

# OHSU Center for Health & Healing: Transportation Information

## Driving directions to the OHSU Center for Health & Healing

### From downtown Portland

- