." Currently accepting abstracts: View conference website for details and tickets here: <http://wrihc.org/>

For a full list of National Public Health Week events, please visit our events page: <http://authoring.ohsu.edu/xd/education/schools/school-of-medicine/departments/clinical-departments/public-health/news-events/events/index.cfm>

To learn more about National Public Health Week, please visit this link: <http://www.nphw.org/>

Red Cross Blood Drive and News from Your Library

Have you ever wanted to be a hero and save lives? Now you can, through donating blood to the Red Cross at Cedar Mill Bible Church on April 7th from 2-7PM. In fact, every time you donate blood you can save up to 3 lives! Please sign up for a time slot that works best for you by going to <http://www.redcrossblood.org/> and entering a Sponsor Code of "cedarmillsbible". Cedar Mill Bible Church is located off of Cornell road at 12208 NW Cornell Rd. Portland, OR 97229. If you have any questions, please contact MPH Student Aisling Fernandez at fernanda@ohsu.edu We hope to see you there!

Change to off-campus access to OHSU Library resources

OHSU Library off-campus user authentication has changed as of January, 2013. You may now use your OHSU network username and password to access the Library's electronic resources from off-campus. No need to apply for a library barcode for off-campus access to databases or journal articles, although you will still need a library barcode for checking out books or requesting books through the Summit system (<http://summit.worldcat.org>). Please see: http://www.ohsu.edu/xd/education/library/off-campus_faq.cfm for more information.

Free ILL Pilot for OHSU Faculty/Staff in 2013

On January 2, 2013, the OHSU Library launched a pilot project to provide free interlibrary loan (ILL) requests to OHSU faculty and staff. This change is in response to user feedback, indicating that paying for ILL is often a barrier to obtaining needed materials. The pilot project will enable the library to assess the financial impact and sustainability of subsidizing requests. To request items, faculty or staff need to set up an ILL Express account. For more information, please go to: <https://illiad.ohsu.edu/illiad/ill/logon.shtml>

New Journal Subscriptions

Despite a more challenging budget year for library collections, the OHSU Library was able to add 28 new journal subscriptions for 2013. After successful negotiations resulted in price savings from several other products, the library was able to restore some funds to the journal budget. We evaluated 63 journal requests from OHSU faculty, staff, and students and were able to fulfill 77% of the requests. See <http://www.ohsu.edu/blogs/library/2012/11/26/new-journal-subscriptions/> for more information.

To keep up with OHSU Library news, check Library Notes at <http://www.ohsu.edu/blogs/library/>.

MPH Program News

Upcoming MPH Thesis Defense

The Department of Public Health and Preventive Medicine announces the following MPH Thesis Defenses:

Tessa Steel

The neighborhood context of body mass index (BMI) among Cowlitz American Indians

Monday, April 8, 2013, Seminar: 12:00 pm – 1:00 pm
School of Nursing, room 116, 3455 SW US Veterans Hospital Road, Portland, OR 97239

Questions: call 503.494.1158 or email chinn@ohsu.edu

Poster Presentation, Internship, OMPH Student Showcase, Commencement and Hooding

Poster Presentation

Stuart Cowburn presented a poster on his thesis research at the North American Primary Care Research Group (NAPCRG) annual meeting, held in New Orleans in December 2012. In recognition of his work, which examines cervical cancer preventive service utilization in a safety net population, Stuart was presented with the Dr. Barbara Starfield Award for the best completed research project by a trainee. The purpose of NAPCRG's distinguished trainee research awards is to promote and acknowledge outstanding primary care research conducted by trainees. Undergraduate students, medical students, graduate students, residents, and fellows submitting an abstract as the primary (first) author are eligible to receive a trainee award.

Intern Sought

Allison McCormick, Senior Director Cancer Center of Care, is an associate of Dr. Jackie Shannon's and is located in Bend, Oregon. Allison is seeking an intern to build a breast cancer screening program. The person will work with Cancer Center of Care's Breast Nurse Navigator, education Coordinator, and community in building a comprehensive breast screening program for under-un-insured women. The position is part-time and there is an opportunity for future funding. Please contact Allison if you're interested in this opportunity. 541-706-4860 (Office) | 541-350-1245 (Cell) | 541-318-6312 (Fax) ajmccormick@stcharleshealthcare.org, St. Charles Health System | 2500 NE Neff Road | Bend, OR 97701 | www.stcharleshealthcare.org

OMPH Poster Showcase

Do you know about the 2013 Oregon MPH Poster Showcase? Do you have a poster to submit? There is still time and we are hoping more students will participate.

The 2013 OMPH Student Poster Showcase is an opportunity for OMPH students to present their work during National Public Health Week 2013!

Date: Friday, April 5, 2013

Time: 11:00am-1:00pm

Supported by: The Oregon Health Authority and OPHA, Oregon MPH Student Reps

Special Thanks for coordinating to Tom Engle, Renee Huizinga, Nate Warren and Corey Nagel

MPH Program News (continued)

Location: Portland State Office Building (OHA), 800 NE Oregon Street, Room 1B, Portland, OR 97232

On the Friday of National Public Health week, April 5, 2013 from 11:00am-1:00pm the Oregon Health Authority will host Oregon MPH students to present posters. This showcase is a unique professional learning opportunity for students to share their research, projects, and field experiences with peers and public health colleagues. The showcase is designed to provide a low-risk venue to develop experience in many important professional skills. This is a great way to come together and show support for our students and for each other. Please plan on attending if you can! Details about the event can be found here: <http://www.oregonmph.org/content/omph-student-poster-showcase-0>

Please plan to attend, events details are below! This is a great way to network with Oregon's public health professionals, and to celebrate National Public Health Week. We look forward to seeing you on April 5th!

