Employee Giving Campaign
Helping our Patients, Helping Each Other
The annual OHSU Employee Giving Campaign has begun. Once again, Family Medicine is hoping employees will contribute to the FM Discretionary Account #13684. This account is a pool of funds used to advance two important causes: the professional development of our staff and the support of our most needy patients. Read more

Your Contributions at Work
Since July 2011, $11,032 has been donated to needy patients or awarded to Family Medicine staff for professional development through the Family Medicine Discretionary Staff Development Fund, thanks to employee giving during the annual campaign.

The 2012 Employee Giving Campaign, which ended Nov. 30, 2012, raised $22,634 for the Family Medicine Discretionary Fund. The staff development fund received half of the money raised by employees. The remaining half was allocated to the four clinics to be used at clinic administration’s discretion. Read more

Richmond’s Lisa Willwerth wins Golden Rose award
Lisa Willwerth, RN, Family Medicine at Richmond, was a recipient of the Golden Rose Award, at a noon ceremony on Oct. 23. The Golden Rose award recognizes excellence in service. Willwerth was nominated for the award by Madeleine Sandford, MS, FNP-C.

"As an RN at Family Medicine at Richmond, where many of our patients deal not only with health problems, but with the complications of living in poverty, Lisa's job involves so much more than her job description. … She is deeply committed to the principles of nursing the
whole person and because, quite simply, she is one of the most caring people I have ever met. Along with our other amazing nurses, she has worked to create a culture of caring that influences how we all approach our jobs. Read more

**JADECOM Partnership**

**Japan Trip: Celebrating Accomplishments**

OHSU Family Medicine headed to Japan as part of our JADECOM Exchange Program. The team consisted of **John Saultz**, MD, department chair; **Roger Garvin**, MD, residency director; **Daisuke Yamashita**, MD, South Waterfront Clinic medical director; **Eric Chen**, MD, MPH, third-year resident at Richmond Clinic; **Wes Fuhrman**, fourth-year medical student; and Stacy Brungardt, STFM executive director.

Since 2000, when the department began its relationship with JADECOM, the relationship has benefitted both parties beyond expectations, Saultz said. More

**Focus on Research: TAANGO**

**By Rick Deyo**

Opioid prescribing for chronic non-cancer pain has increased dramatically over the past 15 years, and current expert guidelines recommend treating pain in older adults with opioids rather than non-steroidal anti-inflammatory drugs. However, opioid use is controversial due to a lack of data on the trajectory of analgesia or adverse effects with long-term use. Long-term adverse events – aside from dependence - may include a risk of overdose, hypogonadism, falls and fractures, cognitive impairment, depression, sleep disturbance and sexual dysfunction. Read more