

Diagnostic Imaging Services

503-418-0990

BREASTFEEDING AND CT CONTRAST

If you are presently breastfeeding and you will be receiving intravenous contrast, it is usually not necessary to stop the feedings after your CT scan. Research shows that less than 0.01% of the contrast you receive will be absorbed by the child's gastrointestinal tract. However, if you wish, you may stop breastfeeding for 24 hours after your CT scan and that should insure that nearly 100% of the contrast has been eliminated from your body.

If you choose to stop breastfeeding for 24 hours after your CT scan you will need to pump or actively express your milk from both breasts and discard the milk during that 24-hour period. You may wish to use a breast pump to obtain milk before your CT scan so that you can use the milk to feed the child during the 24-hour period after your CT scan.