



NEWS

Pennington Lecture: 50 years of Ventures, Victories and Lessons Learned

Find your mighty purpose.

That was one of the challenges issued by Robert Taylor, MD, professor emeritus, during his lecture *50 Years of Ventures, Victories and Lessons Learned*. Taylor was the keynote speaker for the 17th Annual Merle Pennington, MD, Lectures in Family Medicine held Sept. 6 at the Center for Health & Healing.



“Always have a life focus that is greater than yourself,” Taylor said. “Always ask yourself what your mighty purpose is. From a professional perspective, mine is, ‘I’d like to leave the house of medicine a better place than I found it.’”

Taylor joined OHSU Family Medicine in 1978 and served as department chair from 1984-1998. He retired in 2012.

“I’m one of the elders here,” he said. “I’m probably one of the eldest people here. That makes me one of the reservoirs of oral history.”

Taylor told a series of “campfire stories” that covered both the growth of family medicine as a discipline and as a department. According to the oral history Taylor inherited from Laurel Case, MD, one of the department’s founders, the department started with two “truly inexperienced” faculty members, two residents and no patients.

“But somehow, against all odds, we survived,” Taylor said. “We’ve gone from two faculty members to 93. How did we get from there to here?”

Continued on page 6



Johnson elected to
AAFP Foundation

See Page 2

IN THIS ISSUE

Volume 11, Issue 10; September 2013

Pennington Lectures: 50 years of Ventures, Victories & Lessons Learned.....	1
Events.....	2
Johnson elected to Foundation.....	2
Metro Primary Care College Update.....	2
Primary care & behavioral care integration.....	3
JADECOM Visitors.....	3
Clinic/Staff News.....	4-5
Grant Submissions & Awards.....	6
Publications.....	7

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EVENTS

Grand Rounds, Sept. 18

Pen Barnes, MBBS, MRCP, FRCPath, PhD, OHSU Infectious Disease, will present *OPAT: what is the "right" way to do it?* at the September Grand Rounds. The video conference will be held from 7:30-8:30 a.m. Wednesday, Sept. 18, in RM 28 of Emma Jones Hall.

AIDS Walk Portland

Family Medicine staff have formed a team for the AIDS Walk Portland at 9 a.m. Sunday, Sept. 22, in Pioneer Square. A portion of the money raised supports OHSU's Partnership Project, which helps people living with HIV/AIDS. [Register to walk or to donate.](#)

SAVE THE DATE

Beer for Bikes

Beer for Bikes, the 2013 Rural Health Collaborative annual fundraiser, will be 4-7 p.m. Saturday, Oct. 5, at the Base Camp Brewing Co., 930 S.E. Oak St., Portland. RCH works to improve the health of villages in Ghana by providing training for women to be Community Health Promoters and leaders. [Purchase tickets here.](#) For information, email [Jason Kroening-Roché, MD.](mailto:Jason.Kroening-Roché@ohsu.edu)

Night for Networking

OHSU's Night for Networking IV will be held from 6-9 p.m., Tuesday, Oct. 22, at the Center for Health and Healing. Join OHSU and other sponsors and the greater Portland community in connecting business and talent through a free networking event, highlighting people with disabilities. [More info/register.](#)

ALSO Courses

The ALSO Learner Course will be Jan. 30-31, 2014. This two-day educational program will enhance cognitive and procedural skills of health care professionals to help them manage obstetrical emergencies. More information will be available closer to the event. Contact [Genevieve Hammond](mailto:Genevieve.Hammond@ohsu.edu) for registration information.

AAFP Conference:

Johnson elected to Foundation

Jessica Johnson, MD, MPH, Family Medicine at South Waterfront, was elected to a one-year term as resident trustee to the American Academy of Family Physicians Foundation Board of Trustees during National Conference of Students and Residents in August in Kansas City.

The Foundation is the philanthropic arm of the AAFP. Domestically, the Foundation sponsors free clinics, many of which are associated with residents, located around the country to increase access to care. Internationally the Foundation is helping to create a primary-care infrastructure to improve the area's overall health.

