



OHSU School of Dentistry/Dental Bites

January 2009

Budget Tightening Underway

The School of Dentistry in early December was asked to trim one-to two-percent of its budget for the first six months of 2009, a decrease of about \$335,000. "Key indicators, including slower-than-anticipated hospital growth, higher-than-anticipated interest costs, and reduced returns or losses on both university and OHSU Foundation investments, all are factors in the university asking schools to be extra cautious with their resources," said Dean Jack Clinton, D.M.D. '64. For the next six months, the

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Holiday Sweater Day Raises Funds for Police

About 40 dental students, staff, and faculty participated in the second annual Sweater Day in the pre-doctoral clinic. The Dec. 10 event raised more than \$125 for the Portland Police Sunshine Division. The Fremont bridge group raised more money than any other group and won a Dental Student Government-sponsored breakfast at a future Monday morning huddle, said third-year dental student **Ryan Voge**.

In addition to the usual colorful holiday sweaters, "many students and some staff took the opportunity to sport other holiday-related clothing like ties, socks, vests, and even a pair of antlers," said Ryan, who is the DSG vice president.

This was the second year dental students organized Sweater Day for charity.

Malpractice: A Band with a Little Teeth

Three years ago, a group of first-year dental students were sitting in the Student Learning Center talking about entering the annual School of Dentistry talent show.

"I thought it would be fun to sing an AC/DC song," said now fourth-year dental student **Cole Johnson**. **Nik (Rawley)** said he would play guitar, and **Charlie (Hartman)** owned a bass. Then **Matt (Moen)** said he used to play drums and our fledgling band "AC/DMD" was born."

Since then, the band has changed its name to Malpractice. The group has played in a handful of venues, most often the Dublin Pub in Beaverton.

The band has their own logo and T-shirts and, in a nod to the music they play, Cole and Matt have rocked several '80s hairstyles.

"We are strictly an '80s cover band specializing in power ballads featuring such as Bon Jovi, Kenny Loggins, Def Leopard, and the Scorpions," said Cole. "If the vocals are



Fourth-year dental students Charlie Hartman (top left), Matt Moen (top center), Nik Rawley (right top); and Cole Johnson (front), are Malpractice.

too high, the guitar too fast, the drums too difficult, and it reeks of big hair and tight pants ... we'll play it."

Though the band is busy with school, we "realize it's important to do other things besides school and dentistry," said Cole. Email Cole at johnsoco@ohsu.edu for information on Malpractice's winter show, tentatively scheduled for late February/early March.

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Longtime OHSU Professor Knows Dental History

J. Henry Clarke, D.M.D. '61 can rattle off dates as if the events happened yesterday. The longtime OHSU School of Dentistry professor can tell you exactly when he started lecturing on the history of dentistry (1969), when he assumed fulltime dental history duties for the dental school (1972), when anesthesia was discovered by a dentist (1846); and the year anatomic forceps were invented by a dentist (1826), just to name a few.

"I have always loved history," said Dr. Clarke, professor emeritus of community dentistry. "My mother always said, 'He who loves history, lives twice.' And that seems about right."

As a youngster, Dr. Clarke was fascinated with Native American culture and history. While at the University of Utah for his undergraduate studies (he ultimately received a bachelor's degree from Portland State University), Dr. Clarke became interested in United States Western history. And with a father who immigrated to the U.S. as a teenager, Dr. Clarke had a good facility for English lore.

Dr. Clarke planned to become a college professor. But then he met his wife, **Linda**, and was drafted into the Korean War.

"The day before I was to be shipped out, I had an abscessed tooth," said Dr. Clarke, laughing at the irony. "They wouldn't delay my draft for the tooth to be fixed."

"When I reported for duty, they were going to extract my central incisor and my dentist at home had been planning to do a root canal. I sure didn't want to lose a tooth right in front, so I asked for an oral surgeon and he did the root canal procedure. It was at that point that I decided dentistry was a fascinating field and I managed to get into the dental corps because I knew I could better provide for a family on a dentist's income."

Dr. Clarke attended University of Oregon Dental School (now the OHSU School of Dentistry) and graduated in 1961. Upon graduation, he opened a private practice in southeast Portland.

But he missed teaching. And the business side of dentistry never appealed.



