Conference Purpose
The 2008 Oregon Statewide Inpatient Palliative Care Conference will bring together palliative care program leaders to learn about best practices and discuss key issues in caring for patients. This conference is the fifth statewide gathering and is part of a seven-year project to advance inpatient palliative care programs throughout Oregon.

Learning Objectives
1. Strengthen connections with other disciplines, institutions, and palliative care programs.
2. Identify expert management strategies for special patient populations, including those with substance abuse, dementia, medically unexplained symptoms, radiation therapy, and implantable defibrillators.
3. Develop your skills in addressing suffering, faith, hope, culture, self-care, and peacefulness in end-of-life care.

Target Audience
This continuing medical education conference is designed for physicians, nurses, social workers, pharmacists, chaplains, psychologists and other allied health care professionals involved in the hospice and palliative care of patients with life-threatening illnesses. (You may register for any breakout session, regardless of discipline.)

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Accreditation
• Adventist Medical Center (AMC) is accredited by the Oregon Medical Association to sponsor continuing education for physicians. AMC designates this educational activity for a maximum of 6.25 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.
• This program has been approved by the Oregon State Board of Pharmacy for 6.25 continuing education hours.
• AMC is approved by the California Board of Registered Nursing (Provider number 8690) to provide 6.25 contact hours to Registered Nurses attending this event.
• This course is approved by NASW-Oregon for 6.25 CE contact hours.

Pain/EOL Mandatory CE
Earn your mandatory pain and/or end of life CME/CEUs. Up to six of the seven hours required for licensure. Visit http://www.oregon.gov/DHS/pain/q-a_training.shtml.

Accommodations and Services
The conference will be held at the Oregon Convention Center in the Portland Ballroom. Visit www.OregonCC.org for directions and information on accommodations and services nearby.

Acknowledgement
Special appreciation goes to The Kinsman Foundation for their generous support in helping underwrite this conference.
Whether you're a physician, social worker, nurse or chaplain, you'll find the Statewide Palliative Care Conference to be innovative, thought-provoking, and practical. Keynote speaker, Susan Block, MD will present on clinicians' emotional reactions to patient deaths, as well as research examining factors that help patients achieve peacefulness as they face the end of their lives. Dr. Block is a Professor of Psychiatry at Harvard Medical School; Professor of Medicine for the Department of Medical Oncology and Chief of the Division of Psychosocial Oncology and Palliative Care for the Dana-Farber Cancer Institute; Associate Physician at Brigham and Women's Hospital; and co-director for the HMS Center for Palliative Care.

### Conference Agenda

**7:00 am - 8:00 am**
Registration

**8:00 am - 8:10 am**
Welcome  Tanya Lugliani Stewart, MD and Erik Fromme, MD

**8:10 am - 9:20 am**
The emotional toll of end-of-life care: Physicians and death  Susan Block, MD

**9:30 am - 10:30 am**
Breakout Session 1  (rooms D135-140)
- Caring for patients with dementia at the end of life: Science and stories  (1A)  Elizabeth Eckstrom, MD
- Medicine and miracles: Clinical prognosis and family expectations/hopes  (1B)  Barry Health, D Min  Panel facilitator: Barry Health, D Min
- Suffering and the relief of suffering in palliative care  (1C)  Erik Fromme, MD
- Implantable cardiovascular defibrillators in life’s last chapter  (1D)  Tanya Lugliani Stewart, MD  John McNulty, MD

**10:30 am - 10:50 am**
Break

**10:50 am - 11:50 am**
Breakout Session 2  (rooms D135-140)
- Addiction in end-of-life care: Challenges and opportunities  (2A)  Vern Williams, MD  Marvin Seppala, MD  Erik Fromme, MD
- Reviving the healers: Dealing with compassion fatigue in professional practice  (2B)  Susan Hedlund, MSW
- Implementing the new POLST electronic registry in your system  (2C)  Susan Tolle, MD
- End-of-life challenges in end-stage liver disease: For patients, their families, and professionals  (2D)  Lisa Hansen, PhD  Anna Sasaki, MD

**11:50 am - 1:00 pm**
Lunch

**1:00 pm - 1:40 pm**
Teaching palliative care assessment  Susan Tolle, MD

**1:50 pm - 2:50 pm**
Breakout Session 3  (rooms D135-140)
- Too much of a good thing? Recognizing opioid toxicity  (3A)  Sheila Sund, MD
- Relationship between stress and symptoms: Solving medical mysteries  (3B)  David Clarke, MD  Nancy Mattiuzzo, PhD  Daniel Duarte, MD
- Enhancing cultural competence  (3C)  Nancy Mattiuzzo, PhD  Daniel Duarte, MD
- Palliative radiation therapy  (3D)  Russ Omiyo, MD

**2:50 pm - 3:20 pm**
Break: posters/art

**3:20 pm - 4:30 pm**
Peace at the end of life  Susan Block, MD

**4:30 pm - 4:45 pm**
Directions for the future/Closing remarks  Tanya Lugliani Stewart, MD and Susan Tolle, MD

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**Early-bird Registration fee:** $75 (until May 23)

**Registration fee:** $100 (Includes beverages at registration, lunch and conference materials)

Make checks payable to: Center for Ethics, OHSU

Credit card payments:
- [ ] Visa
- [ ] MasterCard
- [ ] American Express

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For more information: please contact Margaret Jeppesen at 503-494-4436 or jeppesem@ohsu.edu.