

PHPM The Liaison

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Grants

New applications:

Traci Rieckmann, “Northwest Frontier Addiction Technology Research Center,” SAMHSA-NIDA, *Renewal*.

Bill Lambert, “We R Healthy Native Women: Reducing Infant Mortality in Urban American Indians,” NIMHD (R24)

Kim Hoffman, “Building Organizational Capacity to Improve Services for Co-occurring Disorders,” NIDA (R01), *Subcontract through Univ. of Wisconsin*.

Janne Boone-Heinonen, “Astoria Women’s Heart Health Initiative: Family influences on women’s health,” OHSU Center for Women’s Health: Circle of Giving

Janne Boone-Heinonen, “Life course impacts on obesity and health disparities: integration of perinatal health,” NIMHD/OWH: Building Research Careers in Women’s Health (BIRCWH)

Tom Becker, “Portland Health Equity Workforce Alliance,” Urban Universities for HEALTH (Health Equity through Alignment, Leadership and Transformation of the Health Workforce), *Subcontract through Portland State Univ.*

Please notify Mark Derby at 4-0181 or by email at derbym@ohsu.edu if you intend to apply for a grant.



Public Health and Preventive Medicine

Faculty and Staff—NEWS

Publications:

Emeritus Professor and former chair of PHPM, **Mitch Greenlick**, is delighted to announce that his most recent book has been published and is currently available in both paper (\$16.95) and for Kindle (\$2.99) at Amazon.com and other booksellers. The book is titled *Managing Research: The Cat-Herd's Toolkit*. His name as author is listed as Merwyn “Mitch” Greenlick. Below you will find material from the back cover describing the book.

Mitch Greenlick has produced a book that is as unusual as it is stimulating. The Cat-Herd's Toolkit is both an e-mail epistolary novel and a discourse on managing professionals in complex organizations. Each chapter of the novel serves as case material for the discursive material that follows. Taken together, they provide the research manager with explicit instructions on how to develop and manage a research culture that will lead to organizational success.

The Department of Public Health and Preventive Medicine Faculty and Staff NEWS (continued)

Greenlick has spent decades as a successful health services researcher and research manager. He brings to this tale insights from his life experience, his leadership perspectives, some management stories, and a good deal of wisdom accumulated over a 50-year career.

In 1964 Greenlick became the founding director of the Kaiser Permanente Center for Health Research in Portland, Oregon. He served in that role for more than 30 years and in 1980 became vice-president (Research) of Kaiser Foundation Hospitals. During that time he created the Training Institute for Research Management and its Advanced Management Training program. He has also served as professor and chair of Public Health and Preventive Medicine in the School of Medicine at the Oregon Health & Sciences University. For the past 10 years he has been a member of the Oregon House of Representatives.

Welcome

Katrina Ramsey, MPH, started with PHPM in July as a Staff Biostatistician. Originally from Ann Arbor, Michigan, Katrina Ramsey studied English and German before teaching in Poland, where she met the Oregon native she later married. Casting about for interesting employment, she discovered that everyone who had tried to help by steering her away from statistics in college had been dead wrong. She completed her MPH in epidemiology and biostatistics at OHSU in 2007. Since then, Katrina has been working at the Northwest Portland Area Indian Health Board on community health assessments, research projects, and diabetes surveillance in electronic health records. She is thrilled to be back in PHPM in her new role.



Research Assistant **Professor Xinbo Zhang** welcomed daughter Rachel on May 25, 2012. Congratulations to Dr. Zhang and his family!

Institute on Development & Disability News

Oregon Office on Disability & Health (OODH) -- \$900,000 over 3 years – PI: Dr. Elena Andresen

OODH has been continuously funded since 1994. We are a collaborative effort between OHSU and the Oregon Health Authority, Public Health Division. During the next three years, the goals of the OODH are to promote and maximize health, prevent chronic disease, improve emergency preparedness, and increase the quality of life among people with disabilities in Oregon. Our work will continue to benefit from the important contributions and advice of Oregonians with disability across the age spectrum, their families, and providers of social and health programs and services. In addition, the activities and our evaluation of our progress will be based on Oregon data, so we will generate policies and programs which are responsive to people with disability in our State. With our partners, we will provide disability perspectives and data to contribute to Oregon policy and programs. Based on Oregon data, these activities will target some 900,000 Oregonians with disabilities across all ages.

University Center for Excellence in Developmental Disabilities (UCEDD) -- \$2,770,000 over 5 years – PI: Dr. Donald Lollar

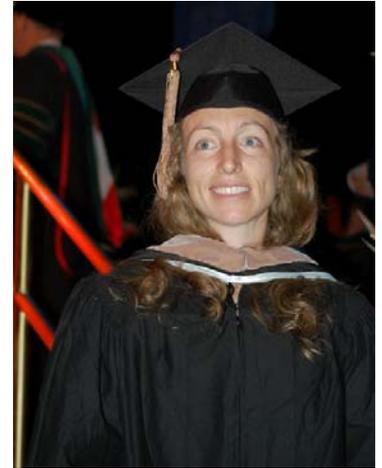
The UCEDD in the School of Medicine at OHSU proposes a five year plan to address local, state, and national needs primarily in the areas of Health and Well-being and community supports. We focus specifically on Transition/Self-Advocacy, Family and Sibling Support, Aging, Nutrition, Communication, Assistive Technology and Spiritual Health. To improve evaluation of services, we will be supporting the state as they work to implement the National Core Indicators (NCI), the UCEDD having committed to sponsoring the child/family module of the NCI effort. We also will also work with Latino and Native American groups to strengthen health and well-being activities in those populations through health promotion family groups. Finally, we have the unique situation of housing the UCEDD, LEND, and the Oregon public health programs for children with special health care needs and the public health program for people with disabilities within our Institute, we will partner with these federal and state-funded programs to amplify our influence in the lives of children, youth, and adults with developmental disabilities and their families.

Graduation

On Monday, June 4, 2012, OHSU celebrated its 2012 graduates with its annual Hooding and Commencement ceremony hosted at the Arlene Schnitzer Concert Hall. Among the luminaries graduating on this day was PHPM's own Department Administrator, **Anne Stemwedel**, who graduated with her Masters in Business Administration. Congratulations, Anne! In addition, **Christina Baumann, MD, MPH** graduated from the OHSU Preventive Medicine Residency Program on June 30, 2012. Congratulations Christina!

Dr. Tom Becker, Professor and Chair of PHPM, was granted the honor of presenting a speech before the graduates marched across the stage. Below, please find the complete transcript of Dr. Becker's speech.

Thank you very much. I was honored when Dr. Fryer asked me to do the graduation speech from the graduate program perspective this year. She suggested at the time that I should keep my comments brief. The shortest graduation speech on record was apparently delivered by Prime Minister Winston Churchill in 1941. According to urban legend, he shuffled up to the podium, took off his top hat, stood on his toes and shouted to the audience, "Never give in." He repeated that: Never give in. After about two more sentences, he sat down. My talk will be short, but maybe not quite that short.



Anne Stemwedel

I have been involved with research related to public health and with teaching in the Oregon Master of Public Health program, a training program that includes OHSU, Portland State, and Oregon State University. We train students to conduct research and interventions to improve the health of large groups of people. So far, we have graduated almost 1300 students since the program started in 1994, including some of the students who are about to walk across the stage. We have substantially increased the public health workforce in this region. While we faculty take pride in the program's accomplishments, we realize that not everyone knows what the field of public health really is. So, if I interrupted my own talk and said, "Ok, everyone take out a pen and piece of paper and write down a definition of public health," what would you write? Most of us could probably offer reasonable definitions for other scientific fields. But how would you define public health?