J. Henry Clarke, D.M.D.

During the 1960's, many dental schools were revising their dental school curriculums and eliminating their history of dentistry courses. Dr. Clarke had heard that **George Batterson**, M.S., who was then teaching dental history, would be retiring, and in 1969, he asked then-Dean **Lou Terkla**, D.M.D. '52, if he could take Batterson's spot to ensure the course remained within the dental curriculum.

Dr. Terkla asked Dr. Clarke to begin giving lectures that fall.

In 1972, Dr. Clarke scaled back his private practice to one day a week and joined the School of Dentistry, assuming general education department head responsibilities.

One of Dr. Clarke's first tasks was to restore and organize the thousands of archival materials languishing in room 13 on the ground floor of the school. The Alumni Association gave Dr. Clarke and the School's then dental librarian two \$10,000 grants: one to create a history of dentistry room on the sixth floor; the other to restore rare books.

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Thank you, Dr. Derbyshire



For the ninth year in a row, the School of Dentistry's gorgeous holiday tree in the waiting room of the pre-doctoral clinic during December,

was donated by **John Derbyshire**, D.D.S., assistant professor of periodontology. Dr. Derbyshire is the owner of Christmas Mountain Trees in the Bald Peak area of Hillsboro. This year's Noble fir was grown, cut, and personally delivered by the longtime SOD professor. The tree is decorated by dental students, staff, and faculty. (Photo Jessica Smith)

New Library Resource

The OHSU Library is now able to provide access to "America's Newspapers," a database of more than 2,000 local, regional, and national papers, all in one easy-to-search database. According to OHSU Librarian **Sara Piasecki**, you can select and search one or more local newspapers, a group of titles across a state or region, specific papers nationwide or the entire collection. The database also includes 28 news magazines, including *Time*, *Fortune*, and *Foreign Affairs*. "America's Newspapers can be accessed through the Library Databases page at <http://www.ohsu.edu/library/databases/cfdbletter.cfm?letter=A>. For questions, email library@ohsu.edu.

Dr. Clarke

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"The first journal of dentistry was called the *American Journal of Dental Science* and we have a complete collection," said Dr. Clarke. "We also have a complete collection of *Dental Cosmos* from 1859 forward, a publication which was later replaced by the *Journal of the American Dental Association*. We have a number of rare books, including the works of G.V. Black, and many older works."

"I believe we have one of the best collections on the West Coast."

Due to budget cuts in the late 1990's, the School of Dentistry lost its library (now the Student Learning Center). The books were moved to the OHSU Biomedical Information Communication Center (BICC) and the dental history room was turned into a computer room. The majority of the school's historical collection was transferred to the second floor of the BICC and is now in a special history of dentistry room. The historical displays line the first, second, and sixth floor hallways of the dental school.

Dr. Clarke feels strongly that dental history should be taught with enthusiasm and a positive approach, "otherwise it's just a dead subject."

"Dentists have made so many contributions to humanity that students need to know about," noted Dr. Clarke. "In the 1600's, abscessed teeth were the fifth leading cause of death. People either put up with the pain or used home remedies until many died of spreading infection such as Ludwig's Angina or brain abscesses. If they tried to have the tooth pulled they often died from accidents or secondary infection."

The discovery of anesthesia by a dentist in 1846 was a key advance, he said, as was the development of anatomic forceps – also by a dentist — in 1826.

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Dr. Clarke (continued from page three)

The discovery of anesthesia opened the doors to surgery, said Dr. Clarke, and dentists have made many contributions to surgery, particularly plastic surgery, a field pioneered by a dentist.

"The history of dentistry has always been one of the most popular courses in dental school," said Dr. Clarke. "The American Academy of History of Dentistry has an essay contest every year (M.K. Bremner Award) and OHSU dental students have placed first in the contest more times (14 total) than any other dental school, which speaks to our history curriculum."

Bob Johnson, D.M.D. '79, now shares the history of dentistry teaching duties with Dr. Clarke and the course is taught to students in the first year of dental school, rather than the second.

Interested in the psychology of dentistry after treating many patients who did not like the numb mouth (or the pain) associated with dentistry, Dr. Clarke in 1964 attended a Canadian course in clinical hypnosis and became active in the American Society of Clinical Hypnosis and what is now the Oregon Society of Clinical Hypnosis.

Since 1973, Dr. Clarke has taught an elective course at OHSU in clinical hypnosis. In addition to his part-time OHSU appointment, he spends one-half day a week at the Kaiser Permanente TMD clinic using hypnosis to treat difficult cases of tension and myofacial pain. In 1974, he organized the School of Dentistry's division of behavioral sciences. Dr. Clarke later received a master's degree in human behavior/education from Portland State University.

