**The five axioms of Professor A. H. Rubenstein:**

- Axiom one: Studenthood is not an event, but a process.
- Axiom two: Discovery is a powerful and unifying word.
- Axiom three: Life needs to be lived in the now.
- Axiom four: The *sine qua non* of an honorable life is ethical intensity.
- Axiom five: It is a wonderful thing to be a physician.


---

**AAFP Annual Scientific Assembly Held in Boston**

The Annual Scientific Assembly of the American Academy of Family Physicians was held October 11-17 in Boston, Mass. Among the thousands of family physicians attending the meeting were OHSU faculty, volunteer faculty and residents including Meg Hayes, Bill Gillanders, Miles Rudd, Bob Holland, Wendy Warren, Mike Grady, Rob Stenger, Anita Taylor and Bob Taylor.

Bob Holland and Miles Rudd served as Oregon’s Delegates to the AAFP Congress of Delegates; Meg Hayes and Mike Grady served as Alternate Delegates.

Bob Taylor spoke on *Leadership as a Learned Skill*.

Rob Stenger was installed as Resident Member of the AAFP Board of Directors. In his acceptance speech, Rob thanked Department Chair John Saultz and Residency Director Roger Garvin.

---

**New Executive Director at Richmond**

The Community Board of Richmond Federally Qualified Health Center and the Department of Family Medicine are happy to announce Erwin (Ern) Teuber, PhD, has accepted the position of Executive Director.

The Executive Director is responsible for implementation of Board policy, program planning, human resources management, fiscal oversight, and day- to– day operations of the Richmond Health Center.

The Search Committee interviewed several qualified candidates and found Dr. Teuber’s past experience of 12 years in state health policy and planning work, and 22 years as Executive Director of a growing and thriving private not-for-profit health center to be the best candidate to fill this position.

Ern will be relocating from Nampa, Idaho soon as his start date is 12/1/09.
Residency Intensive Training

For the fifth year, the Family Medicine Residency Program has included time for intensive training in areas of critical learning. This year the Intensive time, formerly one four-week block, has been broken into one two-week block and two one-week blocks spaced throughout the year to allow for longitudinal curriculum. The first block took place the last week of October and first week of November.

The faculty also invested a terrific and greatly appreciated amount of time to create and lead these educational activities. Interns were instructed on suturing techniques by Roger Garvin and Mark Bajorek, practicing on pig’s ears. Brett White instructed on efficient billing and coding practices. Teresa Gipson, with help from Beth Jacob-Files, lead the residents in Options Counseling, IUD insertions using models and an MVA workshop for pregnancy loss, using papayas for experience. Scott Fields taught the residents circumcision skills, Stefan Shearer and Kathy Chappelle instructed the residents on finding their personality types and what those traits might identify in themselves and their peers. John Muench instructed the interns in building Genograms and the SBIRT Motivational Interviewing Training. Roger Garvin gave an introduction to Research and Statistics. Chip Taylor instructed the residents in Practice Transformation. John Saultz led an EKG workshop. Elizabeth Steiner taught skills for the Clinical Breast Exam. Steven Wahls taught about Anoscopy. Chummi Devarajan taught about geriatric assessment skills. Frank Dornfest taught colposcopy. The interns also spent two days in Advanced Life Support in Obstetrics training, a class you will read more about elsewhere in this newsletter. This important training was provided by our own Family Medicine physicians, making it an even more personal training for our interns.

Meanwhile, second and third year residents were taught IUD skills and third year residents given Implanon training under the direction of Teresa Gipson and Beth Jacob-Files. Chip Taylor, Daisuke Yamashita, Rob Stenger, Katrina Grant and Sherrill Gelmon lead the residents in Practice Transformation, and Charles Webb taught casting skills.
Residency Intensive Training (continued)

This intensive block is the result of a huge commitment on the part of the faculty and residents involved. Tom Warrington had the unenviable task of organizing the schedule and working with Dr. Garvin to build a solid agenda of core curricular areas, and Stefan Shearer juggled the logistics of arranging rooms and equipment. Without the commitment of the residents, this would be impossible to achieve.

The second and third year residents devoted a week of time covering the FMIS, GM2, and Emanuel services and one week to receiving their own intensive curriculum, while allowing the interns to be together free of call for two weeks of bonding time with their class and their clinic.

Front Row: Megan Smith, Vanessa Vanderpool, Teresa Gipson and Clea López
Back Row: Jamie Dailey and Cara Davidson

Megan Smith, Teresa Gipson and Clea López
Physicians, nurses and midwives from across the county and even one from as far away as Sweden recently came to OHSU for the Advanced Life Support in Obstetrics course, offered by the Department of Family Medicine. ALSO curriculum focuses on the management of obstetrical emergencies and is modeled after the advanced cardiac life support (ACLS) and advanced trauma life support (ATLS) courses. The purpose is to enhance cognitive and procedural skills of health care professionals involved in obstetrics.

Under the supervision of Course Director, Chip Taylor and Advisory Faculty, Valerie King and Johanna Warren, 44 participants spent two days in lectures and hands-on workstations. Some of the important topics included: Preterm labor, Shoulder Dystocia, First Trimester Complications, Safety in Maternity Care and Medical Complications. Completing the course also involves taking written and megadelivery tests. Once completed, the ALSO certification is valid for 5 years.

One of the physicians attending the course was Dr. Niels Fuglede, a family medicine resident from Sweden. The reason for his trip, he explained, was that he had heard about the value of the course and even more about the beauty of Oregon. He unfortunately described his 40 hour resident work week and 7 weeks of yearly vacation to the 12 OHSU Family Medicine interns taking the course. Four Blue Mountain Hospital nurses came from John Day at the urging of Johanna Warren. Their experience and enthusiasm were appreciated by all.
ALSO Course (continued)

Thank you to each of these faculty members for helping make the ALSO course such a success: Carol Blenning, Jessie Flynn, Roger Garvin, Teresa Gipson, Heidi Gullett, Sally Hersh CNM, Lyn Jacobs, Elizabeth Kavanaugh CNM, Jennifer Lochner, Ellen Tilden CNM, Jonathan Vinson, Charles Webb, Helen Welch CNM, Faculty Advisors: Val King and Johanna Warren and Course Director: Chip Taylor. Special thanks, too, to department staff who made sure the course ran smoothly and the participants were fed: Lily Cha and Heidi Elliott, with backup support by Alice Ho, and Coelleda O’Neil, Jessica Brown, Stefan Shearer and Laurie Charron.

The ALSO Course was developed in 1991 by 2 Wisconsin family physicians and then obtained by the American Academy of Family Physicians in 1993. It is now administered in over 47 countries in numerous languages. The Department of Family Medicine will be offering another ALSO course next fall.

Annual In-Training Exam for Residents

Residents gathered together on the afternoon of November 6th to take the annual In-Training exam. This four-hour, 240 question exam is given to residents each year in preparation for the American Board of Family Medicine exam that graduates will take to qualify as independent family physicians.

The results of this examination will be used by the residency to evaluate the efficacy of our training, and by the residents to identify their individual areas of strength and weakness. Advisors will work with residents to prepare for the Boards.
Populations Hosted by Jim Winkle

A new television program about public health hosted by a member of OHSU Family Medicine. Jim Winkle, MPH, Research Associate, recently taped the eighth episode of “Populations,” which appears on Portland cable television.

Populations is a program that “explores the politics of improving our health” according to the show’s website (www.populationsprogram.com). The program features 1 - 2 guests seated at a table with Jim, who facilitates conversations about topics in public health. Guests have included researchers, community leaders, and policy makers who have addressed issues such as healthcare reform and flu vaccines.

Jim created the show because he wanted to provide something he believes is usually lacking: a discussion about the political nature of making populations healthier. “We hear a lot about diet and exercise,” says Jim, “but we don’t hear enough about health disparities, about social factors and health, and why our government doesn’t always make the best policy decisions when it comes to improving our health.”

Populations is taped twice a month. Each episode is placed in rotation on Portland cable channels and usually broadcast 4-5 times a month. Channels 22 and 23 reach over 200,000 cable-subscribing households in the city of Portland and channel 11 reaches over 400,000 households in the Portland metro area. All episodes are also uploaded to the internet to be viewed as well.

