

OHSU Family Medicine

Volume 8, Issue 6

June 2010



Family Medicine at OHSU Medical School Graduation

The Graduation Ceremony for the Class of 2010 of the OHSU School of Medicine was held June 1, 2010 at the Arlene Schnitzer Concert Hall. One hundred twenty-seven senior students received diplomas, including 25 entering family medicine residencies.

A highlight of the 3-hour ceremony was the Medical Student Message, delivered by Patrick (Paddy) Kinney, graduating senior who will shortly enter family medicine training at the Boise, Idaho residency program. Paddy gave an inspirational speech, and thanked a number of individuals typically overlooked when appreciation is expressed in formal ceremonies.*



The Leonard Tow Humanism in Medicine awards to a faculty and a graduate went to two of our own. As described in last month's newsletter, the faculty award went to Jessica (Jessie) Flynn, and the award to the graduating student went to Megan Locher, who is doing family medicine training in Rochester, New York.



The program acknowledged family medicine awards, including the Oregon Academy of Family Physicians award to the outstanding senior entering a family medicine residency. This award went to Melissa Hemphill Jeffers, just back from her honeymoon in Thailand, and entering the family medicine residency program at Providence, Milwaukie. The Robert B. Taylor, MD Family Medicine Award recipient was Kyle Mouery, also entering the Providence, Milwaukie Family Medicine residency program. Paddy

Kinney received the Mary Gonzales Lundy Family Medicine Award, and the Family Medicine Clerkship Award recipient was Angela Larsen, who will begin training at Family Medicine of Southwest Washington. Angela Larson graduated Summa Cum Laude. Jonathan Wildi, entering the US Navy Family Medicine Residency in Bremerton, WA, graduated Magna Cum Laude. Jill Christensen, entering Providence Milwaukie Family Medicine Residency, graduated Cum Laude.

Elected to Alpha Omega Alpha, the medical honorary society, were the following students who have chosen family medicine as their specialty: Jill Christensen, Angela Larson, Kyle Mouery, and Jonathan Wildi.

*Paddy Kinney's graduation speech was so good that, with his permission, we have printed it in our newsletter. See Page 12.



Welcome New Family Medicine Interns

They're here at last! On what is possibly the most anticipated day of the year for the OHSU Family Medicine Residency Program, our new Intern class has arrived. June 14, 2010 marked the first day of Orientation and the first day that all twelve of the incoming class came together. Their induction into Residency began with a short session with the contingency from the Residency Section, including representation from each clinic. The residents spent time getting to know each other and a little about what to expect in the coming weeks, followed by the traditional photos on the front porch of Emma Jones Hall. With many questions and much anticipation, the Interns left their photography session for orientations to their clinics. The Interns have certifications, paperwork sessions and computer training in the following two weeks, with orientation time with our department mixed in throughout.

Department staff, residents, and faculty are invited to meet the residents at the Department Welcome, 8:30-10:30am on June 23rd, and again the same day at the Residency Picnic, 6:30pm at Gabriel Park. Please RSVP to the picnic with Stefan Shearer.



Jumping in Joy! . . . Hoorah, we're finally in Portland, Oregon



Chris Nelson, Sarah Gilman-Short, Bridget Lynch, Chris Faison



Sharlene Murphy, Greg Guffanti, Filza Akhtar & Jordan Roth



Welcome New Family Medicine Interns (continued)



BJ Lynch, Sean Robinson, Bridget Lynch, Sharlene Murphy, Filza Akhtar, Sarah Gilman-Short, Chris Falson, Jordan Roth, Chris Nelson, Eric Shayde



BJ Lynch, Sean Robinson, Katie Chung & Eric Shayde



Sharlene Murphy, Greg Guffanti, Filza Akhtar & Jordan Roth



Front Row: Chris Nelson, Chris Faison Sarah Gilman-Short & Bridget Lynch

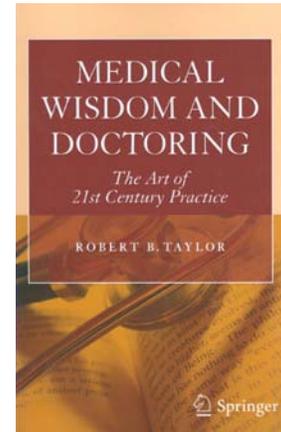


BJ Lynch, Sean Robinson, Kathy Chung, & Eric Shayde



New Book by Bob Taylor

Robert B. Taylor is the author of a new book titled *Medical Wisdom and Doctoring: The Art of 21st Century Medicine*. The book presents some of the classic wisdom of medicine and favorite clinical aphorisms. It describes some of the lessons every physician should have learned in medical school but often didn't, as well as insights and examples from current clinical literature, medical history, and anecdotes from daily practice. The soft-cover book is published by Springer Publishers, New York City.



Three Faculty Members Honored by Students

At the 5th Annual Student Volunteer Awards Banquet, held by the Student Council, Jessie Flynn, Mark Bajorek, and Cliff Coleman were presented awards by medical students. They were named for their service as role models in community or international service, and for attitudes and actions which produce superior patient care or teaching environments.



Jessie Flynn, MD



Mark Bajorek MD



Cliff Coleman, MD

Ann Sinclair travels to New Zealand

Ann Sinclair is traveling to New Zealand this month for a couple of presentations.

She'll be faculty at a 4-day Balint leadership training intensive in Auckland. Then she'll travel to Wellington, for a presentation to a group of medical educators.



