



Kitzhaber Presentation, Lunch a Success



(L-R) Muriel Thomas, John Kitzhaber and Kay Dawson.

The annual fall luncheon on October 14th, 2008 in the BICC was a huge success with almost 90 people attending to hear former Oregon governor John Kitzhaber, MD, discuss health care reform - "The Unfinished Business of the Baby Boom Generation: Healthcare for the 21st Century".

If you missed the talk, or were there but want to revisit his presentation, he has kindly provided it for our reference and further distribution.

It is posted at the SMA website (www.ohsu.edu/sma) under "Calendar of Events", where you can click on both his comments and slides. (They are listed under "Fall Pediatric Conference 2008" - another venue at which he presented this talk.)

Thanks to Dr. Kitzhaber for sharing his proposal for health care reform with us.

Thanks, also, to Pam Anderson and Sally Hicks for their usual wonderful job organizing this timely, informative presentation. And, finally, thanks to those who supported this event by attending and bringing friends as well.



Diana Kazmierczak with Teresa Spangler, guest of Sabrina Enochs-Chui.

Blankets & Books for Babies News

THANKS TO BBB FROM SCAPPOOSE CLINIC:

Our Threads interest group (led by Jean Morton), whose members have knitted many lovely baby quilts, and our BBB Committee (led by Robin Kirsch), who assemble and distribute infant layettes to a number of area health care organizations, were gratified recently to receive the following expression of appreciation from Diane Hutson, the Practice Manager at the OHSU clinic in Scappoose:

"Dear Anita (Anita Taylor is the SMA member who delivers the layettes to Scappoose),

Please forgive the delay in thanking you and all members of the SOM Alliance for your generous layette gifts for our prenatal patients and their babies. The entire clinic signed a thank-you card which will be on its way to you via campus mail.

Thank you for making a difference in the lives of our patients. It's pretty great for our staff too...they love being able to give something to those we know have great need."

NEW LEADERSHIP NEEDED:

The Blankets and Books for Babies project has been a much-loved and supported initiative for SMA for more than 20 years. Each year our caring volunteers package and distribute many hundreds of layettes to needy families in our area. Originally started by Dorthea Drake Pennington in the mid-1980s, it has continued to thrive under the subsequent leadership of Nancy Cutler for many years, and, for the past five years, Robin Kirsch. Both Nancy and Robin have fostered a group of dedicated community volunteers who continue to sew and knit items for our layettes. In addition, Audrey Moses initiated the inclusion of a book in each layette and has led that aspect of the project for many years. SMA has been fortunate to have had the dedicated leadership of these three members as well as the participation of the many SMA members who have regularly staffed the packing days and helped with the deliveries of the layettes over the years.

As Robin will be stepping aside in July, we need to identify the next leader of BBB. Your board will be happy to hear from those members interested in this role. Please contact Joan Foley, Chair of the Nominating Committee, for additional information.

LAYETTE PACKING DATES:

The layette packing dates for Winter/Spring 2009 are: **March 2** and **May 4 (Mondays)** from 9:30-11:30 a.m. in CDRC room 2226. All are welcome. If you need a parking pass please contact Robin Kirsch no later than Friday before the packing date.

November 2008 “Meet the Author” Event featuring Fritz Fraunfelder, MD

Forty-five members and guests gathered at Waverley Country Club on November 19 for a special SMA social event. Following a reception featuring gourmet hors d'oeuvres and wine, Dr. Fritz Fraunfelder discussed his new book, *Retirement Rx: The Retirement Docs' Proven Prescription for Living a Happy, Fulfilling Rest of Your Life*, co-authored with Dr. James Gilbaugh, Jr. Dr. Fraunfelder is Emeritus Professor of Ophthalmology and the Founder and Director Emeritus of the Casey Eye Institute at OHSU. He is married to long-time SMA member, Yvonne, who served as SMA President in 1991.

This was a most enjoyable and informative evening, with many lessons learned about the importance of planning for the nonfinancial aspects of our “second careers”. Guests received autographed copies of the book and orders were also taken and filled after the event.

Fritz donated the books to SMA so a portion of the ticket sales and 100% of the proceeds of the sale of the extra books will be used for our philanthropic projects.

Happily, a number of the things that were identified as factors necessary for a happy retirement are enhanced by SMA membership – things like physical exercise (Walking Group), social activities with friends (Threads, Movie Group, BLT, Gardening Group, luncheons and social events), and intellectual activities (our two Book Groups). So, if you aren't yet active in an interest group, JOIN US! It's not only fun – it's beneficial!

