## The Centrality of Pain Scale

Please rate how strongly you agree or disagree with each of these statements about your chronic pain on your current pain regimen. Think about how your pain has affected your life over the past month.

	Strongly Disagree	Disagree	Neither Agree nor Disagree	Agree	Strongly Agree
1. Pain controls my life.	1	2	3	4	<u></u> 5
2. I am able to live a full life despite my pain.	<u></u> 5	4	3	2	<u></u> 1
3. My pain defines who I am.	1	2	3	4	<u></u> 5
4. I have control over my pain most of the time.	<u></u> 5	4	3	2	1
5. I think about pain all the time.		2	<u>3</u>	<u>4</u>	<u></u> 5
6. My pain consumes all of my energy.		2	<u>3</u>	<u>4</u>	<u></u> 5
7. My life revolves around my pain.		2	<u>3</u>	<u>4</u>	<u></u> 5
8. Pain is a constant struggle for me.	1	2	3	<u>4</u>	<u>5</u>
9. I can deal with my pain.	<u></u> 5	<u>4</u>	<u>3</u>	2	<u></u> 1
10. Pain greatly interferes with my life.		2	3	4	<u></u>

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