Ann Sinclair, MS, LCSW



Faculty, Residents and Staff in the News

Rick Deyo is co-author of two published reports: Turner JA, Hollingworth W, Comstock B, **Deyo RA**. Comparative effectiveness research and policy: experiences conducting a coverage with evidence development study of a therapeutic device. *Med Care*. 2010 Jun;48(6 Suppl):S129-36.
and



Rick Deyo, MD, MPH

Dionne CE, Le Sage N, Franche RL, Dorval M, Bombardier C, **Deyo RA**. Five questions predicted long-term, severe, back-related functional limitations: evidence from three large prospective studies. *J Clin Epidemiol*. 2010 May 7. [Epub ahead of print]



John Saultz, MD

John Saultz and others are authors of a paper describing our Access Assured plan: **John W. Saultz, MD, David Brown, BA, Stephen Stenberg, BA, Rebecca E. Rdesinski, MSW, MPH, Carrie J. Tillotson, MPH, Danielle Eigner, DO, and Jennifer DeVoe, MD, DPhil**. Access Assured: A Pilot Program to Finance Primary Care for Uninsured Patients Using a Monthly Enrollment Fee. *J Am Board Fam Med* 2010;23:393– 401.

Alisha Saultz and (father-in-law) **John Saultz** are co-authors of a paper: Saultz A, Matthews EL, **Saultz JW**, Judkins D. Does hypercoagulopathy testing benefit patients with DVT? *J Fam Pract*. 2010;59(5):291-294.

In the April 15 issue of *Family Practice News* is a front page article about senior medical students going into family medicine. Of the 10 students featured, two are our incoming interns: **Chris Nelson**, Wake Forest University School of Medicine; and **Eric Shayde** of Ohio State University.



Jennifer DeVoe, MD

Jen Devoe is co-author of an article: Lisa Angus and **Jennifer DeVoe**. Evidence That the Citizenship Mandate Curtailed Participation in Oregon's Medicaid Family Planning Program. *Health Affairs*. 2010;29(4):690-698.

Rob Stenger and **Jen Devoe** have published an article: **Robert J. Stenger** and **Jennifer E. DeVoe**. Policy Challenges in Building the Medical Home: Do We Have a Shared Blueprint? *JABFM*. 2010;23(3):384-392.



Rob Stenger, MD



Joseph T. Ichter,
Dr PH, MHA

Joseph T. Ichter, Director of the Locum Tenens Program, successfully defended his doctoral dissertation on May 11th, 2010, at the University of North Carolina Gillings School of Global Public Health to achieve a doctorate in public health from Chapel Hill.

Brett White gave a presentation at the Program Director's Workshop (Association of Family Medicine Residency Directors) in Kansas City on June 8th. It was entitled, "How to Teach Physician-Patient Electronic Communication."



Brett White, MD



News from Residency Class of '84

Carl Olden, MD,FAAFP '84 was elected President-elect of the Washington Academy of Family Physicians for 2010 and will be President in 2011.

In addition, He is the AAFP ALSO Advisory Board Vice-Chair and will be Chair from January 2011 to January 2013.

Carl and his wife, Susan are new grandparents. Their oldest son Kenneth was born at OHSU Oct 11, 1981 during his R-1 year. Kenneth and his wife Natasha are proud parents of Lorelai Frances Olden, born May 1 here in Yakima.



Carl with baby Lorelai Frances



Richard Kovar, MD

Richard Kovar, Carl Olden's residency partner from class of 1984, was selected as the Washington Family Physician of the Year for 2010 at the WAFP House of Delegates in May. Rich has been with the Country Doctor Clinic (an inner-city community health center serving a multi-ethnic patient population) in Seattle since residency, in addition to his world-wide efforts in medical relief in Africa and Cambodia and his teaching faculty role with the University of Washington. Rich represents everything that Family Medicine stands for: compassion, empathy, quality, evidence-based and patient-centered holistic care, community activism and leadership, mentoring and teaching.

Congratulations, Jessica and Jourdan!

Jessica and Jourdan welcomed their son, Russell Lawrence Cozzens Guidice on June 3.

We're all doing well and quite enamored by our new addition!



Russell Lawrence Cozzens Guidice

New Data Business Analyst



Peter Brink

Peter Brink has joined Family Medicine this month as the Data Business Analyst. Peter received his undergraduate degree from Earlham College with a focus on Psychology and Research. Peter has a Master's in Sociology with a focus on Data Analysis and Research. He comes to us with ten years experience in the social science field, primarily working as a youth advocate for high-risk youth populations.

Before joining OHSU, Peter worked as a budget analyst for Multnomah County. During his spare time, Peter enjoys playing basketball, spending time with his two young sons, and coaching their t-ball and basketball teams.



News from Christopher Zoolkoski, MD

Here is the latest news from Christopher Zoolkoski, MD, a graduate of OHSU Medical School and the Cascades East Family Medicine Residency in Klamath Falls. He is working in Niger, Africa.

Dear Family & Friends,

Working in the middle of the night is not so bad when you get to walk home in a desert rainstorm. Around midnight last night, I was called to the ER to help stop the bleeding of a man who had a deep cut to his wrist from a sheet of aluminum roofing material. We took him to the OR and achieved good control of the bleeding. We washed out the wound generously and inspected it. Amazingly, no tendons were cut. It is gratifying to work at the only hospital within 150 miles where there is predictably an OR crew that will get here quickly at any hour of the night to help the people who come here in need.

