Mental Health Care Guide
For Primary Care Clinicians
Version 1.0 Summer 2014
By: Keith Cheng, M.D., OPAL-K Medical Director

OPAL-K
Oregon Psychiatric Access Line about Kids
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The vision of OPAL-K is to expand the availability of high quality mental health treatment to children in Oregon through the support of the “medical home.” We will achieve this goal by offering primary care clinicians:

• Timely psychiatric consultation
• Clinical education
• Primary care treatment algorithms
• Connections with private and public community mental health professionals

The OPAL-K program offers:

• Same day phone consultation for psychiatric questions, weekdays from 9 a.m. to 5 p.m. (excluding major holidays)
• Evidence-based practice data support to primary care clinicians in need of psychiatric treatment information
• Practical advice to clinicians providing mental health care in the medical home of Coordinated Care Organizations (CCOs)

OPAL-K is not a program that focuses only on medication issues and is not a substitute for:

• Emergency room assessment of psychiatric emergencies
• Inpatient psychiatric care or referrals
• Community mental health clinic programs providing specialty care to special needs youth

For information or to sign up, email opalk@ohsu.edu or call 503-346-1000 or 1-855-966-7255