2013 Graduation Information

This year's hooding and commencement will take place on Monday, June 3, 2013, at 9:00 am, at the Arlene Schnitzer Concert Hall.

You can pick your cap and gown on Thursday, May 23, 10 am -2 pm in the Old Library Building, Great Hall or on Wednesday, May 22 and Thursday, May 23, 8 am - 4 pm at the West Campus in the Paul Clayton Building, Suite 405

For more commencement information and the online guide, visit this link: <http://www.ohsu.edu/xd/education/student-services/student-center/events-programs/commencement.cfm>



Preventive Medicine Residency News

Poster accepted

Hatcher P, Gelmon S, Frew P, Pensa M, Garvin R. *Teaching Improvement to Resident Physicians: Application of Theory in Clinical Settings.* Accepted at the BMJ International Forum on Quality and Safety in Health Care. 2013 April in London, England

Welcome Baby!

Please join us in welcoming Armaan Michael Berry to the world! Armaan was born to delighted parents Jessi Khangura (Preventive Medicine resident) and Eevin Berry on January 13, 2013 @ 12:33pm @ Kaiser Sunnyside. The name Armaan means "longing, desire". He weighed in at 7lbs 4 oz and is 20.25 inches in length. Armaan is the first grandchild in the Khangura family and the second grandson in the Berry family. Congratulations to the Khangura-Berry family!



Preventive Medicine Residents visit the Legislative Session in Salem

On February 15th, the Preventive Medicine Residents (pictured above) spent the day in Salem at the invitation of Representative Mitch Greenlick, PhD. A past chair of Department of Public Health and Preventive Medicine and legislator, Rep. Greenlick had a unique perspective to share regarding the role of graduates of the PHPM program in the transformation of Oregon's health care system. Joining the residents for the day in Salem was Dr. Sherril Gelmon, Division of Public Administration in the Mark O. Hatfield School of Government in the College of Urban and Public Affairs at Portland State University. After attending the meeting of the Higher Education Committee and the Healthcare Committee the resi-

Preventive Medicine Residency News (continued)

dents were able to meet with Rep. Greenlick for a candid and interactive discourse of the day's issues. Among the topics discussed were historical aspects of Oregon's healthcare transformation, the role of physicians in driving change and the testimony given in the committee hearings regarding cultural competency training, Medicaid recipient data collection and workforce training.

American College of Preventive Medicine Annual Meeting Report

Three Preventive Medicine residents (Jennifer Gilbert, Tina Oliver, and BJ Lynch) along with two residency faculty members (John Stull and Valerie King) attended the annual American College of Preventive Medicine (ACPM) Conference February 20-23, 2013 in Phoenix. The theme of this year's conference was "Population Health is Good Medicine: Improving the Health of People from the Clinic to the Community." The presentations in plenary sessions and small breakouts were stimulating and thought-provoking, particularly regarding the role of preventive medicine professionals in the changing practice of medicine envisioned in health care reform. In addition, there were lots of opportunities for networking. In particular, Jennifer and Tina promoted our OHSU residency by staffing a booth at the conference's Residency Fair.

Basic Disaster Life Support Training was a Success!

On January 11, 2013 the Preventive Medicine Residency Program hosted a campus wide all-day Basic Disaster Life Support Training led by SERV-OR in the BICC Gallery. SERV-OR stands for State Emergency Registry of Volunteers in Oregon. The main objective was to increase our emergency management and disaster response capacity. The training was well attended by the PHPM residents, as well as faculty & staff from PHPM and other departments on campus. This is particularly important as disaster readiness is a required element of preventive medicine training. Thanks to a SERV-OR grant we were able to offer this training to all attendees free of charge. We hope to do this again in a couple of years!

Save the Date – April 25th Preventive Medicine Health Policy Symposium

Patient-Centered Primary Care Homes: Understanding the Model

Thursday, April 25, 2013, 8:30am – 2pm, PSOB Conference Room 1A

In pursuit of the Triple Aim, Oregon policymakers and practices are undertaking a transformation of the health care delivery system with investments in primary care, team-based care, and improved coordination of care for patients with higher than average utilization. The Patient-Centered Primary Care Home is central to this transformation.

In this symposium we will:

- outline the key components of the Oregon vision of the "medical home" model
- highlight perspectives of the model from payers, community partners, and coordinated care organizations
- review the early experience of the implementation and spread of this model in Oregon

This symposium offers participants an opportunity to enhance their understanding of these innovations in Oregon's current policy environment and their implications nationwide.

Space is limited to 50 people so pre-registration is required no later than April 18th. To register for this event go to: www.ohsu.edu/public-health/policysymposia or contact Hillary Regan at reganh@ohsu.edu or 503.494.2551. **SPACE IS LIMITED – PRE-REGISTRATION IS REQUIRED.** There is no fee to attend. You are welcome to bring your own lunch, purchase food at the in-house Café, or send Hillary payment and she will order one for you from Elephants Delicatessen.