As we were working on the man's wrist, we heard earth-shaking cracks of thunder and could see bolts of lightning shooting across the sky through the small window in the OR. The electricity went out but with a push of a button we fired up the generator installed several years ago by my brother-in-law, John. When we finished the case, I walked home in the dark through rain that saturated one's clothes almost immediately. Steam was rising from the hot, parched ground and the 95 degree F. evening temperature had dropped by about 15 degrees. This is early for the 2nd storm of the year. Some farmers are taking the risk to sow their millet crops this week with the newly moistened ground in hopes that we will have some sustaining rains to follow. Niger needs a good harvest this year. Last year was very disappointing and we are seeing the needs resulting from the inadequate rainfall. There is an article in today's New York Times describing the food situation as it relates to last year's harvest and the new changes in government:

<http://www.nytimes.com/2010/05/04/world/africa/04niger.html>

Anticipating the food needs, SIM and Galmi Hospital have been managing and supporting grain banks locally and in other needy places in Niger. Our center for the rehabilitation of malnourished children continues as a source of assistance to the little ones who come with their mothers.

This month we are thankful for an adequate number of doctors and surgeons. We wish it were always like this! For the next several weeks we will be able to work at a pace that is not overwhelming for any one of us and still be able to meet most of the needs that come in the door.

Gratefully serving with you,

Christopher & Nancy Zoolkoski

christopher.zoolkoski@sim.org

nancy.zoolkoski@sim.org

www.galmi.org



Congratulations for Many Years of Service

The School of Medicine - Department of Family Medicine faculty and staff were recognized at this year's OHSU Awards Ceremony at 12:00 p.m. on May 19, 2010 at the OHSU Auditorium.

Congratulations and thank you for your many years of service.

Robert Taylor	– 25 years	Robin Hale	– 15 years
Scott Fields	– 20 years	Mark Kochevar	– 15 years
Anita Taylor	– 20 years	Teresa Gipson	– 10 years
Lily Cha	– 15 years	Janice Hohnstein	– 10 years
Meg Hayes	– 15 years	Madeleine Sanford	– 10 years
James Novak	– 15 years	Elizabeth Steiner	– 10 years
James Wallace	– 15 years		

Upcoming Events

- Family Medicine Residency Graduation
West End Theatre
July 2, 2010
- Merle Pennington, MD Lectures
in Family Medicine
Kirk Auditorium, 3rd Floor, CHH
August 27, 2010 8:30 am – 5:30 pm
- OAFP/F Wine Tasting Event
CHH – 5th Floor Atrium
August 27, 2010 5:30 pm – 8:30 pm
- ALSO Course
OHSU Old Library
October 25-26, 2010
Marquam Hill Campus

Moving Your E-Mail Address? Please Tell Us

We do our best to keep you up-to-date with news about our graduates and the Department of Family Medicine. But if you change your e-mail address, we have lost you.

SO... If you change to a new e-mail address, please let us know by contacting Coelleda O'Neil: Phone: 503-494-7595 or oneilc@ohsu.edu. Thanks. And we'll try to keep quality newsletters coming.



Pennington Lectures August 27, 2010: Save the Date

The 2010 Merle Pennington, MD Lectures in Family Medicine will be held Friday, August 27 2010 at the Center for Health and Healing (CHH). This marks the 14th year of the lectures, which honor Merle Pennington, MD, one of the founders of the Department of Family Medicine.

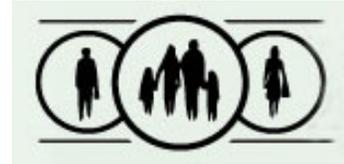
The Pennington Lectures tell what's new in medicine that family physicians need to know, presented by your OHSU Family Medicine faculty.

The Pennington Schedule is on Page 10 and the Registration Form is on Page 11. Also at Family Medicine Website: <http://www.ohsu.edu/xd/education/schools/school-of-medicine/departments/clinical-departments/family-medicine/continuing-education/lectures-courses.cfm>.

Come Uncorked with OAFP

Don't miss this first-ever OAFP Wine Tasting Event

The Oregon Academy of Family Physicians will be holding their first-ever OAFP wine-tasting event on Friday, August 27th, right after the Pennington Lectures in Family Medicine, at the OHSU Center for Health and Healing at the 5th Floor Atrium from 5:30-8:30 pm.



Spend a summer evening sampling wines from across the Northwest, socializing with colleagues and friends, and nibbling on savory starters.



A portion of the proceeds will go to support locum tenens relief for our rural family physicians.

Tickets will go on sale soon . . . don't delay only a limited number of tickets to be sold!

Questions? Contact Lynn Estuesta at mail@oafp.org.

As physicians, we are invited into the most intimate chambers of our patients' lives. We should acknowledge that unfettered trust with dignity, deference, and respect. For a physician, caring for patients is not only a duty; it is a privilege. Alleviating pain and restoring health for another human being induce an exhilaration few others experience in their careers.

Personal essay by Michael E. DeBakey, MD. In: Manning PR, DeBakey L. *Medicine: preserving the passion*, ed. 2. New York: Springer; 2004. Page 39.



14th Annual Merle Pennington Lectures in Family Medicine

Kirk Auditorium, 3rd Floor
OHSU Center for Health & Healing
All Day Friday, August 27, 2010



Center for Health and Healing

Morning Program

Times	Topic	Speakers
8:30 – 8:55 am	Registration	
8:55 – 9:00 am	Welcome and Orientation	
9:00 – 9:30 am	Abnormal Pap Smear	Robert B. Taylor, MD
9:30 – 10:00 am	Common Neurologic Problems	Bruin Rugge, MD
10:00 – 10:30 am	Hot Button Issues in Screening	Jessie Flynn, MD
10:30 – 10:50 am	Questions and Answers	William Gillanders, MD
10:50 – 11:10 am	Refreshment Break	
11:10 – 11:40 am	Approach to the Patient with Chest Pain	Scott Fields, MD
11:40 – 12:10 am	Common Fractures	Charles Webb, DO
12:10 – 12:30 pm	Questions and Answers	
12:30 – 1:15 pm	Buffet Lunch and Discussion with the Speakers	
1:15 – 1:30 pm	Awards	
1:30 – 2:45 pm	Merle Pennington Lecture: Current Issues in Managing Low Back Pain	Rick Deyo, MD, MPH

Concurrent Afternoon Seminars

Time #1: 2:45 – 4:00 PM

Workshop 1	Evidence Based Maternity Care	Johanna Warren, MD
Workshop 2	Psoriatic and Other Inflammatory Arthritides	Steve Wahls, MD
Workshop 3	Splinting and Casting Workshop	Thayer White, MD
4:00-4:15 pm	Refreshment Break	

Time #2: 4:15 – 5:30 PM

Workshop 4	EKG Workshop	John Saultz, MD
Workshop 5	Heart Disease in Women	Chip Taylor, MD
Workshop 6	Effective Brief Interventions for Alcohol & Substance Abuse	John Muench, MD & Meg Hayes, MD
5:30 pm	Wrap Up and Evaluation	
5:30 – 8:30 pm	Come Uncorked with OAFP First-ever OAFP wine-tasting event CHH 5 th floor Atrium	Contact Lynn Estuesta mail@oafp.org



Pennington Lectures

The morning program and afternoon workshop information are listed on page 10.

When filling out the Registration Form, **please indicate the workshop you plan on attending in each time frame:**

Time #1: 2:45 – 4:00 pm

Time #2: 4:00 – 5:30 pm

This will help us decide the best location for each workshop.

Activities and Tuition

Activities will be held at the South Waterfront Campus at the Center for Health & Healing (CHH) in the Kirk Auditorium, third floor. The cost for full day CME is \$90. Half day CME is \$45 and \$55 if you which to include lunch. After August 16, 2010, please add \$20 as a late fee.

No charge for the 2010 Master Teachers or for the donors who are members of the Robert B. Taylor, MD Society for 2010.

Credit Hours

This activity has been reviewed and is acceptable for up to 7.0 Prescribed credits by the American Academy of Family Physicians. AAFP Prescribed credit is accepted by the American Medical Association as equivalent to AMA PRA Category 1 Credit™ toward the AMA Physician's Recognition Award.

When applying for the AMA PRA, Prescribed credit earned must be reported as Prescribed credit, not as category 1.

Parking

If you plan to park at the CHH Schnitzer lot, you will need to purchase a parking pass for \$10.00. Please see the Registration Form.

Pre-Registration Required

Merle Pennington, M.D.
LECTURES IN FAMILY MEDICINE
Friday, August 27, 2010

Early Registration Deadline is August 16, 2010

Name _____

Address _____

City _____ State _____ Zip _____

Phone: Day _____ Eve _____

Fax _____ E-mail _____

Packages Available

___ CME Full Day Package
\$90.00 each

___ After August 16, \$110.00 each Total _____

OR

___ CME 1/2 Day Package
\$45.00 w/o lunch
\$55.00 with lunch

___ After August 16, add \$20 late fee Total _____

If 1/2 Day, indicate session:
___ morning ___ afternoon

Attending Workshop #s ___ & ___

___ Parking at Schnitzer Lot
\$10.00 (one per vehicle) Total _____

Total Enclosed: \$ _____

**Make check payable to "OHSU Foundation."
Please write "OHSU Family Medicine" on the
check OR charge my:**

___ VISA ___ MC ___ AmEx ___ Discover

Name _____

Card/Acct # _____

Expiration Date _____

Signature _____

Please send to:

Coelleda O'Neil, OHSU Family Medicine
OHSU School of Medicine, Mail Code: FM
3181 SW Sam Jackson Park Road
Portland, OR 97239-3098



OHSU SOM Graduation Speech Given 6/1/2010 by Patrick Oliver Kinney School of Medicine Hooding & Commencement

Well Hello Ladies and Gentlemen –

Good morning and a very good day to you.

To start with, I'd just like to say that if you in the crowd could see the facial expressions here within my class and on the faculty seated among you that there is more than a hint of anticipation and a little anxiety as I stand here before you. You see, I am not known to be the most predictable person in front of a group, especially with a microphone in front of me, especially at karaoke bars.

But my friends - you can all breathe a sweet sigh of relief right now. I promise I'll keep this generally appropriate, and here's why. Out in the audience, amongst this sea of wonderful friends and family and meaningful people who have traveled across the globe to be with us today, are my own two sweet grandmothers – Hi Betty, Hi Jo-Don – and if there's one place that I like to draw the line (at least most of the time) it's just prior to the offending of grandmothers. So brace yourselves people, off we go.

I have been charged today with speaking on behalf of an incredibly talented, varied, and unique group of individuals – the OHSU Medical Class of 2010 and those colleagues who have joined us from classes above. It's a rather daunting task, for we are a strong-willed and fiercely independent amalgamation of potent personalities. We're proud of this, as we should be, but we are also all very different...and how do you speak for everyone? It took me awhile, but as I sat and thought about how to encapsulate this most recent and similar chapter in our very dissimilar lives, three broad categories seemed to stand out – demanding to be addressed: The things we've seen, the ways we've changed, the people we have to thank.