In addition, the Foundation helps fund educational activities and research focused on medical students and residents, Johnson said. For example, the Foundation funds the student scholarships to national conferences and provides resident research grants.

"I will be sitting on the board working to help further the Foundation's mission," Johnson said. "I'm especially interested in the Foundation's new Education Signature Program, which they'll be rolling that out within the next year. It's going to be something that will really help pipeline projects and further students' interest in family medicine."

There are four meetings a year in the Kansas City area, in addition to phone and email work.

"I'm really excited to take on this new role and to participate in the good work the Foundation is already doing," Johnson said. "Taking time to work on systems issues outside of daily clinical duties is a good reminder of the of the mission of family medicine."

Johnson learned about the scope and mission of the Foundation while serving on the AAFP Board of Directors during her fourth-year of medical school.

"As a medical student, I don't think you always have a good sense of who is funding the scholarships and grants, which can be really important," she said. "The Foundation's focus on medical student and resident development, and the focus on increasing access to health care, is really what attracted me to the position."

Metro Primary Care College Update

In August the Metro Primary Care College welcomed first-year students and transitioned other classes into a new year of medical school with a splinting workshop. At right, first-years **Ben Carpenter** and **Leah Savistky** learn to apply a thumb spica splint. **Chris Nelson**, MD, Gabriel Park, assisted; Gabriel Park Sports Medicine donated supplies. The Metro Primary Care College focuses on wellness, financial planning, academic careers, leadership, inter-professional relationships and service learning for those interested in primary care. For more information, contact [Tanya Page, MD.](mailto:Tanya.Page@ohsu.edu)



Focus on Research:

Primary care and behavioral care integration

By Debbie Cohen, PhD, Associate Professor; Sara Keller, MPH, MSW, Research Associate; Jennifer Hall, MPH, Research Associate; and Rose Gunn, MA, Research Associate

Integrated care means integrating behavioral health (mental health, substance use and health behavior) and physical health care in a single setting. The aim is to close the mind/body divide in health care. Integration requires comprehensive practice transformation to enable patient-centered care and collaboration among physical and behavioral providers to provide high-quality, unified care. **Deborah Cohen**, PhD and her OHSU team work on two studies related to integration.

Advancing Care Together (ACT) is a program designed to evaluate methods to integrate primary care and behavioral health care for patients. Integration of primary care, behavior change, mental health services and substance use is at the core of ACT's fundamental objectives. With the support of the Colorado Health Foundation, ACT aims to transform the delivery of health care by learning from a set of 11 demonstration projects about what it takes to create models of integrated care that succeed in real-world settings. Implementation of the innovation, evaluation and real-time learning comprise the four-year program.

The OHSU team, led by Cohen, is working with researchers at the University of Texas and University of Colorado, Denver to evaluate ACT. The ACT evaluation is using a mixed method, comparative case study design to learn how integration is achieved on the ground and to identify successful approaches to integrating care for patients. Entering the third year of study, Cohen and her team are collecting and analyzing qualitative and quantitative data for dissemination. They have an early findings paper due out in the Journal of the American Board of Family Medicine soon. For an advanced copy, email [Melinda Davis](mailto:Melinda.Davis@ohsu.edu).

Additionally, Cohen and her team are taking the lead on an Agency for Healthcare Research and Quality contract, in collaboration with Westat and the University of Colorado, Denver to study the workforce competencies that are critical to supporting integrated primary and behavioral health care. The team has visited some of the top integrated sites in the US, including Cherokee Health System in Tennessee and South Central Foundation in Alaska. For this study, the team spends several weeks gathering information and planning the site visit, then they spend three days on an intensive site visit, observing team meetings, operations, clinical care delivery and conducting in-depth interviews with a range of staff. In total, they will be visiting 10 sites: three in California, two in Maine and one practice each in Tennessee, Minnesota, Alaska, New York and Illinois. This project is a part of the AHRQ Academy for Integrating Behavioral Health and Primary Care.

There is a tremendous amount of learning that is done by watching how some of the most advanced integrated clinics organize and deliver care. Cohen and her team are about halfway through data collection and anticipate having a preliminary set of competencies identified by March and a great deal more analysis and writing to do in 2014.