One textbook definition is that public health "consists of that set of activities that society embraces and supports that will raise the health of a population to the highest possible level." You are surrounded every day by a large and mostly hidden army of public health practitioners who are watching over your health: keeping water supplies safe, monitoring our restaurants and food supplies, quickly evaluating epidemics that threaten our individual and population health. Public health officials are primarily funded by local, state, or federal governments – by you, the taxpayers. That represents a societal investment that we elect to make. And we have greatly benefitted from some of the investments in public health over the past 100 years, including:

- Widespread vaccine coverage
- Safer workplaces
- Motor vehicle safety
- Healthier mothers and babies
- Safer and healthier foods
- Decline in deaths from cardiovascular diseases

Who knows what other diseases are in our future that public health efforts will help to address and eliminate? None of us could have easily predicted the HIV epidemic, or e coli tainted beef, or anthrax attacks, yet public health officials rapidly came into the picture and helped put interventions into place to address these threats. Public health officials are also addressing other types of epidemics that we did not predict, like obesity, type two diabetes, substance abuse...the list goes on and on.

Graduation (continued)

At the OHSU School of Medicine, public health research and training activities are strongly supported by our administrators. They recognize that public health research and teaching are critical to the advancement of our societal well being. We are aware, however, that public health efforts to combat diseases often occur with key insights and collaboration from laboratory scientists, clinicians, biostatisticians, informatics experts, and others who make substantial scientific contributions to various problems. Making advancements in public health—like in other areas of biomedical research—is often a team sport. So, this is my first bit of advice to today's graduates who are intent on embracing biomedical research careers: round up your own team! Find collaborators and partners from other disciplines to inform and broaden your own research efforts. The days of single investigator, single lab, and single grant are highly likely to come to an end. OHSU's new Collaborative Life Sciences Building going up along the waterfront is a strong statement that our university is interested in cross-pollination of ideas and of investigators—moving science and human health ahead through teams of diversely-trained investigators. So, if you are a laboratory-based science graduate, you may want to quickly establish a professional relationship with a population-based investigator and other scientists outside of your own field to help further your efforts. The converse would be recommended for population sciences graduates who set out to conduct research as part of your careers. As Dr. Hersh noted in last year's graduation address, the truly vexing problems in medicine and public health will require an interdisciplinary approach.

My second bit of advice to the budding scientists: go to scientific meetings that are outside of your field—stretch your thinking and see if you find new research ideas in so doing. My own career was most strongly influenced after I went to a pathology conference during my epidemiology fellowship at CDC—shortly after hearing an inspiring lecture by a pathologist on infectious causes of gynecological cancers, my population-based research studies soon included pathologists, virologists, and OB/GYNs, not other epidemiologists like me. These days, I go to dental health meetings, sociology conferences, and other gatherings that are outside of my own field in search of new ideas for future grants. This strategy has worked pretty well for me, and can for you, too.

The third and last bit of advice to the graduates is less specific and should be relevant to the MBA and MD graduates as well as the graduate program grads: Don't forget to enjoy your careers. It is very easy to start complaining about any number of things and lose the big picture of why you made the career choices that you have made. Career challenges these days often seem endless. However, don't forget that scientific opportunities are continuing to expand enormously, and you will have some really terrific opportunities to make contributions in your chosen fields. Enjoy the quest for discovery and aggressively take on the challenges and opportunities as they come along.

So, in summary: build interdisciplinary teams; go to meetings outside of your own field to expand your horizons; enjoy your careers...and maybe remember that bit of advice from 1941: never give in.

Congratulations to all of the graduates, Thanks for listening, and good luck as you embark upon your next step. I wish I could be around for another 50 years to see how your careers will help change the health of the public.