The things we've seen:

Just for a moment, I want you to imagine a hospital – towering, labyrinthine, monolithic. 2, 10, 12 stories – it doesn't matter. It might be a hospital that you've worked in, spent time in as a patient, visited an ailing family member or friend. Imagine it now. Now keep that image in your mind's eye, humor me for a moment, because I want all of you to imagine that building – all of the walls and floors and elevators and hallways – as completely and totally transparent as the first glaze of winter ice. An entire building constructed from the finest crystal, without a smudge. A glass hospital.

Can you see it? Can you imagine what it would look like? Hundreds of patients lined up in their beds, floating above and below each other on 14 perfect planes of midair. You see the machines hovering around them, hissing and beeping and infusing, the colorful scrubs of the nurses in their soft-soled shoes passing between them. You see the zamboni-like vacuums, one on top of the other on top of the other, whisking the invisible carpet of the long corridors between the transparent walls and the exposed bathrooms and the fish-tank view of the surgical suites and the floating CT scanners and the hovering lines of hungry people waiting at the cafeteria.



Patrick Oliver Kinney, MD



OHSU SOM Graduation Speech (continued)

You look a little closer, and you begin to see teams of starched clean doctors, roving in packs among the sick. And mixed in with these regal long white lab coats are some silly-looking short ones - and wearing those short coats are us. Trailing behind the team, lingering over patients beds collecting vitals and laboratory data, sometimes

hiding in the bathroom – the medical students that you see before you today.

The things that we have had the opportunity to collectively see, every day, would shock and amaze most of you. Separated only by these thin walls and floors is the entire spectrum of the human condition, distilled and consolidated in one building. To see it all at once through transparent walls would be utterly overwhelming.

- The thick, sweet, dense smell of a baby emerging to the exhausted moans of its mother. Slippery and perfectly new - eyes opening without preconception or sin to see the world for the first time.
- A tired old body with tubes going in and tubes coming out – Just clinging to life with each mechanical breath.
- The desperation of a mind spiraling into madness on the inpatient Psychiatry ward. The slow clearing of consciousness and emergence of self as that madness resolves.
- Just-pregnant teenagers facing hugely complex decisions about just what the heck to do next.
- Young terrified fathers, looking so happy and so awkward in their lilac paper booty suits and bonnets. Crouching at their wives' heads and whispering encouragement as the obstetricians cut down to their new baby.
- Surgeons with their sterile drapes, spinning into their blue gowns, huddling over deep and well-lit holes in the flesh with uncompromising perfection.
- Stitches thrown on a beating heart.
- The slippery flower of the small bowel, spreading out yellow and pink from the mesenteric root, as delicate and tender as the petals of any rose.
- The old veteran, clinging to a soft-pack of Camels as his nurse rolls his wheelchair outside to the curb. Lets him light one up and bring it to his Trach'. It's what he has left, he says through his vibratory microphone, and who here can blame him?
- An overwhelmed single mother with a crying two-year-old and a beautiful new child. Tears welling up in her eyes at her first well-child visit because she's embarrassed to admit that she doesn't feel as happy as she thinks she should, as happy as she's letting on to others.
- A huge family, standing around with grandpa at the sliding door of the main entrance and waiting for the car for the car to be brought up, everybody's arms are filled with wilting flowers and get-well balloons – everybody is smiling. He's getting stronger every day. They're going home.

We have collectively seen these things every day now in this hospital and others for four entire years, and it has changed us.



OHSU SOM Graduation Speech (continued)

Part Two: The ways we've changed

During our first week of medical school, we sat in the old library auditorium on the day we received our first white coats, and listened to the faculty talk about the trying and formative years that lay ahead. We believed them when they said that we would feel ourselves changing, but I don't think most of us understood until more recently what exactly they meant.

- Four years is a long time, but it went by so quickly. A lot happened.
- Some of us fell in love, and some of us drifted apart.
- We had children, lots of children, beautiful children.
- We've gotten a little chunky. I myself weigh twenty three pounds more than I did walking across the stage less than four years ago. I am not any taller. I do not have any more muscle mass. And I'm comfortable telling you this because I know that I am not alone.
- We have fallen ill – in our bodies and our minds. Some of us have healed completely, and some of us still struggle every single day.
- We have fallen off rocks and cliffs, some metaphorical and some painfully concrete – as evidenced by the casts and scars and wheelchairs here among us today.
- We've been humbled and we've been inspired – had fleeting moments of competence interspersed between long periods of confusion and feelings of ineptitude. I do have to say though, that after four years the ratio seems to be improving somewhat – and the relationship may flip the other way someday soon – at least that's what we keep telling ourselves.
- We've tempered somewhat, the faculty say. We came into this thing studying on all cylinders. A genetically enhanced, naturally selected, competitively honed breed of academic superheroes. We pushed the bell curve so far to the right that it no longer resembled a bell at all. We clawed and fought over every measly question during exam reviews...so much so that some professors just stopped showing up. And now....? Well...let's just say that rotations are seeming a little more...optional these days?... Our cumulative GPA since match day has taken an Olympic swan dive. The student lounge, which used to be for sleeping and eating on call, has become a 24 hour-a-day social extravaganza. It IS Facebook in there.
- The medical universe has expanded faster than our comprehension of it can keep pace. Sometimes it seems like we felt smarter before we started this whole thing, like cocky teenagers we didn't know all that we didn't know.
- We've gotten more comfortable with really uncomfortable things – asking complete strangers about their private parts. About their sex lives and the details of their deepest fears. Breaking down all those barriers that a lifetime of manners and a culture that respects privacy has instilled in us.
- Some of us have lost faith. In ourselves, in our path, in the concept that we're really doing much of any good at all. But most of us have felt that sense of empowerment and purpose return with a connection or a compliment or a meaningful thanks, sometimes just verbal pat on the back – felt it widen our eyes and flow through our vessels like a bolus of pure adrenaline whipped up with a thick shot of Portland espresso.
- We have changed, my friends - in good ways and bad ways and just different ways, from fundamental shifts to imperceptible tweaks in the way that we view the world. And we have changed because of those whom we have surrounded ourselves with.



