

## Kuehl publications

### PUBLICATIONS:

1. Malinow MR, **Kuehl KS**, McGarry D. Is exercise testing indicated for asymptomatic active people? *J Car Rehab*, 1984; 10:24.
2. **Kuehl KS**. Vegetarianism and muscle strength. *Running and Fitness Journal*. Amer Run Fit Assoc, 1985; 11:31.
3. **Kuehl KS**, Healey P, Peterson D, Grebner F. The effects of acute dietary change on muscular strength in females. *Natl Stren Cond J*, 1985; 9:10-13.
4. **Kuehl KS**, Goldberg L, Elliot DL, Skinner R, Allen D. A comparison of the responses of two different exercise modes. *Med Sci Sports Exer*, 1986; 18:236. (Abstract)
5. Goldberg L, Elliot DL, **Kuehl KS**, Skinner R, Allen D. A comparison of cardiovascular responses between running and weight training. *Med Sci Sports Exer*, 1986; 18:245. (Abstract)
6. Elliot DL, Goldberg L, **Kuehl KS**, Bennett WM. Sustained decrement in resting metabolic rate following weight loss. *Clin Res*, 1987; 35:365A. (Abstract)
7. **Kuehl KS**, Elliot DL, Goldberg L, Morton L. Validation of predicted training guidelines using ventilatory threshold. *Med Sci Sports Exer*, 1987; 19:514. (Abstract)
8. Elliot DL, **Kuehl KS**, Goldberg L, Heyden K. Thermic effect of exercise: Relationship to training duration. *Med Sci Sports Exer*, 1987; 19:568. (Abstract)
9. Elliot DL, Goldberg L, **Kuehl KS**, Catlin D. Characteristics of anabolic androgenic-steroid free competitive male and female body builders. *Physician Sports Med*, 1987; 15:169-79.
10. Leaf DA, **Kuehl KS**. Prolonged subanaerobic exercise on hypertriglyceridemics: Effects on substrate utilization, lipids and lipoproteins. *Ann Sports Med*, 1988; 3:242-246.
11. Goldberg L, Elliot DL, **Kuehl KS**. Lipoprotein changes after weight training. *Med Sci Sports Exer*, 1988; 20:418-419. (Letter)
12. Goldberg L, Elliot DL, **Kuehl KS**. Cardiovascular changes at rest and during mixed static and dynamic exercise after weight training. *J Appl Sport Sci Res*, 1988; 2:42-45.
13. Goldberg L, Elliot DL, **Kuehl KS**. Assessment of exercise intensity formulae by use of ventilatory threshold. *Chest*, 1988; 94:95-98.
14. Elliot DL, Goldberg L, **Kuehl KS**. Does aerobic conditioning cause a sustained increase in the metabolic rate? *Amer J Med Sci*, 1988; 296:249-251.
15. Elliot DL, Goldberg L, **Kuehl KS**, Gabiola M, Hanna C. Does resting metabolic rate differentiate lean and obese siblings? *Clin Res*, 1988; 36:355.

16. **Kuehl KS**, Elliot DL, Goldberg L, Frame D. Training mode affects post-exercise thermogenesis. *Med Sci Sports Ex*, 1988; 20:2:501. (Abstract)
17. Elliot DL, Goldberg L, **Kuehl KS**, Buist N, Kenneway, N. Exertional fatigue in an adult man. *Med Sci Sports Ex*, 1988; 20:2:553.
18. Elliot DL, Goldberg L, **Kuehl KS**, Hanna C. Metabolic evaluation of obese and non-obese siblings. *J of Pediat*, 1989; 6:957-962.
19. Goldberg L, Elliot DL, **Kuehl KS**, Loprinzi M, Hefty D. Comparison of labetalol and verapamil at rest and during maximal exercise among hypertensives. *Med Sci Sports Exer*, 1989; 21:330. (Abstract)
20. **Kuehl KS**, Hefty D, Goldberg L, Elliot DL. Myocardial oxygen demand: Dynamic vs. mixed exercise. *Med Sci Sports Exer*, 1989; 21:186. (Abstract)
21. Elliot DL, Buist NRM, Goldberg L, Kenneway N, Powell B, **Kuehl KS**. Metabolic myopathies: Evaluation by graded exercise testing. *Medicine*, 1989; 68:163-172.
22. Elliot DL, Goldberg L, **Kuehl KS**. The sustained decrement in resting metabolic rate following weight loss. *Am J Clin Nut*, 1989; 49:93-96.
23. Goldberg L, Elliot DL, Loprinzi M, **Kuehl KS**. A comparison of labetalol vs atenolol on exercise training of sedentary hypertensives. *Med Sci Sports Exer*, 1990; 22:S26. (Abstract)
24. Morrow TA, Goldberg L, Elliot DL, Loprinzi MJ, **Kuehl KS**. Aerobic training and hypertensives: Does atenolol inhibit or conceal the conditioning effect? *Med Sci Sports Exer*, 1990; 22:S26. (Abstract)
25. **Kuehl KS**, Elliot DL, Goldberg L, Frame D. Predicting caloric expenditure during multistation resistance exercise. *J App Sports Sci Res*, 1990; 9:1-6.
26. Elliot DL, **Kuehl KS**, Goldberg L. Effect of resistance training on excess post-exercise oxygen consumption. *J App Sports Sci Res*, 1992; 6:77-81.
27. Goldberg L, Elliot DL, **Kuehl KS**. Comparisons of the cardiovascular effects of running and weight training. *J of Strength and Conditioning Res*, 1994; 8(4):219-224.
28. **Kuehl KS**, Goldberg L. Asthma and exercise in the elderly. *Allergy and Immunology Clinics of North America* November 1997.
29. **Kuehl KS**, Goldberg L, Elliot D. Renal insufficiency after creatine supplementation in a college football athlete. *Med Sci Sports Exer*, 1998; 30(5):S235. (Abstract)
30. Stears A, Miller D, **Kuehl KS** et al. Gender differences in maximal heart rate among various fitness categories. *Med Sci Sports Exer*, 1998;30(5): S242. (Abstract)
31. **Kuehl KS**, Elliot D, Goldberg L, Dulacki K. Exertional angina and dyspnea in a powerlifter. *Med Sci Sports Exer*, 1999; 31(5):S1163. (Abstract)