PHPM Birthdays

JULY

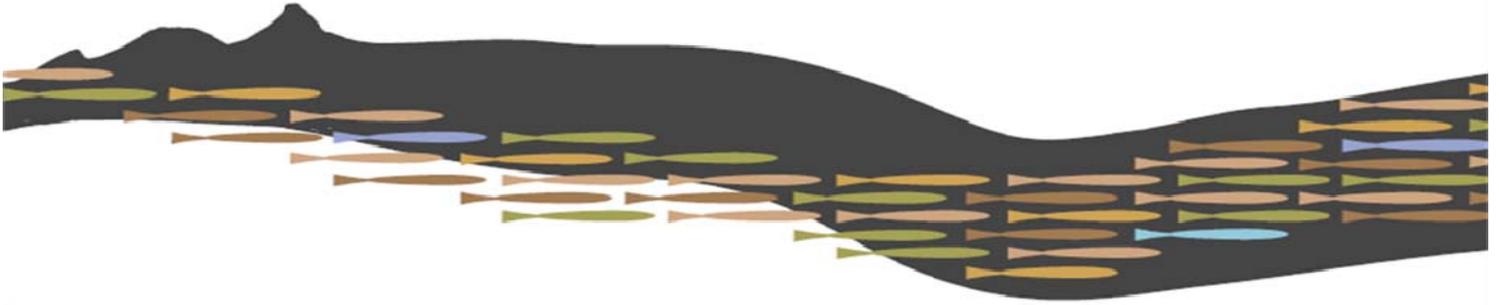
- 1 Thomas Becker—Professor and Chair
- 19 Jodi Lapidus—Professor
- 28 Seth O'Neal—Adjunct Assistant Professor
- 13 Elias Klemperer—Research Assistant II
- 11 Diane Rohlman—Adjunct Associate Professor
- 31 Kathryn Carr—Senior Research Associate



AUGUST

- 2 Anne Stemwedel—Dept. Admin/Financial Analyst
- 7 Katrina Ramsey—Staff Biostatistician
- 5 Kent Anger—Assistant Professor
- 16 Rana Leed—Senior Research Associate
- 28 Dawn Peters—Associate Professor
- 31 Shaun Ramirez—Research Assistant II

2012 Summer Research Training Institute for American Indian and Alaska Native Health Professionals, June 11-28, 2012 (by Jessica Kennedy)



It's that time of year again, where our CDC-funded Prevention Research Center, the Center for Healthy Communities, in partnership with the Northwest Portland Area Indian Health Board (NPAIHB), can celebrate another successful Summer Institute! In June, our Summer Institute hosted 90 individuals from around the country to participate in the three-week training. Most of participants (78%) were tribally affiliated and all were working on Native health issues. Course evaluations and student feedback were quite positive and plans for the upcoming year are already underway.

Thirteen classes were offered over the three-week period at NPAIHB and OHSU. Each participant was able to pick-and-choose his or her own individualized course schedule. Course instructors were diverse in their areas of expertise of Indian health and included faculty and staff from the State Health Department, Indian Health Service, Portland State University, University of New Mexico, National Indian Child Welfare Association, University of Kentucky, Native American Cancer Institute, Seattle Indian Health Board, and OHSU. This year we were also lucky to have the Honorable Elizabeth Furse co-instruct our Indian Health Policy and Emerging Issues class. The Honorable Elizabeth Furse is former House of Representatives member and champion for American Indian policy.

The Summer Institute would like to thank PHPM Faculty, staff, and volunteers for their contributions to the success of the program: **Drs. Tom Becker** (Cancer Prevention and Control), **Bill Lambert** (Questionnaire Design and Epi-Data), **Jodi Lapidus** (Data Analysis with SAS), **John Stull** (Introduction to Epidemiology; Epidemiology Methods), and **Kevin Winthrop** (Outbreak Investigation Epidemiology), as well as, Sara Caldwell-Kan, Patricia Fisher, **Jessica Kennedy**, **Katrina Ramsey**, and **Tosha Zaback**. Thank you!