Thanks so much to Fritz for his generosity and for the stimulating talk. Thanks, also, to Joan Foley, Muriel Thomas and Kay Dawson, who organized and planned this very special evening. Finally, thanks to all the members who supported this event by attending and bringing friends!



(L-R) Fritz Fraunfelder, MD and David Dawson, MD.

End of Year Appeal

SMA members responded generously to our annual year-end appeal, contributing a total of \$1900. Your gifts are much appreciated and will greatly assist SMA's philanthropic efforts in support of the medical school. Thanks very much for your support!

Jean Morton Ceasefire Oregon Award

On August 17, 2008, SMA member Jean Morton was the recipient of the Ceasefire Oregon Founder's Award. A co-founder of the organization, Jean has been an active participant in the organization since 1994, serving as an officer and director for both the Ceasefire Oregon Education Foundation and Ceasefire Oregon.

Her commitment to coordinating numerous gun turn-in events have resulted in more than 6,700 firearms collected over

the past 15 years.

In addition to her work with Ceasefire, Jean is also active in raising scholarship funds for Portland State students. She is a long-time member and valued contributor to SMA, having served as President in 1986 as well as in several other officer roles. Currently, she is the leader of our Threads interest group and active in Evening Book Group and Walking Group. Our warm congratulations to Jean on the well-deserved Ceasefire award!

Welcome New Members!

New members since the 2008-9 directory was published.

Mark Kemball

Cassy Nehring

Janet Solomon

Donna Stevens

Laurel Swetnam

Rebecca Taylor

Current Membership = 116



(L-R) Joan Foley, Jodi Karr and Kay Dawson.

Thai Craft Sale

SMA member Jodi Karr, owner of GobieCo, generously invited SMA to sponsor a fundraiser featuring the sale of the beautiful, fair-trade, handcrafted items she imports from Thailand. Held in the waterfront CHH atrium on December 1-2, this event proved popular with both staff and patients, generating proceeds of \$1220 for our SMA projects. In addition, we were able to sell 25 SMA cookbooks for an additional \$125!

Many thanks to Jodi for providing SMA with this special opportunity. Thanks also to our SMA volunteers who staffed the sale (while joining in the holiday shopping experience): Pam Berg, Kay Dawson, Joan Foley, Nancy Kennaway, Diane Lowensohn, Sarah McCarty, Jean Morton, Susan Sack, and Anita Taylor. And, thanks to all the SMA members who stopped by to shop as well! You know who you are!!

January 2009 Lecture: Don Trunkey, MD

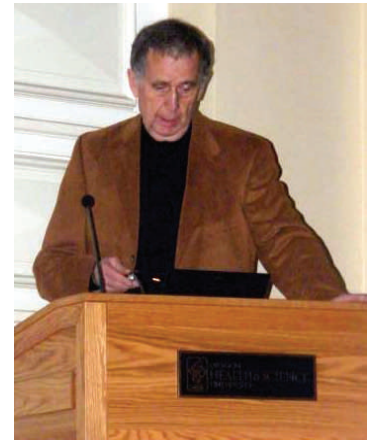
The OHSU library auditorium was the venue for a special SMA social event on Sunday, January 11th when Dr. Donald Trunkey, Chair Emeritus and Professor of Surgery at OHSU, presented a lecture on *The Medical Aspects of the Lewis and Clark Expedition*. Don is married to long-time SMA member Jane Trunkey who served as President in 1994.

More than 80 SMA members

and guests were informed and inspired by Don's lecture on the travails faced by members of the Corps of Discovery as they made their way across the US to Oregon and the Pacific Coast. Many thanks to him for sharing his insights and broadening our knowledge of this fascinating subject that is of special interest to our region.

Thanks, also, to the planning committee, Joan Foley, Muriel

Thomas, and Kay Dawson who coordinated this event. And special thanks to the following SMA members who provided delicious savories for the reception following the lecture: Nancy Cutler, Joan Foley, Nancy Kennaway, Diane Lowensohn, Eva MacLowry, Susan McAnulty, Sarah McCarty, Jean Morton, Jill Neuwelt, Bonnie Nuttall, Susan Sack, and Ranee Trainer.



Dr. Don Trunkey

In Memorium:

Erica Goodwin (1933–2008)



Dr. Peter and Erica Goodwin

SMA member Erica Goodwin died unexpectedly and peacefully at home on Friday, October 3, 2008.

She was born in King Williamstown and raised in Queenstown, South Africa. In 1958 she married Peter Goodwin, a Queens-town physician. The family emigrated in 1962 and settled in Camas, Washington.