For more information about ACT, visit <http://www.advancing-caretogether.org/> or <http://www.youtube.com/user/ACTstories/videos>.

For more information about The Academy, visit <http://integrationacademy.ahrq.gov/>.

For more information about the workforce competencies' work, visit <http://integrationacademy.ahrq.gov/education/Workforce>.

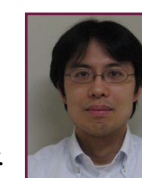
JADECOM VISITORS

Yoshinori Suzuki, MD, a JADECOM resident from Yuzawa Community Medical Center, in the Niigata Prefecture, will be visiting Family Medicine through Sept. 26. He moved to Niigata Prefecture, an area of about 8,000, two years ago when he joined the medical center, which has about 40 general sickbeds and 40 long-term care beds. The area is famous for skiing, hot springs and sake. Suzuki was born in Tokyo and is a 2008 graduate of Kyorin University School of Medicine. He has an older sister and younger brother. This is his second visit to OHSU. He visited here about seven years ago while he was a medical student.



Yoshinori Suzuki

Shuichi Yokota, MD, and his wife, Kyoko, a nurse, will be here through Sept. 14. Yokota is a 2008 graduate of Oita University Faculty of Medicine and Tokyo University of Pharmacy and Life Science Graduate School of Pharmacy. He lives in Ibigawa in the Gifu Prefecture and practices with the Ibi Community Medical Center, which is located in a rural area. In addition to seeing outpatients, he also makes house calls. Yokota enjoys meeting and working with medical students and junior residents. He is interested in medical education and wants to be a mentor or clinician-teacher.



Shuichi Yokota

NEWS @ EMMA JONES HALL

Employees of the Month: *Lauren Oujiri*, administrative assistant and *Maria Huspeck*, administrative assistant



Lauren Oujiri

Committee Appointments

Verian Wedeking, residency program administrative director, was asked to join the OHSU Physical Access Committee, which is charged with identifying barriers to access by people with disabilities at OHSU and to present findings and recommendations to administration.



Maria Huspeck

Melissa De Lyser, communications specialist, was named to the Golden Rose Committee.

The committee identifies and executes initiatives that align service and operational excellence by continuously reviewing the OHSU reward system and looking at additional ways employees could be rewarded.

NEWS @ GABRIEL PARK

Patient visits for July: 3,211 (165 under goal)

Phone Abandonment Rate: 3.43%

Employee of the Month: *Dominique Tunai*, MA



Dominique Tunai

New Employee

Nou Vang is the new PAS Specialist. She will be helping to promote health and healing by providing service excellence to patients. She earned certificates of completion in Business and Medical Administration, Computer Technology and Medical Billing from PIVOT Technical Trade School. Prior to joining Gabriel Park, she was employed at Namaste Integrative Medicine. Her hometown is Fresno, CA. She loves food and enjoys walking her dogs, Tofu and Beans, at the Waterfront.



Nou Vang

Eric Wisner, MD, is a new physician. He was born and raised in between small towns in Pennsylvania where he completed most of his education. After leaving Pennsylvania for Spokane to complete fellowship, he moved to Oregon and practiced in a small town. He and his wife, Amy Wisner, MD, (OHSU Family Medicine at South Waterfront), started a practice together in Sublimity and practiced full-scope family medicine there for five years. Wisner enjoys the comprehensiveness of family



Eric Wisner

medicine, everything from birth to death, and he cherishes the personal relationships that form between patients and family physicians. As the offspring of two public school teachers, he values education and believes that patients should know as much about their health as their provider, and he tries to eliminate any barriers that patients may encounter while navigating this complex medical environment. In his spare time, Wisner enjoys spending time with his wife and daughter. He spends time training for triathlons and has completed multiple Ironman events. He also enjoys time outside hiking, biking and fly fishing.