OHSU SOM Graduation Speech (continued)

Part Three: The People We Have to Thank

As a class, we owe our achievement today to so many different people. Any attempt to address even the broad categories of individuals who have inspired and supported us over the last four years and beyond would inevitably fall short. I only hope that by thanking the few, we can

adequately express the emotion that we feel for everyone who has played a role in this process.

- First - To our families and to our friends, who have selflessly shared us with this most demanding pursuit. You have endured the stresses and the commitments alongside us. You have sacrificed as we gave away so much of our time and our energy and ourselves in the hope that we may one day be able to meaningfully give back – that our choice in life will be worth what we have given up – will be worth the time away from you. This sacrifice is not over, not for you and not for us, not by a long shot – and we apologize in advance along with giving you our deepest thanks for sticking with us. We hope to make you proud.
- To the basic science professors and the researchers and the physicians and the mentors who have inspired us, and steered us, and pushed us ever forward. You have passed us the knowledge that was once given to you, that you have modified and amended with experience and time. It came to us distilled and refined and sometimes even force-fed. And most of the time we gobbled it up – stored and filed it away to be revisited and further amended as the empiric river of science flows ever onward. You have molded in us the very idea of the kind of physicians that we wish to become. We will emulate you, taking bits and pieces from each your teachings and blend them together into something uniquely ours. And one day we will take students, and the road goes ever on.
- To the support staff who helped us through with barrages of email reminders and herded this scattered stampede of strong willed cats toward the finish line that we finally crossed today. To the nurses who took pity on us, who mercifully took us aside and showed us how practical things actually work, how to start a IV, how to swaddle a baby, and where to find the “silence” button on those obnoxious bedside machines. Thank you.

And then there are the people who are typically NOT thanked in graduations speeches:

- To Isa, “The Two Taco Combo Girl” at the Mac Hall Cafeteria. You piled way more guacamole and cheddar on those two soft shell beauties for \$3.99 than the University Cafeteria Services’ worst nightmare would allow, redistributing the cheesy wealth. Thank you.
- To the people that mopped the cadaver lab floor each night so that we wouldn’t be slipping and sliding the next morning. You were in there all alone after dark. And since the anatomy class takes place in the fall - that means that you were in there after dark cleaning on Halloween Eve. You are really, really brave. Thank you.
- To the standardized patients, who let us fumble and falter, and clumsily paw and poke our way through the rudimentary beginnings of our first physical examinations. And to the incredibly patient patients. Who see a new batch of green medical students in tow year after year after year. Thank you.
- A final aside – “Pressure” means “Pain.” “A little stick and a burn coming up” means “Brace yourself - this is going to hurt a lot.” And fancy doctor words like multifactorial, cytokines, cryptogenic, and idiopathic are all medicalesse for “we don’t have a clue what’s going on here.” Keep your ears peeled for these, good people – especially when you hear them from us – the graduating class of 2010.



Placing Notices of Job Opportunities for Physicians

Our newsletter goes each month to some 600 persons, mostly family physicians, and especially our residency graduates. We see the newsletter as a way to maintain communication among graduates, faculty, staff, and friends of the department.

If you are a recipient of the newsletter, and would like to send us a notice of a job opening for a family physician, we will be happy to print it. A donation of \$100 to help support the newsletter will be appreciated. The notice will run for three months. Please send your item and donation to Coelleda O'Neil at oneilc@ohsu.edu. Please keep it short. We reserve the right to edit submissions.

Positions Available in OHSU Family Medicine

- OB Fellowship Trained Clinician Teacher
Cascades East Family Practice Residency - Klamath Falls, Oregon

Positions available 7/1/2010 or later

- Clinician Teacher for Cascades East Family Medicine Residency
- Clinician Teacher positions at Gabriel Park, South Waterfront, Richmond and Scappoose
- Mid-level Clinician at Richmond & South Waterfront Clinics

For more information, please contact Laura Charron at 503-494-6616, or charronl@ohsu.edu.

CareOregon seeking a Family Physician & Nurse Practitioner

What if ...

What if the whole community teamed up to improve your patients' health?

You'd have **Gladstone Child and Family Center** near Portland, Oregon with Kindergarten, Head Start, Healthy Start, Day Care, Parenting Education, Relief Nursery, a Health Clinic and more—all in the same center.

CareOregon is looking for a **Family Medicine Physician** and **Nurse Practitioner** to join this exciting new clinic. If you want a more satisfying, team-based clinical practice using the Medical Home model, visit us online for a full position description and application instructions at <http://www.careoregon.org/>.

For more Information, please contact:

Rhonda Palos
HR Manager
503-416-1715
PalosR@CareOregon.org





University of North Carolina Family Medicine Seeks Physician

The Department of Family Medicine at the University of North Carolina is searching for a highly qualified faculty for their 8-8-8 residency program. We seek a physician with a passion for teaching and practicing family medicine with a special emphasis on woman's health, maternity care including deliveries, and community health.