Kaysee Jama, Executive Director of the Center on Intercultural Organizing, and Tricia Tillman from the Oregon Department of Human Services talk with Jim about the health of immigrants and refugees.

Rick Deyo, MD, MPH and author of the book, “Hope or Hype,” and Bill Gillanders, MD, Director of the Family Medicine Residency Program at Providence Milwaukee Hospital, appear on Populations to talk about comparing medical treatments as part of healthcare reform.
Congratulations to Christine & Sam

Baby Julia arrived safely early on the morning of October 20, 2009.

She is the daughter of Christine Gray, a 2nd year resident at OHSU Family Medicine and husband Sam. Baby Julia has a big brother, Miles.

Upcoming Events

- Family Medicine Holiday Party
  Washington Square Embassy Suites Hotel
  December 6, 2009 – 3:30 pm – 8:00 pm

2010 Events

- 41st Annual Family Medicine & Primary Care Review
  Governor Hotel, Portland, Oregon
  February 22 – 26, 2010

- Taylor Society Dinner
  Chart House Restaurant, Portland
  May 2, 2010  6:00 pm – 9:00 pm

- Merle Pennington, MD Lectures in Family Medicine
  Kirk Auditorium, 3rd Floor, CHH
  August 27, 2010  8:30 am – 5:30 pm

Thinking Ahead to Next Month’s Newsletter

If you have news that your colleagues should know about, please send information by e-mail to Coelleda O’Neil at oneilc@ohsu.edu.

Halloween Fun at OHSU FM

Most of the faculty were at a Retreat on Friday, October 30th, so some of the staff came to work dressed in Halloween attire.
Faculty, Residents and Students in the News

Rick Deyo is the co-author of 3 new articles:


Mellisa Pensa, MD was recently appointed as the Resident Representative to the Commission on Governmental Advocacy for the American Academy of Family Physicians. This term is from January – December 2010. Mellisa is a Family Medicine/Preventative Medicine second year resident who sees patient at Gabriel Park.

OHSU Residency Graduate Evan Saulino had a recent editorial published in the Oregonian. You can read it at the following URL: http://www.oregonlive.com/opinion/index.ssf/2009/11/health_care_americans_listen_a.html

Craig Williams attended the American Diabetes Association’s guideline writing committee meeting in Washington D.C. to help update and write their guidelines which will be published in January in Diabetes Care on September 12th – 13th.
Introducing New Faculty

Leslie Iverson, ARNP, MPH is senior instructor at OHSU Family Medicine at Scappoose. Her clinical interests are health promotion and preventative care, international health, sports medicine and emergency medicine.

Leslie has a Bachelor of Science in Nursing, Master of Science in Nursing (FNP) and Master of Public Health, University of Washington in Seattle, WA.

Her personal interests are running, rock climbing, triathalons, travel and her son.

Gala Beyer, FNP is an instructor at OHSU Family Medicine at South Waterfront. She received her Bachelor of Science in Nursing from University of Portland graduating Magna Cum Laude in 1996 and graduated from OHSU Family Nurse Practitioner Program with a Master of Science in Nursing in June, 2009.

A few of her clinical experiences include evaluation and management of chronic conditions, acute care, women's health, pediatrics, and complications related to morbid obesity and perioperative management for bariatric surgery.

Betsy Fleskes, FNP is an instructor at the OHSU Family Medicine at South Waterfront. She received her degree from the Family Nurse Practitioner program at Gonzaga University.

Her specialties are Pediatrics and Family Medicine and she’s had clinical experience in diabetes, cardiac, neurology and oncology.

Betsy is active in the community volunteering for the Children’s Cancer Association activities, being involved with the NW Sarcoma Foundation and the American Academy of Nurse Practitioners. She also volunteers 4 hours a month working in a nonprofit, free healthcare clinic for those who are unable to afford medical care.

Moving Your E-Mail Address?
Please Tell Us

We do our best to keep you up-to-date with news about our graduates and the Department of Family Medicine. But if you change your e-mail address, we have lost you.

SO… If you change to a new e-mail address, please let us know by contacting Coelleda O’Neil: Phone: 503-494-7595 or oneilc@ohsu.edu.

Thanks. And we'll try to keep quality newsletters coming.
Placing Notices of Job Opportunities for Physicians

Our newsletter goes each month to some 600 persons, mostly family physicians, and especially our residency graduates. We see the newsletter as a way to maintain communication among graduates, faculty, staff, and friends of the department.

If you are a recipient of the newsletter, and would like to send us a notice of a job opening for a family physician, we will be happy to print it. A donation of $100 to help support the newsletter will be appreciated. The notice will run for three months. Please send your item and donation to Coelleda O’Neil at oneilc@ohsu.edu. Please keep it short. We reserve the right to edit submissions.

Positions Available in OHSU Family Medicine

- OB Fellowship Trained Clinician Teacher
  Cascades East Family Practice Residency - Klamath Falls, Oregon
- PA-C/FNP – Scappoose Clinic – to be filled by 12/09.
- Revenue Cycle Manager
- Clinical Leadership Fellow — will be filled after 6/30/10
- Chief Resident Instructor – will be filled after 6/30/10
- Palliative care Fellow – will be filled after 6/30/10

For more information, please contact Laura Charron at 503-494-6616, or charronl@ohsu.edu.

Sea Mar Vancouver Seeks Family Physicians

Located minutes from Portland, Oregon, the Sea Mar Community Health Center in Vancouver, WA, has opened a new site and is seeking 4 full-time family practitioners to join our growing team. Both physicians and mid-level providers are encouraged to apply.

We are looking for team players with a passion for the underserved. Communication skills are essential. Spanish or Russian fluency is highly preferred, but not required. We offer competitive benefits, including: LOAN REPAYMENT, FULL MALPRACTICE and a sabbatical plan.

If you would like to join our team, please contact:

Carrie Vanzant
Clinic Manager
(360) 566-4408

or

Amanda First
Clinic Coordinator
(206) 434-7803
CHAS (Community Health Association of Spokane)
Seeks Physicians

The mission of the CHAS family of clinics is to improve the overall health of the communities we serve by expanding the availability of quality health services, dental care, and wellness education.

Looking to help make an impact in the overall health of a community? CHAS is currently seeking a physician join our dynamic team. CHAS is a non-profit system of six federally qualified community clinics providing quality medical, dental, and pharmacy services to Spokane-area families and people of all ages, regardless of insurance status. CHAS provides a place patients can come to that is their healthcare home.

Previous experience working with underserved populations is highly desired. CHAS is a rewarding place to work:

- CHAS offers competitive compensation and benefits
- CHAS pays 100% medical premium, dental, life, AD&D and long term care insurance
- Employees receive an employee assistance program, paid time off, continuing education reimbursement and 401(K)

Help improve the overall health of the Greater Spokane community today!

- To learn more, see a full job description here: www.tinyurl.com/chasjob.
- The Spokane region is a great place to call home. To learn more about Spokane, please visit www.visitspokane.com.

For questions about this job, please contact Toni Weatherwax at 509-444-8888.

Corrections Health Seeking Physician

Multnomah County Health Department, located in Portland, Oregon, is seeking a full time (.8 FTE) board certified/board eligible internal medicine or family medicine physician for our Corrections Health Division. The Health Department provides health, mental health and dental care to all detainees in Multnomah County. This position works with other provider staff to provide direct clinical care to the adults and juveniles in custody. In addition, this position may provide leadership to the program for quality improvement, chronic care standards, clinical expertise and participates on the management team for oversight of operations, personnel, budget and service delivery of Corrections Health. This physician reports to the Health Department Medical Director, as well as the Corrections Health Director.

The Health Department is seeking physicians comfortable with caring for the medically indigent, enthused about cross-cultural medicine and oriented toward preventive health. Experience with the public safety system, addicted population, multi-system health care needs and unstable chronic diseases are desired. Qualified candidates must be board certified or board eligible; this position is not a J-1 visa or HB-1 opportunity.

Salary Range is $113,327.00 - $158,783.00 annually plus a 5% Corrections Premium and a 5% Medical Director Premium. Candidate must pass the Sheriff's Office security clearance.