NEWS @ RICHMOND

Patient visits for July: 4,254 (540 over goal)

Phone Abandonment Rate: 6.94%

Employee of the Month: *Kimber Nelson*, RN

New employees

Nathan Engle, MLB, is the new behaviorist at Family Medicine at Richmond. He will receive referrals from other providers to therapeutically assist the patient. He has a master's degree in clinical psychology and is working towards his doctorate through George Fox University. In addition to his work at Richmond, Engle is part of a team of on-call clinicians who provide crisis consultation for two regional hospitals. Prior to joining Richmond, Engle worked and trained in a rural K-12 school system doing psychotherapy, assessments and consultation. His hometown is Mitchell, SD.



Kimber Nelson

Carolyn Nowosielski, FNP, is the new Family Nurse Practitioner at the Richmond Walk-In Clinic. She enjoys caring for patients in family practice and urgent care. She thinks developing a trusting and thoughtful rapport with her patients is essential to the relationship between provider and patient. Her previous experience includes family practice, women's health and the emergency department. She enjoys being with her family and friends, hiking, snowshoeing and making art. She enjoys traveling and learning new languages.



Carolyn Nowosielski

NEWS @ SCAPPOOSE

Patient visits for June: 2,335 (109 under goal)

Phone Abandonment Rate: 4.97%

Employee of the Month: *Lindsey Marquardt*, Student Scanner



Lindsey Marquardt



Family Medicine at Richmond and the *Walk-In Clinic* staff participated in the 20th Annual Division/Clinton Street Fair 2013 on July 22. Staff manned a booth promoting the services at the walk-in and held a bike helmet sale (top left). Several staff and family members, including *Sarah Jarvis*, Back Office Supervisor, walked in the parade handing out mini Frisbees (middle). *Kathleen Dodd*, MA, dressed as a germ (right).

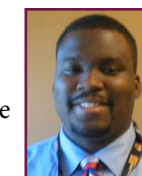
Births

Bowen Henry Nelson arrived at 6:48 a.m. July 20. He weighed in at 7 pounds, 14 ounces, and was 20.5 inches long. Proud parents are *Kymerly Nelson*, PAS, and Brandon Nelson.



New employees

Quinton Bernard Harold is the new clinic supervisor. He will assist with day-to-day clinic operations including compliance, performance and productivity supervision. He has attended Oregon State University, Linn-Benton Community College, Portland State and Scottsdale Community College. Prior to joining Scappoose, he worked at OHSU Pulmonary, Sleep Clinic, Radiology and Medical Records. His hometown is Corvallis. He enjoys spending time with his family, lifting weights, playing and watching sports, adventures, water parks, video games with his son, movies, sleeping, discovering new restaurants and BBQing.



Quinton Harold

Quality Improvement Projects

Scappoose is working on improving wait times, MyChart sign up and patient satisfaction. The MyChart clinic-wide challenge is focusing on seeing who can set the bar for the most activations in one day.

NEWS @ S. WATERFRONT

Patient visits for July: 3,891 (211 over goal)

Phone Abandonment Rate: 6.01%

Employee of the Month: *Caroline Libby*, Student Worker

New employees

Rachel Girdler is the new Medical Assistant. She will be assisting the providers and team with providing the best possible patient care. She attended Anthem College. Before joining South Waterfront, she worked at Avamere at Bethany Assisted Living and Memory Care. Her hometown is Aloha, OR. She enjoys spending time with her husband and son and being outdoors.



Rachel Girdler

Corinna Wilson is the new Medical Assistant. She will be working with providers, assisting with procedures, rooming patients and being part of the family medicine team. She attended Concorde College. Before joining South Waterfront and attending Concorde, Corinna was a stay-at-home wife and mom, homeschooling her two sons. Her hometown is Milwaukie. She enjoys photography, camping, grandchildren and riding motorcycles.



Corinna Wilson

Amy Wisner is a new physician. She grew up in a small town in rural Pennsylvania. After completing her studies and family medicine residency on the East Coast, she moved to Spokane to pursue an obstetrical fellowship. Thereafter she moved to rural Oregon and practiced full-scope family medicine, including obstetrics with Caesarean section privileges, for six years with her husband, Eric Wisner, MD, (OHSU Family Medicine at Gabriel Park). She loves promoting health and wellness, and the positive effects she sees in her patients. In her spare time, Wisner enjoys spending time with her husband and daughter. She likes to flyfish, hike and train for triathlons.