The department is a well-established leader in maternal and child health and is committed to ongoing innovation in this area.

An ideal candidate will have experience in a community health center or health department and have an interest in leading a curricular effort in the area. Procedural competence would be an added plus. Qualified applicants should hold the MD/DO degree, be board certified, and have proven experience as a physician and educator (5 years of experience). Academic rank and salary are commensurate with qualifications and experience. Letters of interest may be sent to:

Warren Newton, MD MPH
Chair, Department of Family Medicine
CB 7595
Chapel Hill, NC 27599-7595

The current MCH Program Director at UNC/CH, Martha Carlough, is happy to respond to unofficial inquiries or questions as well.

Martha C. Carlough, MD, MPH
Assistant Professor of Family Medicine
MCH Program Director
Director, Office of International Activities
UNC/Chapel Hill School of Medicine
Martha_carlough@med.unc.edu
919-966-6055



Physician Opportunity



- 1:7 Call
- Enjoyable Collegial Atmosphere
- Loan Repayment Assistance

The Location: Reedsport, Oregon

- Picturesque river and ocean community surrounded by beautiful mountainous areas and bay
- 9-hole golf course located minutes from the hospital – Links golf course located 55 scenic miles from community
- Great outdoors – fishing, sailing, hiking, golfing, hunting, beautiful sand dunes
- Whale watching and bird watching stations
- Great restaurants in town
- Easy access to major metro
- Cost of living below the national average
- Tremendous quality of life and virtually a non-existent crime rate provides for a great place to raise a family
- New and existing housing options available
- Small community living – many opportunities for community involvement



The Practice:

- Be busy from day one
- Full scope of Family Medicine (except OB) with ability to do wide variety of procedures – includes pediatrics, emergency and nursing home coverage
- Exceptional quality of life atmosphere
- Practice in an enjoyable, collegial atmosphere with excellent support staff
- Paid malpractice insurance (full benefit)
- Rural Health Clinic – Eligible for \$5,000 Rural and may be eligible for \$1,000 Tri-care tax credits

The Financials:

- Total package approximately \$200,000. Base salary \$150,000 plus additional compensation for weekend ER coverage, benefits and \$6,000 tax credit.
- Relocation reimbursement
- Local loan repayment program
- National Health Service Corps Loan Repayment Program eligibility
- Four-week paid time off
- Full benefits package including paid malpractice, generous retirement plan and much more
- CME – 5 days and \$1,500 per year



This is an opportunity that will balance practice, lifestyle and community involvement due to the position and location. For more information regarding this opportunity please email your CV to Sheri Aasen, Clinic Manager, at dunes@luhonline.com or call 541.271.2163.



Family Medical Group Northeast, PC Seeks Physician

2647 NE 33rd Ave. • Portland, OR 97212 • 503-288-0083



Great Family Medicine opportunity for BE/BC physician to join non-OB independent group practice in desirable Alameda-Irvington area of Portland.

Well established 4 doctor/1 NP single specialty group with electronic medical records, lab and digital X-ray on-site. Four day work week, 100% office based with excellent staff, facilities and light call. Group practice experience a plus. Competitive salary with future partnership available if desired. Excellent benefits.

Inquire by contacting our Administrator:



Keirene Adams
Office: 503-288-0083
Cell: 360-772-2734
Email: Keirene@comcast.net.
Web: www.fmgne.com



CHAS (Community Health Association of Spokane) in Spokane, Washington Seeks Physicians

The mission of the CHAS family of clinics is to improve the overall health of the communities we serve by expanding the availability of quality health services, dental care, and wellness education.



Looking to help make an impact in the overall health of a community? CHAS is currently seeking a physician to join our dynamic team. CHAS is a non-profit system of six federally qualified community clinics providing quality medical, dental, and pharmacy services to Spokane-area families and people of all ages, regardless of insurance status. CHAS provides a place patients can come to that is their healthcare home.

Previous experience working with underserved populations is highly desired. CHAS is a rewarding place to work:

- CHAS offers competitive compensation and benefits
- CHAS pays 100% medical premium, dental, life, AD&D and long term care insurance
- Employees receive an employee assistance program, paid time off, continuing education reimbursement and 401(K)

Help improve the overall health of the Greater Spokane community today!

- To learn more, see a full job description here: <http://www.chas.org/employment/>
- The Spokane region is a great place to call home. To learn more about Spokane, please visit www.visitspokane.com.

For questions about this job, please contact Toni Weatherwax at 509-444-8888.

Corrections Health Seeking Physician

Multnomah County Health Department, located in Portland, Oregon, is seeking a full time (.8 FTE) board certified/board eligible internal medicine or family medicine physician for our Corrections Health Division. The Health Department provides health, mental health and dental care to all detainees in Multnomah County. This position works with other provider staff to provide direct clinical care to the adults and juveniles in custody. In addition, this position may provide leadership to the program for quality improvement, chronic care standards, clinical expertise and participates on the management team for oversight of operations, personnel, budget and service delivery of Corrections Health. This physician reports to the Health Department Medical Director, as well as the Corrections Health Director.

The Health Department is seeking physicians comfortable with caring for the medically indigent, enthused about cross-cultural medicine and oriented toward preventive health. Experience with the public safety system, addicted population, multi-system health care needs and unstable chronic diseases are desired. Qualified candidates must be board certified or board eligible; this position is not a J-1 visa or HB-1 opportunity.



