

Oregon Health & Science University
Parkinson Center

**Newly Diagnosed Group Session
Questionnaire**

Please complete the following questionnaire & submit prior to your workshop so we can customize it to your questions and concerns.

If you have not RSVPed, please do so on our website: <http://tinyurl.com/NewParkinson>

Return the completed questionnaire either by fax: 503.494.9059, or by email:

pco@ohsu.edu. Or, you can mail it to:

OHSU Parkinson Center, OP32
3181 SW Sam Jackson Park Rd
Portland, OR 97239

Today's Date ____ / ____ / ____

Date: _____

Name: _____

Age at diagnosis: _____

PATIENT Name _____ Gender: M F

Date of Birth ____ / ____ / ____

Address _____

Home # _____

Work # _____

E-mail _____

Living arrangement: Alone With family Other

Marital status: Single Married Divorced Widowed Significant Other

Name of physician managing your Parkinson's Care _____

Spouse/Significant Other Name _____

Address _____

Home # _____

Work # _____

E-mail _____

Relationship to patient _____

Will you be attending the session? _____

CURRENT MEDICATIONS

	<i>Drug Name</i>	<i>Strength (mg)</i>	<i>Dosage (# of pills)</i>	<i>Frequency (times/day)</i>
1.	_____	_____	_____	_____
2.	_____	_____	_____	_____
3.	_____	_____	_____	_____
4.	_____	_____	_____	_____

Please write a brief history about the events that led to your diagnosis of Parkinson's disease. Also a list of other medical problems you have.

_____ Date Diagnosed ____ / ____ / ____

1. Did you suspect that you had Parkinson's disease?

2. Did you know what Parkinson's disease was?

3. Can you describe your initial emotional reaction when you were actually told that you had Parkinson's disease?

4. What was the situation and who spoke to you? Describe how you were given the diagnosis.

5. Were you offered medication? What kind of medication?

6. What kind of written information was given to you? Were these materials helpful and appropriate?

7. Describe what you found to be most helpful at the time of diagnosis.

8. Who did you talk to that was most helpful?

9. What do you think would be most helpful and supportive for a person who is first diagnosed?

10. Have you attended a support group or educational seminar on Parkinson's disease? Did you consider that a positive and helpful experience?

11. Any other suggestions for clinicians about how to deliver the diagnosis and the care you receive in the following year?

In an effort to facilitate discussion during our group, please describe your concerns for those areas that apply to you. Spouses encouraged to list their concerns as well.

- * Anxiety
- * Exercise
- * Intimacy/Sexuality
- * Medical Care Team
- * Medication Options
- * Mood Changes
- * Nutrition
- * Parenting
- * Prognosis – What to expect in the future
- * Research Opportunities
- * Sleep Disturbance
- * Surgical Options for PD
- * Workplace Issues
- * What is Parkinson's
- * Support Network