She continued with her education by attending night classes at Portland State University and graduated magna cum laude with an M.A. degree in US Constitutional History in 1983.

In 1985 the family moved to Portland. Erica worked on several research projects and volunteered at the Oregon Historical Society for over twenty years. She was a board member of Artists Repertory Theater from its earliest days.

She was president of the SMA in 1992 and, for several years afterward, maintained its historical archives. More recently, she was active in our Threads group, knitting beautiful baby quilts for the Blankets & Books for Babies project.

All who knew Erica, particularly those members who participated in Threads with her in recent years, considered her an inspiration for her grace, elegance, and generosity of spirit. We remember her with great affection.

Erica is survived by Peter, her husband of fifty years; children Philippa, Nicola, Michael and David; their spouses, and five grandsons.

(Excerpted from The Columbian, October 07, 2008 and Kay Dawson.)

(Photo courtesy of Matthew Simek)

Lonnie Watzke (1927–2009)

Lorraine (Lonnie) Watzke passed away on January 18, 2009.

Lonnie was born in Milwaukee, Wis. She married Dr. Robert Coit Watzke in 1956, and worked as an operating room nurse at the Peter Brigham Hospital in Boston. She studied nursing at the Knoxville General Hospital in Tennessee and pre-med at the University of Wisconsin. She moved to Portland in 1984 and was a member of the Disciples in Mission Study Group.

She is preceded in death by her son, James. She is survived by her husband; children Robert, John, William, Elizabeth and Susan; and four grandchildren.

Lonnie was active in SMA for many years. It was only this year that she did not renew her membership, due to her declining health. She will be remembered fondly by many SMA members.

(Excerpted from The Catholic Sentinel, January 29, 2009, and Kay Dawson)

New Fundraising Opportunity

Come learn about a new fundraising opportunity offered to SMA members and friends!

35% of the retail purchases benefit the SMA.

The Arbonne skin care products (www.arbonne.com) will be available for sampling and orders may be placed during the showings.

Tuesday, March 17, 2009 from 7.00-8.30pm

Wednesday, March 18, 2009 from 10.00-11.30am

Location: Anita Taylor's home, 1414 SW Third Ave., #2904 (KOIN Tower), between SW Columbia and Clay.

RSVP: 503.494.6618 (workdays)/503.241.1826 (evenings before 9pm/weekends)

Light refreshments will be served

Have an event or article for the next newsletter?

Contact Alisha Wang c/o: sma@ohsu.edu

www.ohsu.edu/sma

Interest Group Contacts

Movie Group: Susan McAnulty
BLT (Bargains, Lunch and Talking): Anita Taylor
Garden Group: Pam Anderson and Kim Beaudet
Gourmet Group: Bonnie Nuttall
Threads (Knitting/Sewing): Jean Morton
AM Book Group: Eva MacLowry
PM Book Group: Joan Foley
Walking Group: Ellen Schwarz

Please refer to your SMA Directory for contact information.

2009 Book Sale Dates!

March 4, 5, 6 May 12, 14,15 Sept. 23, 24,25
Dec. 9, 10, 11 The book sale location has moved! Look
for the display at the TOP of the tram in the Koehler Pavilion.

Book Group Selections

AM Contact Eva MacLowry

PM

March 12: "The Space Between Us" by Thrity Umrigar
April 9: "Eaves of Heaven: A Life in Three Wars" by Andrew
X. Pham
May 14: "To Kill A Mockingbird" by Harper Lee

Upcoming Events

Annual Valentine's Day Chocolate Sale

February 12 and 13

CHH Waterfront Atrium and OHSU Hospital – 9th Floor
Walkway

Winter Luncheon

February 17

Five Spice Bistro, 11.30am, Lake Oswego.
Randy Gragg, Editor of *Portland Spaces*, speaker.

Spring Luncheon/Annual Meeting

May 5, 2009. Waverley Country Club, 11.30am

Garden Group:

February 23, 7pm: "All About Tulips" with Karen Iverson of
Wooden Shoe Tulip Farm. Host: Pam Anderson

March 19: Abby Crouch "The Hummingbird Guru" talk

April: Chinese Garden tour (day event, date TBA)

April 2: HPSO "Daphnes with David Palmer" \$5

Thank you Contributors

Articles: Pam Anderson, Kay Dawson, Joan Foley **Photos:** Gillian Casson, Joan Foley, Muriel Thomas, Matthew Simek

OHSU School of Medicine



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community support and service to
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