MULTNOMAH COUNTY
HEALTH DEPARTMENT
CORRECTIONS HEALTH

Salary Range is \$113,327.00 - \$158,783.00 annually plus a 5% Corrections Premium and a 5% Medical Director Premium. Candidate must pass the Sheriff's Office security clearance.

For more information please contact:

Amit Shah, Medical Director, at 503-988-5140 ext. 25868 or amit.r.shah@co.multnomah.or.us

To apply, please visit our job opportunities website at: www.multcojobs.org, Job # 9490-07



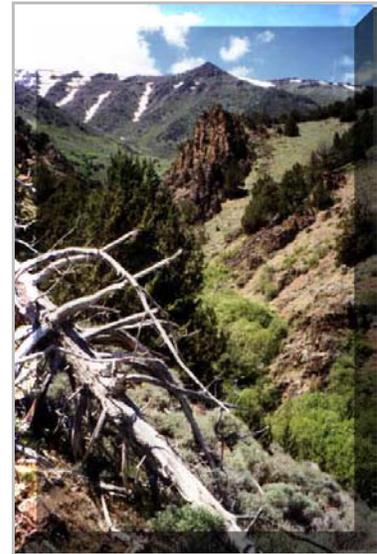
Family Practice Opportunity for BC/BE Physician

- ◆ Full spectrum family medicine patient base; join 3 partners who serve a base of less than 8000 residents (OB optional)

- ◆ Income Guarantee \$160,000 for first year, relocation and housing assistance
- ◆ Stipend for 3rd year residents able to sign on early
- ◆ State of the art electronic clinic environment
- ◆ New hospital facility with full outpatient services and 24/7 surgical coverage
- ◆ Quality lifestyle for those choosing our unique rural practice environment



Harney District Hospital
Burns – in Eastern Oregon's
High Desert Country



For more information, please contact:

Stacy Rothwell, Manager
High Desert Medical Center
541-573-8870
srothwell@highdesertmed.com
www.highdesertmed.com



Faculty Ad: Full Time OB Fellowship Trained Family Physician

Oregon: Full-time, Board-Certified, OB fellowship and C-section trained faculty needed for Oregon Health & Science University, Department of Family Medicine, Cascades East Family Medicine Residency program.



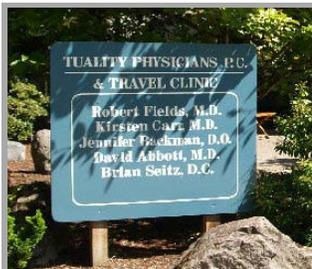
Come and work in a full-time University position with excellent benefits in a University-administered, community-based program, tailored to provide training for physicians who wish to practice full spectrum family practice in rural America.

We attract excellent residents from throughout the U.S. This unique residency is located in southern Oregon in a beautiful small city that rests in the Cascade Mountains. Come and join a dynamic faculty who need help in realizing the full potential of the available resources.

Responsibilities include resident and medical student teaching, patient care (flexible duties depend on qualifications and can include inpatient and ICU; obstetrics required; with possible high-risk OB call-coverage shared with OB faculty), and ample opportunity and time to pursue scholarly and administrative duties. A safe environment, good schools, and incredible outdoor recreation await the qualified applicant. This is a NHSC loan repayment site, and a suitable candidate may apply.

Please send CV and three references to Robert Ross, M.D., Program Director, CEFP, 2801 Daggett, Klamath Falls OR, 97601, e-mail robr1228@aol.com, or call (541) 885-4612 for further information. AA/EEO employer.

Independent Clinic is Seeking Family Physician



Tuality Physicians, PC, a primary care clinic in Hillsboro, with five independently-contracted physicians, is seeking a family practice physician.

In this position, the physician will be medically independent, while being expected to conform to our efficient administrative model. The position is full-time, which is four or five days weekly as scheduled. Remuneration is on the basis of a percentage of collections.

Because we are an independent clinic, we are able to set our own policies, be non-bureaucratic and personalize our practices for the benefit of our patients and ourselves.

Professional and personal relationships within the Clinic are cordial and helpful, and are free of much of the frustration that is so often experienced by physicians who work for large, hospital-owned entities.

If you are interested in this position, please contact me at:

Robert D. Fields, M.D., Director

Tuality Physicians, PC

Cell: 503-349-9292; Home: 503-292-2977

fieldsrobert@comcast.net



Donation Form

Contributions to support the newsletter, student and resident programs, and other department activities are always appreciated.

I SUPPORT OHSU FAMILY MEDICINE

I accept the invitation to support OHSU Family Medicine. Enclosed is my donation.

Name _____

Address _____

City _____ State _____ Zip _____

Telephone (day) _____

E-mail _____

Enclosed is my check for \$_____ payable to "OHSU Foundation." Please write "OHSU Family Medicine" on the check. OR

Please charge \$_____ to my _____ Visa or _____ MC

Name on Card _____

Card/Account Number _____

Expiration Date _____

Signature _____ Date _____

Please specify if there is a special Family Medicine Fund that you wish to support:

[] I would like additional information regarding giving opportunities to the Family Medicine Department at OHSU.

[] I/we have placed the Family Medicine Department in my/our estate plans.

Comments for the Department Chairman: _____

Please Send to:

Coelleda O'Neil
OHSU Family Medicine, Mail Code: FM
Oregon Health & Science University School of Medicine
3181 S.W. Sam Jackson Park Road
Portland, OR 97239-3098

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