For more information please contact:
Amit Shah, Medical Director, at 503-988-5140 ext. 25868 or amit.r.shah@co.multnomah.or.us

To apply, please visit our job opportunities website at: www.multcojobs.org, Job # 9490-07
Family Practice Opportunity for BC/BE Physician

- Full spectrum family medicine patient base; join 3 partners who serve a base of less than 8000 residents (OB optional)
- Income Guarantee $160,000 for first year, relocation and housing assistance
- Stipend for 3rd year residents able to sign on early
- State of the art electronic clinic environment
- New hospital facility with full outpatient services and 24/7 surgical coverage
- Quality lifestyle for those choosing our unique rural practice environment

For more information, please contact:
Stacy Rothwell, Manager
High Desert Medical Center
541-573-8870
srothwell@highdesertmed.com
www.highdesertmed.com
Umpqua Community Health Center, caring for the community on a personal level

Position: Family Medicine or Internal Medicine Physician

With the support of a designated clinical team, physician will manage a patient panel of between 1,200 and 1,500 patients, providing a team based patient centered medical home.

This is a full-time clinic position with competitive salary that will range between $130,000 and $150,000, generous benefits including paid personal time off, CME time and reimbursement allowance, medical, dental, and long-term disability insurance, and employer match retirement currently at 3%. Relocation and sign-on bonus negotiable. After hour telephone call is the responsibility of the mid-level provider staff. Mercy Medical Center supports a hospitalist program for adult in-patients leaving only the pediatric (mostly new-born) hospital care for UCHC physicians. Currently these visits are averaging less than 10 per month and will be shared with the other physicians on staff.

Current medical staffing includes one physician, seven nurse practitioners, five RN’s, one LPN along with a full cadre of medical assistants and support staff. UCHC also runs a 40 hour per week dental clinic that is currently staffed by local dentists who rotate days and weeks. Funding to provide behavior health services has been applied for.

The primary clinic is located in Roseburg with satellite clinics in the smaller outlying communities of Drain, Glide, and Myrtle Creek. UCHC also staffs the School Based Health Center at Roseburg High School and will be opening a second SBHC in Winston this spring. The Roseburg clinic is on target to build and open a 20,000 square foot, $5,000,000 building late 2009 - early 2010. Although this position is primarily for the Roseburg clinic, ideally we would like to recruit a physician for our newest clinic in Myrtle Creek as well.

Roseburg has an ideal location geographically. There are four distinct, yet mild seasons, recreation opportunities including world class fly fishing, rafting, boating, hiking and cross country skiing easily accessible just outside your door. Good schools, low crime, local music and art festivals and local sporting events round out this rural yet comfortable community.

For more information, please contact:

Christi Parazoo
Phone: 541-672-9596 Ext. 26
cparazoo@umpquachc.org
Positions Available
Northwest Permanente, P.C., is a physician-managed, multi-specialty group of over 900 physicians providing quality care to over 475,000 members.

We have exciting opportunities available for BE/BC Family Physicians and Internists to staff our clinics in the Portland/Vancouver metro area, Salem, OR, and Longview/Kelso, WA.

Urgent Care opportunities are also available.

We Offer:

- A collegial and professionally stimulating environment in one of the most successfully managed care systems in the country
- High-quality evidence-based care
- Windows based electronic medical record system
- Stability and professional Independence
- Generous sign-on bonus

In addition to the unbeatable lifestyle associated with the Pacific Northwest, we offer a competitive salary/benefit package which includes a comprehensive pension program, professional liability coverage and sabbatical leave.

To apply, please visit our Web site: http://physiciancareers.kp.org/nw/ and click on Physician Career Opportunities.

For more information, please call: (800) 813-3762.

We are an equal opportunity employer and value diversity within our organization.
Springfield Family Physicians, L.L.P.
Recruiting Family Physician

Springfield Family Physicians is recruiting for a physician to join our thriving, independent Family Medicine group. We provide the full range of family medicine with the exception of prenatal and obstetric care, including inpatient hospital care.

This is a partnership track position including guaranteed salary and benefits and financial support while you build your practice. Our fulltime physicians work 4 days each week in the office and currently participate equally in our call schedule, roughly 1 in 9. We are seeking a physician who wants to be involved in practice business decisions and who desires to be a business owner. We might also entertain the possibility of a part-time or employed physician under the right circumstances.

