

## WORKSHEET FOR PERSONAL STATEMENT

**A. Reasons for specialty selection:**

- 1.
- 2.
- 3.

**B. Skills you possess which are valued by your specialty:**

- 1.
- 2.
- 3.

**C. Relevant clinical and personal experience:**

- 1.
- 2.
- 3.

**D. Personal interests and life experiences which demonstrate your values and priorities:**

- 1.
- 2.
- 3.

**E. Personal and practice goals:**

- 1.
- 2.
- 3.

**F. Training you desire in a residency program:**

- 1.
- 2.
- 3.