

# OHSU Center for Health & Healing: Transportation Information

## Driving directions to the OHSU Center for Health & Healing

### From the south via I-5

- Take exit 299B, a *left-side exit* (signed “City Center/S Waterfront”).
- Bear left again (signed “City Center/S Waterfront”) as the exit splits.
- Turn right onto S.W. **River Parkway** (at the first traffic signal).
- Turn right onto S.W. Moody.
- Turn left onto S.W. Curry.
- Turn left onto S.W. Bond.
- Turn left onto S.W. Whitaker to enter the parking garage.

### From the south via S.W. Barbur Blvd.

- Travel north on S.W. Barbur Blvd.
- Exit onto S.W. Naito Parkway.
- Turn right onto S.W. Harrison.
- Turn right onto S.W. Moody.
- Turn left onto S.W. Curry.
- Turn left onto S.W. Bond.
- Turn left onto S.W. Whitaker to enter the parking garage.

### From the south via S.W. Macadam or Sellwood Bridge

- Travel north on S.W. Macadam.
- Turn right onto S.W. Curry.
- Turn left onto S.W. Bond.
- Turn left onto S.W. Whitaker to enter the parking garage.

### From the west via Hwy 26

- Pass through the Vista Tunnel and stay in the center lane to exit onto S.W. Market Street.
- Stay on Market Street.
- Cross over Naito Parkway onto S.W. Harbor Drive.
- At the second light, turn left onto S.W. Harrison.
- Turn right onto S.W. Moody.
- Turn left onto S.W. Curry.
- Turn left onto S.W. Bond.
- Turn left onto S.W. Whitaker to enter the parking garage.

### Public Transportation (TriMet and Portland Streetcar)

- Portland’s streetcar has been extended to service Portland’s South Waterfront. The streetcar stops at the corner of S.W. Moody and S.W. Gibbs, which is across the street and just north of the Center for Health & Healing. Patients and visitors may ride a TriMet bus downtown and transfer to the Portland streetcar. The closest streetcar stop to the downtown transit mall is at S.W. 5th and Market. The streetcar accommodates bikes and wheelchairs. Schedules and fare information are available online at: [www.portlandstreetcar.org/](http://www.portlandstreetcar.org/)

### From the north via I-5 or from the east via Ross Island Bridge *(Note: If you are traveling west on I-84, merge onto I-5 South, and then follow these directions.)*

- As you cross the river on the Marquam Bridge, stay in the far right lane.
- Take exit 299A to 43/Lake Oswego/Macadam. As you exit, move to the middle lane.
- Follow the signs to “South Waterfront.” As the road curves to the left, stay to the left.
- At the light, turn left onto S.W. Macadam.
- Turn right onto S.W. Curry.
- Turn left onto S.W. Bond.
- Turn left onto S.W. Whitaker to enter the parking garage.

### From the north via I-405

- Follow signs for I-405 (Salem/The Dalles.)
- Take Exit 1C (S.W. 6th Ave.)
- Stay in left lane and follow signs for 6th Ave./City Center/Auditorium.
- Turn left onto S.W. 6th Ave .
- Turn right onto S.W. Harrison.
- Cross over S.W. Naito Parkway.
- Turn right onto S.W. Moody Ave.
- Turn left onto S.W. Curry.
- Turn left onto S.W. Bond.
- Turn left onto S.W. Whitaker to enter the parking garage..

### From downtown Portland

- Proceed south, then turn left onto S.W. Harrison Street.
- Cross over Naito Parkway.
- Turn right onto S.W. Moody.
- Turn left onto S.W. Curry.
- Turn left onto S.W. Bond.
- Turn left onto S.W. Whitaker to enter the parking garage.

### Parking

The OHSU Center for Health & Healing offers patients free parking in the center’s parking garage. The entrance to the garage is on S.W. Whitaker, directly across the street from the center.

### Portland Tram

- The Portland Tram connects the OHSU Center for Health & Healing to the OHSU Marquam Hill Campus. Patients and their families who have vouchers from their OHSU clinics are able to ride the tram at no cost.