The Department of Psychiatry at Oregon Health & Science University and Think:Kids are proud to offer an intensive training workshop in the Collaborative Problem Solving (CPS) approach based on the book “Treating the Explosive Child” (Ablon, Greene). Presented by Think:Kids certified professional trainers, Erik J. Kola, RN and Beth Putz MA, this 2-1/2 day intensive training is intended for mental health clinicians, educators, parents, and community partners. Participants should have some introductory exposure to the model, and have interest in becoming more proficient in this innovative approach. Relationally based, CPS views challenging behavior as a learning disability of some very crucial cognitive (thinking) skills necessary to handle the demands of everyday life and not the result of a child’s willfulness or poor parenting. Through a more empathetic and accurate understanding of what is getting in a child’s way, we (parents, educators, clinicians) are better able to intervene to support children through a collaborative process of teaching skills and solving problems. For more information about the CPS model visit: www.thinkkids.org.

OUTCOMES OF TRAINING

Partipants will receive in-depth training in the assessment, planning, and intervention components of the model at a level where they can begin practice in the model.

Training Objectives:

- Consideration of philosophical underpinnings of the CPS approach
- Discuss how traditional approaches to address maladaptive behavior have been ineffective for people with severe social, emotional, behavioral, and life challenges.
- Identify how the Collaborative Problem Solving Approach assesses challenges in living.
- Begin to see challenging behavior as a by-product of lagging skill vs. will.
- Begin identifying a highly specific list of problems to be solved/challenges in living.
- Identify key cognitive skills necessary for handling demands that life puts in front of us.
- Identify expectations that address the needs of the person based on an accurate CPS assessment.
- Identify the steps necessary to be effective at Collaborative Problem Solving and what goals the CPS process accomplishes.
- Identify where cognitive skills are taught in the Plan B (Collaborative Problem Solving) process.
- Completion of this training is a pre-requisite for Tier 2 training.

PRESENTERS/CERTIFIED PROFESSIONAL TRAINERS

Erik J Kola, RN QMHP
Erik Kola is Training Coordinator for Oregon and the Northwest region at Think:Kids. Erik has been training, consulting, and supporting Collaborative Problem Solving in Oregon for the last 6 years. He has worked in variety of settings implementing the model including: in-patient, residential, education, day treatment, and foster care.

Beth Putz, MA
Beth Putz is a Think:Kids certified trainer in Collaborative Problem Solving. Beth has a master degree in Counseling Psychology from Pacific University and has extensive experience working with children and families with significant mental health challenges in both foster care and residential settings.

SCHEDULE

Tuesday, February 2
8:30am-4:30pm

Wednesday, February 3
8:30am-4:30pm

Thursday, February 4
8:30am-12:30pm
In Partnership With Think:Kids

COLLABORATIVE PROBLEM SOLVING: TIER 1 INTENSIVE TRAINING WORKSHOP

February 2-4, 2016

Oregon Health & Sciences University (OHSU)
Mackenzie Hall
Room 1162
3181 SW Sam Jackson Park Road
Portland, OR 97239

Registration is required. Enrollment is limited, so please register early. Participants will receive an email notification of their confirmed registration. There are a limited number of scholarships available that will waive the $250 registration fee.

All registrations and scholarship applications must be emailed to cps@ohsu.edu

Registration for families and state supported service providers will be prioritized.

Individual Registration: $250/person (check only)
Please submit one registration form for each participant.
(Please print clearly.)

Name: ____________________________________________
Organization: _______________________________________
Address: ___________________________________________

Phone (work) _______________________________________
Phone (cell) _______________________________________
Email: _____________________________________________
Occupation: _________________________________________

☐ I would like to receive alerts and notifications about upcoming trainings and events in Collaborative Problem Solving.

Payment Information: You will receive an email confirmation requesting payment along with logistics of the training. Please make checks payable to OHSU Department of Psychiatry. In Memo section write CPS. Please mail payment to: CPS at OHSU, Attention: Elisa Ross, Mail Code DC7P, 3181 SW Sam Jackson Park Rd, Portland, OR 97239. Payment will be required to participate. Questions: please call Elisa Ross M-F 9AM-4PM 503-346-1490