Save the Dates for the next Summer Institute, June 10-28, 2013!



Jim Roberts, NPAIHB, and the Honorable Elizabeth Furse instructing Indian Health Policy and Emerging Issues



John Stull, MD, MPH instructing Epidemiology Methods



Kevin Winthrop, MD, MPH, instructing Outbreak Investigation Epidemiology

MPH Program News

Upcoming MPH Thesis Defenses

The Department of Public Health and Preventive Medicine announces the following MPH Thesis Defenses:

Deb Espesete

Patient confidence in acupuncture: returning for care and pain reduction

Wednesday, August 29, 2012, Seminar: 11:00 am—12:00 pm
Campus Services Building, room 679, 3505 SW US Veterans Hospital Road, Portland, OR 97239

Questions: call 503.494.1158 or email chinn@ohsu.edu

Concentration in Global Health Studies Sees First Graduates

The Department of Public Health and Preventive Medicine and the Global Health Center at OHSU are pleased to announce the graduation of the first two *Concentration in Global Health Studies* students. Jamie Warren, MD, MPH and Glenn Kautz, MPH were awarded a *Certificate of Achievement* to honor their accomplishments. The curriculum to which they subscribed, based within the Epidemiology and Biostatistics track of the Oregon MPH Program, is intended to provide additional training beyond a medically oriented model of public health. Included are social science electives with a global health perspective and hands-on experience through an introductory development/construction trade course of the student's choosing. Both educational entities hope this unique educational opportunity will draw the attention of additional OHSU students and prospective applicants interested in a career in global health.



Jamie Warren receiving her certificate from Jay Kravitz

Preventive Medicine Residency News

5th PMR Symposium a Great Success!

The OHSU Preventive Medicine Residency hosted its 5th HRSA-funded Policy Symposium on June 28th, 2012 at the Courtyard by Marriott at Lloyd Center. This half-day conference, entitled "Prescription Opiate Abuse & Overdose: Prevention, policy options, and community interventions" was conceived and organized by Christina Baumann with the able assistance of Patty Frew (both graduating Preventive Medicine residents) and boasted the highest attendance of any symposium to date. Featured speakers included Dr. Katrina Hedberg, State Epidemiologist from the Oregon Health Authority, Dr. Jeff Thompson, CMO for Washington State Medicaid; Dr. Jim Shames, Health Officer for Jackson County; Dr. Gary Oxman, Health Officer for Multnomah County (and PHPM faculty member); representatives from the major metropolitan health systems; and Sharon Meieran, President of the Oregon Chapter of ACEP. Each provided a perspective on the policy approaches being used locally to curtail prescription opiate misuse and to ensure appropriate prescribing practices. Participants from a broad range of professional and community organizations participated in a rich discussion of these issues from additional perspectives. The Preventive Medicine Residency receives grant funding through HRSA, and additional support from PHPM, to sponsor these symposia specifically intended highlight policy topics relevant to public health and preventive medicine. Please see our website for more information. We expect video clips from the symposium as well as speakers' slides to be posted by August 13, 2012 at: www.ohsu.edu/publichealth/policysymposia.



Preventive Medicine Residents and Faculty 11-12
(From left to right)

back row: Mellisa Pensa, MD, MPH; Matthew Dubrow, DO; Patty Frew, MD; Christina Baumann, MD, MPH; Hillary Regan, Residency Coordinator; front row: Paul Lewis, MD; John Stull, MD, MPH, Program Director; Sherril Gelmon, DrPH, MHSc, Faculty; Valerie King, MD, MPH, Joint Track Director; Jennifer Gilbert, MD, MPH

and additional support from PHPM, to sponsor these symposia specifically intended highlight policy topics relevant to public health and preventive medicine. Please see our website for more information. We expect video clips from the symposium as well as speakers' slides to be posted by August 13, 2012 at: www.ohsu.edu/publichealth/policysymposia.