32. Goldberg L, Elliot D, Moe E, **Kuehl KS**. Acceptability and potential deterrent effects of drug testing. *Med Sci Sports Exer*, 1999; 31(5):S479. (Abstract)
33. **Kuehl KS**, Goldberg L, Elliot D. Creatine supplementation and renal function. Letter to the Editor. *Med Sci Sports Exer*, 2000; 32(1):248.
34. **Kuehl KS**, Bennett W, Koehler S, Dulacki KD, Haddock B. The effects of oral creatine supplementation on renal function in adults. *Med Sci Sports Exer*, 2000; 32(5):S169. (Abstract)
35. Dulacki KD, **Kuehl KS**, Koehler S, Elliot DL, Goldberg L. Effects of creatine on body composition, strength, maximal aerobic capacity, cholesterol and gender. *Med Sci Sports Exer*, 2000; 32(5):S135. (Abstract)
36. Koehler S, **Kuehl KS**, Dulacki KD, Goldberg L. Adverse effects and mood altering effects of oral creatine supplementation. *Med Sci Sports Exer*, 2000; 32(5):S135. (Abstract)
37. Goldberg AS, Schulte M, Elliot DL, **Kuehl KS**. The excessive marketing of alcohol and tobacco advertisement in sport magazine with high youth readership. *Med Sci Sports Exer*, 2000; 32(5):S149. (Abstract)
38. Tenison M, **Kuehl KS**, Goldberg L. The effect of felodipine and atenolol on exercise conditioning, hemodynamic parameters, and lipids. *Med Sci Sport Exer*, 2000; 32(5):S190. (Abstract)
39. Goldberg AD, **Kuehl KS**, Goldberg L. Hypotension and fatigue in a high school wrestler. *Med Sci Sport Exer*, 2000; 32(5):S215. (Abstract)
40. **Kuehl KS**, Dulacki K, Carbijal L. Effects of oral creatine supplementation among ALS patients. *Med Sci Sport Exer*, 2001; 33(5):340.
41. Goldberg L, Elliot DL, **Kuehl KS**. Effect of caffeine and ephedrine ingestion on anaerobic exercise performance. (Letter) *Med Sci Sport Exer*, 2002; 34(1):181.
42. Moe EL, Elliot DL, Goldberg L, **Kuehl KS**, Stevens VJ, Breger RKR, DeFrancesco CA, Duncan TE, Ernst DB, Dulacki KN, Dolen S. Promoting Healthy Lifestyles: Alternative Models' Effect (PHLAME). *Health Education Research*, 2002; 17:586.
43. Goldberg L, Elliot DL, MacKinnon DP, **Kuehl KS**, Moe E, Nohre L, Lockwood CM. Drug Testing athletes to prevent substance abuse: background and pilot study results of the SATURN Study. *J Adol Health*, 2003; 32:1616-25.
44. Elliot DL, Goldberg L, **Kuehl KS**, Duncan TE, Moe E, Breger RK, DeFrancesco CL, Ernst DB, Stevens VJ. The PHLAME firefighter's study: feasibility and findings. *Am J Health Behavior*, 2004; 28(1):13-23.
45. **Kuehl KS**, Elliot DL, Goldberg L. Economic Impact of a Health Promotion Program on Firefighters. (Abstract) *Journal of Investigative Medicine*. 2005;53:S128.
46. **Kuehl KS**, Elliot DL, Goldberg L, Moe E, Breger R, Kraemer D. The PHLAME

Study: short-term economic impact of health promotion. Am J Health Promotion 2005;S19(6):455-6.

47. Elliot DL, **Kuehl KS**, Goldberg L., Pickering T, Breger R, Moe E, DeFrancesco CA. The PHLAME (Promoting Health Lifestyles:Alternative Models' Effects) Study: Process & Outcome of two models of behavior change. Am J Health Promotion 2005;19(6):456.
48. Eckman E, Ruoff G, **Kuehl KS**, Ralph L, Hormbrey P, Fiechtner J, Berger M. The COX-II specific inhibitor Valdecoxib versus Tramadol in acute ankle sprain: a multicenter randomized controlled trial. The American Journal of Sports Medicine. 2006;26:118.
49. Elliot DL, Goldberg L, **Kuehl KS**, Moe EL, Breger RKR, Pickering MA. The PHLAME Study: Process and Outcomes of Two Models of Behavior Change, J Occup Environ Med 2007;49:204-213.
- 50. Kuehl KS**, Bennett W, Haddock B, et al. Effects of creatine sports supplement on kidney function. Medicine and Science in Sports and Exercise. In submission.
- 51. Kuehl KS**, Elliot DL, Goldberg L. Short-Term Economic Impact of a Health Promotion Program. The PHLAME Study. American Journal of Health Promotion. In submission.