

Graduate Programs in Human Nutrition

The Graduate Programs in Human Nutrition is located within the Marquam Hill campus of the Oregon Health & Science University. Three options for graduate study in nutrition and dietetics are offered.

Dietetic Internship Certificate Program

One option is the Dietetic Internship Certificate Program. The Dietetic Internship Program, is a 10-month long program that balances state-of-the-art, evidenced-based, practical experience with a variety of didactic learning opportunities. Interns complete supervised practice rotations at sites throughout Oregon and southwest Washington that provide opportunities to experience community and public health, and primary to tertiary nutrition care in urban and rural settings. Placements in Medford and Eugene, OR are also available. Service learning and community outreach experiences are facilitated and encouraged. Students who complete the program earn 36 graduate credits, receive a verification statement and become eligible to take the Commission on Dietetic Registration, Registration Examination for Dietitians, a requirement for becoming a Registered Dietitian.

The Dietetic Internship Program rotation schedule includes placements in public health, nutrition education, patient and retail food service, management, medicine, surgery,

critical care, pediatrics, renal, geriatrics, research and primary care settings. Towards the end of the program, interns complete “staff-experience” and “advanced practice” training in an area of personal interest.

Examples of Public Health and Nutrition Education Sites

- The Salud Clinic for Migrant Workers
- Women, Infants & Children (WIC) Clinics
- The Oregon Dairy Council
- The Oregon State Department of Health
- Portland Public Schools, Nutrition Services

Examples of Clinical Nutrition Sites

- Oregon Health & Science University Hospitals and Clinics

- Doernbecher Children’s Hospital
- Legacy Emanuel Children’s Hospital
- Portland Veterans Affairs Medical Center
- Kaiser Permanente of Oregon
- Providence Health Systems
- Legacy Health Systems
- Rogue Valley Medical Center (Medford)
- Sacred Heart Medical Center (Eugene)

Examples of Special Interest Sites

- Shriners Children’s Hospital
- Legacy Good Samaritan Obesity Institute
- Oregon Burn Center at Legacy Emanuel Hospital
- Sports Nutrition Clinics
- Diabetes Education Clinics
- Oregon Food Innovation Center



Combined Dietetic Internship/Masters in Clinical Nutrition

A second option combines the Dietetic Internship with the Master of Science in Clinical Nutrition. This option takes about two years to complete, is research-oriented and provides advanced training in macro- and micronutrient metabolism, medical ethics, statistics, physiology, and clinical and laboratory nutrition assessment. Courses in nutritional epidemiology, global health,

Want to Know More?

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international nutrition, sustainable food systems, cultural competency, and sports nutrition are available on an elective/independent study basis. Most students in the combined program complete internship rotations at the Portland Veterans Affairs Medical Center during the first year. During the second year students complete courses and clinical or public health-related nutrition research projects that culminate in a Master's thesis. Admission to the OHSU Graduate School is a requirement and a government stipend may be available. Registered dietitians who are interested in continuing their education, conducting research and completing a Master's degree may also apply to the MS in Clinical Nutrition and complete the work on a full- or part-time basis.

Recent Thesis Topics Include:

- Obesity & Vitamin D Status
- Pregnancy & Vitamin E Metabolism
- Diet Composition, Weight loss & Inflammatory Markers

- Prostate Cancer & Inflammatory Markers
- Nutrition Interventions for Children with Fatty Acid Oxidation Disorders
- Food Insecurity in Children with Special Health Care Needs
- Impact of Diet on Neuroendocrine Markers of Weight Regulation
- Breastfeeding Practices among Black Women Participating in WIC

Masters in Clinical Dietetics

A third option is the Master of Clinical Dietetics, a non-thesis option designed to enhance clinical practice skills and applied nutrition knowledge. This option is available to dietetic interns and graduates of the OHSU Dietetic Internship Program. The Master of Clinical Dietetics takes about one year (full-time) to complete and, in addition to course work, students complete a clinically-based culminating project. This option requires admission to the OHSU Graduate School and may be completed on a full- or part-time basis.

Faculty

Diane Stadler, Ph.D., R.D., L.D.

Program Director

Specializes in metabolic nutrition, children with special health care needs and weight loss trials. Sponsors international nutrition projects

Tracy Ryan-Borchers, Ph.D., R.D., L.D.

Program Director, Dietetic Internship

Specializes in clinical nutrition and nutrition education

Melanie Gillingham, Ph.D., R.D., L.D.

Director, Masters Program

Specializes in pediatric nutrition, fatty acid oxidation disorders and exercise studies

Jeri Greenberg, M.S., R.D., L.D.

Clinical Coordinator and Instructor

Specializes in community and school-based nutrition education

Adjunct/Affiliate Faculty

Elizabeth Adams, Ph.D., R.D.

Assistant Professor

Public Health & Preventive Medicine
Specializes in children with special healthcare needs

Tatiana Grabowski, M.S.

Senior Developmental Trainer,

OHSU Foods and Nutrition Services

Specializes in retail management and training

Steve Hiatt, M.B.A., F.M.P.

Director,

OHSU Foods and Nutrition Services

Specializes in hospital food service management

Monica Hunsberger, Ph.D., M.P.H., R.D., L.D.

Adjunct Assistant Professor, Graduate Programs in Human Nutrition

Specializes in community nutrition, public health and nutrition policy

Maureen McCarthy, M.P.H., R.D., C.S.R., L.D.

Transplant Dietitian

Specializes in nutrition intervention of pre- and post transplant patients

Jessie Pavlinac, M.S., R.D., C.S.R., L.D.

Past President, ADA

OHSU Clinical Nutrition Manager

Specializes in clinical nutrition, clinical nutrition management, and renal disease

Jackie Shannon, Ph.D., R.D.

Associate Professor, Public Health & Preventive Medicine

Specializes in nutrition epidemiology, clinical and translational research