In Partnership With Think:Kids

COLLABORATIVE PROBLEM SOLVING:
TIER 1 INTENSIVE TRAINING WORKSHOP
October 13-15, 2014
Central Medford High School
815 S. Oakdale Ave.
Board Room
Medford, Oregon 97501

“Kids do well if they can...”

The Department of Psychiatry at Oregon Health & Science University and Think:Kids are proud to offer an intensive training workshop in the Collaborative Problem Solving (CPS) approach based on the book “Treating the Explosive Child” (Ablon, Greene). Presented by Think:Kids certified professional trainers, Erik J. Kola, RN and Beth Putz MA, this 2-1/2 day intensive training is intended for mental health clinicians, educators, parents, and community partners. Participants should have some introductory exposure to the model, and have interest in becoming more proficient in this innovative approach. Relationally based, CPS views challenging behavior as a learning disability of some very crucial cognitive (thinking) skills necessary to handle the demands of everyday life and not the result of a child’s willfulness or poor parenting. Through a more empathetic and accurate understanding of what is getting in a child’s way, we (parents, educators, clinicians) are better able intervene to support children through a collaborative process of teaching skills and solving problems. For more information about the CPS model visit: www.thinkkids.org.

OUTCOMES OF TRAINING
Partipants will receive in-depth training in the assessment, planning, and intervention components of the model at a level where they can begin practice in the model.

Training Objectives:
- Consideration of philosophical underpinnings of the CPS approach
- Discuss how traditional approaches to address maladaptive behavior have been ineffective for people with severe social, emotional, behavioral, and life challenges.
- Identify how the Collaborative Problem Solving Approach assesses challenges in living.
- Begin to see challenging behavior as a by-product of lagging skill vs. will.
- Begin identifying a highly specific list of problems to be solved/challenges in living.
- Identify key cognitive skills necessary for handling demands that life puts in front of us.
- Identify expectations that address the needs of the person based on an accurate CPS assessment.
- Identify the steps necessary to be effective at Collaborative Problem Solving and what goals the CPS process accomplishes
- Identify where cognitive skills are taught in the Plan B (Collaborative Problem Solving) process.
- Completion of this training is a pre-requisite for Tier 2 training

PRESENTERS/CERTIFIED PROFESSIONAL TRAINERS

Erik J Kola, RN QMHP
Erik Kola is Training Coordinator for Oregon and the Northwest region at Think:Kids. Erik has been training, consulting, and supporting Collaborative Problem Solving in Oregon for the last 6 years. He has worked in variety of settings implementing the model including: in-patient, residential, education, day treatment, and foster care.

Beth Putz, MA
Beth Putz is a Think:Kids certified trainer in Collaborative Problem Solving. Beth has a master degree in Counseling Psychology from Pacific University and has extensive experience working with children and families with significant mental health challenges in both foster care and residential settings.

SCHEDULE

Monday October 13
8:30-4:30pm

Tuesday October 14
8:30-4:30pm

Wednesday October 15
8:30-11:30am

The training is supported by the Oregon Health Authority (OHA) and is being offered at a discounted rate in an effort to increase accessibility to this innovative model. OHSU is dedicated to promoting the use of Collaborative Problem Solving and with the support of OHA will be providing additional Tier 1 trainings across the state of Oregon over the next two years.
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Pre-registration is required. Enrollment is limited, so please register early.
Participants will receive an email notification of their confirmed registration.
All registrations must be emailed to Elisa Ross (rosse@ohsu.edu) by September 31, 2014.
Registration for families and state supported service providers will be prioritized.

Individual Registration: $50/person
Please submit one registration form for each participant.
(Please print clearly.)

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☐ I would like to receive alerts and notifications about upcoming trainings and events in Collaborative Problem Solving.

Payment Information: If your registration is confirmed, please make checks payable to OHSU Department of Psychiatry. In Memo section write CPS. Payment will be required to participate. Please mail payment to CPS 3633 35th Place, Portland, OR 97202 or payment will be collected on-site on the first day of training. At this time checks are the preferred payment option. If you are unable to pay by check please contact Elisa Ross at rosse@ohsu.edu call (503) 346-1490.

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