In 1997, Dr. Clarke retired from chair-side dentistry.

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OHSU Safety Reminder

Now that it's dark before the start of the evening commute, dental students staff and faculty are reminded to slow down when driving on campus and pay extra attention to pedestrians and bicyclists. Pedestrians are encouraged to wear light-colored outerwear when possible and to remember that even drivers familiar with the campus don't always have the visibility necessary to avoid a collision.

SOD Calendar

Jan. 5	Start of 12-week winter term
Jan. 19	OHSU Holiday (MLK's birthday)
Jan. 23	Alumni Reception, Hawaii Prince Hotel Waikiki, Honolulu, 6 p.m.
Feb. 16	OHSU Holiday (President's Day)
Feb. 16	Alumni Association board meeting, 6 p.m.
Feb. 19	Inaugural Robert G. Gootee Endowed Lectureship in Leadership and Professionalism, 3 p.m., DS1 and DS4.
March 14	Alumni Reception, Phoenix, AZ
April 4	Annual Meeting and Awards Luncheon, 11:30 a.m. to 1 p.m.
April 3 to 5	Reunion Weekend 2009

If you have a submission for *Dental Bites*, please contact Sydney Clevenger (clevenge@ohsu.edu, 503-418-1792) by the 25th of the month prior to publication. Photos are also welcome in jpg or tif format.

"I love every part of teaching, from the preparation of a lecture to giving the lecture to creating a PowerPoint, to writing exams," said Dr. Clarke. "I love learning and the learning environment. I really have the best of all worlds here."

Dr. Hamm is a 'favorite'

Dental Bites reader **Carolyn Rust** enjoyed the December article about **David Hamm**, D.M.D. '52, so much that she wrote in: "As a 10-year-old in 1953, I was one of Dr. Hamm's first patients, along with my two sisters and parents. None of us had very good teeth, so we spent a lot of time with our favorite muzzle-loader. My younger sister, **Margi**, felt so safe and comfortable in Dr. Hamm's dental chair, she was known to fall asleep during the procedure. He always had the police radio on in the background, and occasionally something interesting would happen that would distract us for a few minutes. Dr. Hamm was my dentist until he retired [in 1995] and I miss him to this day. It's wonderful to know that others appreciate him, as well. He is a truly fine man."

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Budget

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School of Dentistry is restricting hiring, travel, events, and consultant work, maintaining salaries at their current rate, and reassessing planned capital spending.

"Knowing the service excellence commitment of every member of the faculty and staff, I am confident we will meet our savings target without noticeable compromise to our mission of training excellent dentists, improving patient's oral health, and advancing intellectual inquiry," said Dean Clinton. I am further confident that we will meet our savings target without the loss of any School of Dentistry employees if we make every decision these next months mission-critical.

"Good stewardship of financial resources is always essential to any healthy organization, and is even more important now. Despite the economic downturn, the School of Dentistry had a good 2008 and even in these uncertain economic times our future outlook is excellent."

U.S. Health Care Summit?

A coalition of nonprofit organizations, including the American Dental Education Association, are encouraging President-Elect **Barack Obama** to convene a health care summit in 2009. In a letter to President-Elect Obama and democratic and republication leaders, the coalition, led by Families U.S.A., hopes to bring together policy experts, leaders, advocates, and patients, to identify and develop strategies to handle the increasing number of Americans without medical or dental coverage. The coalition is urging the nations' leaders to focus on prevention and chronic care, giving patients the tools to enable them to better manage their own health, and expanding health coverage to all Americans. Said the letter, "Many families who are unable to afford health care often forego needed care. Without addressing health care trends, the U.S. economy will worsen, creating further hardship for families and businesses while stifling job creation, wage growth, and the productivity of the nation's workforce." Other letter signees include the American Association of Retired Persons, American Academy of Pediatrics, Children's Defense Fund.

Snow/Vacation at OHSU

Snow routines at OHSU are probably old hat after the weeks of snow and ice in December! But, just in case, here are the pertinent numbers to call when it snows:

OHSU Weather and Operations Information:
(503) 494-9021

Tri-Met Snow Line: (503) 231-3194

SOD Employee and Student Information: (503) 494-8980

SOD Patient Information: (503) 494-8867