

# Graduate Programs in Human Nutrition

Graduates of the Dietetic Internship Program and the Combined Dietetic Internship Program/Master of Science in Clinical Nutrition enter the field of nutrition and dietetics from a variety of backgrounds, with diverse interests, and with a passion to serve. These future leaders use innovative, evidenced-based, nutrition care and dietetics services to promote and enhance health and wellness. Our students become efficient and effective communicators who use far-reaching, social networking mediums to disseminate information about nutrition to clients, colleagues, and the global community. Four options for graduate study in nutrition and dietetics are offered at OHSU.

## Dietetic Internship Certificate Program

The Dietetic Internship Program balances practical experience with a variety of didactic learning opportunities. Interns complete supervised practice rotations at sites throughout Oregon and southwest Washington to experience nutrition care in urban and rural settings. The majority of interns are placed within the Portland area. Each year, a few interns complete rotations in Medford and Eugene for the duration of the program.

Service Learning is valued at OHSU and supported by our program through our concentration in "Community

Outreach." Students select a food or nutrition-related project of personal interest and work throughout the program to plan, implement, and evaluate the project.

Students who complete the program earn 36 graduate credits, receive a verification statement and become eligible to take the Commission on Dietetic Registration, Registration Examination for Dietitians, a requirement for becoming a Registered Dietitian. The annual first-time pass rate of our graduates is routinely between 90-100%. Over 90% of graduates secure employment in the field within one year of graduation.

Supervised Practice/Experiential Learning opportunities include placements in public health, nutrition education, patient and retail food service, management, medicine, surgery, critical care, pediatrics, renal, geriatrics, research and primary care settings. Interns also complete clinical "staff experience" and a "student choice" rotation in an area of personal interest.

## Examples of Public Health and Nutrition Education Sites

- Salud Clinic for Migrant Workers
- Women, Infants & Children (WIC) Oregon Program and Local Agency Clinics
- Oregon Dairy Council
- Oregon Department of Human Services
- Portland Public Schools, Nutrition Services



### Examples of Clinical Nutrition Sites

- Oregon Health & Science University Hospital and Clinics
- Doernbecher Children's Hospital
- Randall Children's Hospital
- Portland VA Medical Center
- Kaiser Permanente of Oregon
- Providence Health & Services
- Legacy Health Systems
- Rogue Valley Medical Center (Medford)
- Sacred Heart Medical Center (Eugene)

### Examples of Special Interest Sites

- Shriners Children's Hospital
- Oregon Burn Center
- Our House of Portland, HIV Care Center
- Oregon Clinical & Translational Research Institute
- Oregon State University Food Innovation Center

## Combined Dietetic Internship/Master of Science in Clinical Nutrition

The Combined Dietetic Internship/  
Master of Science in Clinical Nutrition

takes about two years to complete, is research-oriented and provides advanced training in macro- and micronutrient metabolism, statistics, physiology, and clinical and laboratory nutrition assessment. Courses in nutritional epidemiology, global health, international nutrition, sustainable food systems, cultural competency, and sports nutrition are available on an elective/independent study basis. Most students in the combined program complete internship rotations at the Portland Veterans Affairs Medical Center. A government stipend may be available for these students. Students complete clinical or public health-related nutrition research projects that culminate in a Master's thesis.

### Recent Thesis Topics Include:

- Obesity and Vitamin D Status
- Pregnancy and Vitamin E Metabolism
- Diet Composition, and Weight Loss
- Prostate Cancer and Inflammation
- Nutrition Interventions among Children with Fatty Acid Oxidation Disorders

## Master's Programs for Registered Dietitians

Registered Dietitians or recent graduates of the OHSU Dietetic Internship Program who are interested in advancing their education may complete the Master of Science in Clinical Nutrition. Students complete an original nutrition-related thesis project in addition to advanced coursework.

The Master of Clinical Dietetics is a non-thesis option designed to enhance clinical practice skills and applied nutrition knowledge. Students complete a capstone project focusing on a nutrition-related topic of their choice.



## Program Faculty

**Diane Stadler, PhD, RD, LD**

Program Director & Assistant Professor  
*Metabolic nutrition, children with special health care needs, weight loss trials, and international nutrition*

**Jeri Greenberg, MS, RD, LD**

Dietetic Internship Director & Instructor  
*Community and school-based nutrition education*

**Melanie Gillingham, PhD, RD, LD**

Master's Program Director & Assistant Professor  
*Pediatric nutrition, fatty acid oxidation disorders and exercise studies*

**Kathleen Holton, PhD, MPH**

Research Assistant Professor  
*Effects of dietary excitotoxins and micronutrients on neurological function*

**Julie McGuire, MS, RD, LD**

Clinical Nutrition Education Coordinator  
*Medical nutrition therapy*

## Affiliate Faculty

**Elizabeth Adams, PhD, RD**

Assistant Professor  
Public Health & Preventive Medicine  
*Children with special healthcare needs, food insecurity*

**Steve Hiatt, MBA, FMP**

Director, OHSU Food and Nutrition Services  
*Hospital food service management*

**Maureen McCarthy, MPH, RD, CSR, LD**

Transplant Dietitian & Assistant Professor  
*Nutrition intervention for transplant patients, medical ethics*

**Jessie Pavlinac, MS, RD, CSR, LD**

Past President, Academy of Nutrition & Dietetics  
OHSU Clinical Nutrition Manager  
*Medical nutrition therapy, clinical nutrition management*

**Jackie Shannon, PhD, RD**

Associate Professor, Public Health & Preventive Medicine  
*Nutrition epidemiology, clinical and translational research*

**Mike Lasarev, MS**

Research Associate  
Public Health & Preventive Medicine  
*Biostatistics*

## Want to Know More?

[www.ohsu.edu/gphn](http://www.ohsu.edu/gphn)

E-mail: [gphn@ohsu.edu](mailto:gphn@ohsu.edu)