In April, 2007 we implemented an electronic medical record and practice management system, EClinicalWorks. Our beautiful, state-of-the-art, 8 year old building is quiet, efficient and personalized, with 3 exam rooms per provider, central laboratory and EKG, X-ray and 2 surgical suites.

The Eugene/Springfield metropolitan area is located in Lane County, Oregon and is Oregon’s second largest ‘metropolitan hub’. We are 2 hours from Portland and one hour from beaches and the mountains. It is a beautiful environment offering many recreational opportunities. Eugene is the home of the University of Oregon, there are numerous cultural and outdoors events, and the cost of living is reasonable.

Please contact:
Jane Conley,
Practice Administrator
Phone: 775-450-4451
E-mail: janec@springfieldfamilyphysicians.com
**Faculty Ad: Full Time OB Fellowship Trained Family Physician**

Oregon: Full-time, Board-Certified, OB fellowship and C-section trained faculty needed for Oregon Health & Science University, Department of Family Medicine, Cascades East Family Medicine Residency program.

Come and work in a full-time University position with excellent benefits in a University-administered, community-based program, tailored to provide training for physicians who wish to practice full spectrum family practice in rural America.

We attract excellent residents from throughout the U.S. This unique residency is located in southern Oregon in a beautiful small city that rests in the Cascade Mountains. Come and join a dynamic faculty who need help in realizing the full potential of the available resources.

Responsibilities include resident and medical student teaching, patient care (flexible duties depend on qualifications and can include inpatient and ICU; obstetrics required; with possible high-risk OB call-coverage shared with OB faculty), and ample opportunity and time to pursue scholarly and administrative duties. A safe environment, good schools, and incredible outdoor recreation await the qualified applicant. This is a NHSC loan repayment site, and a suitable candidate may apply.

Please send CV and three references to Robert Ross, M.D., Program Director, CEFPC, 2801 Daggett, Klamath Falls OR, 97601, e-mail robr1228@aol.com, or call (541) 885-4612 for further information. AA/EEO employer.

**Independent Clinic is Seeking Family Physician**

Tuality Physicians, PC, a primary care clinic in Hillsboro, with five independently-contracted physicians, is seeking a family practice physician.

In this position, the physician will be medically independent, while being expected to conform to our efficient administrative model. The position is full-time, which is four or five days weekly as scheduled. Remuneration is on the basis of a percentage of collections.

Because we are an independent Clinic, we are able to set our own policies, be non-bureaucratic and personalize our practices for the benefit of our patients and ourselves.

Professional and personal relationships within the Clinic are cordial and helpful, and are free of much of the frustration that is so often experienced by physicians who work for large, hospital-owned entities.

If you are interested in this position, please contact me at:
Robert D. Fields, M.D., Director
Tuality Physicians, PC
fieldsrobert@comcast.net
Donation Form
Contributions to support the newsletter, student and resident programs, and other department activities are always appreciated.

I SUPPORT OHSU FAMILY MEDICINE

I accept the invitation to support OHSU Family Medicine. Enclosed is my donation.

Name ____________________________________________________________
Address __________________________________________________________
City ___________________ State _________ Zip _______________________
Telephone (day) __________________________________________________
E-mail ____________________________________________________________

Enclosed is my check for $______ payable to “OHSU Foundation.” Please write “OHSU Family Medicine” on the check. OR

Please charge $_______ to my ________ Visa or ________ MC

Name on Card ______________________________________________________
Card/Account Number ______________________________________________
Expiration Date _____________________________________________________
Signature ___________________________ Date __________________________

Please specify if there is a special Family Medicine Fund that you wish to support:

________________________________________________________________

[ ] I would like additional information regarding giving opportunities to the Family Medicine Department at OHSU.
[ ] I/we have placed the Family Medicine Department in my/our estate plans.

Comments for the Department Chairman: ______________________________

________________________________________________________________

Please Send to:
Coelleda O’Neil
OHSU Family Medicine, Mail Code: FM
Oregon Health & Science University School of Medicine
3181 S.W. Sam Jackson Park Road
Portland, OR 97239-3098

Gifts to OHSU Foundation are tax-deductible to the extent allowed by law.