Amy Wisner

Lessons Learned, *continued from page 1*

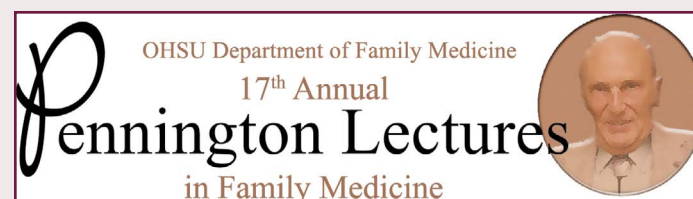
The answers, Taylor said, are as follows:

- Stable leadership. The department has had three chairs in 42 years.
- Culture of responsibility, support and collective pride.
- Transparency. The department's finances and visit totals are shared with all staff, and there is open communication.

In his role as elder statesman, Taylor quoted Isaac Newton, "If I see further it is by standing on the shoulders of giants," as he addressed the younger physicians and medical students in the audience.

"Patients will tell you stories they haven't told their mothers," he said. "They will let you look at their bodies. It's because they trust you. Not because of anything you've done, but because of those who came before you."

The respect physicians enjoy has been handed down generationally and comes with responsibilities.



"Medicine is about helping people; it's not about you," Taylor said. "It's not about you, your career or your life choices. If you want to get rich, don't be a physician. You're here to help people."

All physicians have a responsibility to mentor students and residents as they themselves were mentored.

"Teaching students and residents is a sacred trust," Taylor explained. "We have a duty to mentor those who will replace us. You own a debt to teach the next generation. ... We are here in a medical school because we teach students to be physicians. ... When you're asked to teach students, please put your hands up and do it."

PUBLICATIONS

Heather Ainger, MPH; Jennifer DeVoe, MD, DPhil

Ainger H, Wiggins N, Gregg J, Gold R, DeVoe J. Increasing the Relevance of Research to Underserved Communities: Lessons Learned from a Retreat to Engage Community Health Workers with Researchers. *Journal of Health Care for the Poor and Underserved*, Volume 24, Number 2, pp. 840-849. DOI: 10.1353/hpu.2013.0086. 2013.

Melinda Davis, PhD; Elaine Waller; Deborah Cohen, PhD

Davis M, Balasubramanian BA, **Waller E**, Miller BF, Green LA, **Cohen DJ**. Integrating Behavioral Health Care into the Real World: Early Lessons from Advancing Care Together. *J.A.M.Board Fam.Med.* September-October 2013; 26:588-602; doi:10.3122/jabfm.2013.05.130028.

Jennifer DeVoe, MD, DPhil

DeVoe JE. (2013) Being Uninsured Is Bad For Your Health. What Is the Physicians' Role in Treating the Uninsurance Ailment? *Annals of Family Medicine*, September/October 2013; 11(5).

Rick Deyo, MD, MPH

Deyo RA. Commentary: Clinica practice guidelines: trust them or trash them? *Spine J.*, 2013, 13, 7, 744-746, Elsevier Inc.

Sonja Likumahuwa, MID, MPH; John Muench, MD; Jennifer DeVoe, MD, DPhil

Likumahuwa S, Song H, Singal R, Weir RC, Crane H, **Muench J**, Sim S, **DeVoe J**. Building Research Infrastructure in Community Health Centers: A Community Health Applied Research Network (CHARN) Report. *J.A.M.Board Fam.Med.* September-October 2013; 26:579-587;doi:10.3122/jabfm.2013.05.130025.

John Saultz, MD

Mittlestaedt TS, Mori M, Lambert WE, **Saultz JW**. Provider practice characteristics that promote interpersonal continuity. *J.Am.Board Fam.Med.*, 2013, 26, 4, 356-365, United States.

Saultz JW. Career life cycles. *Fam. Med.*, 2013, 45, 7, 513-514.

GRANT SUBMISSIONS

PI: David Buckley, MD, MPH

Title: CROSSROAD II

Sponsor: NorthWest Health Foundation

GRANTS AWARDED

PI: Patty Carney, PhD

Title: Family Medicine Length of Training Pilot Evaluation

Sponsor: ABFM Foundation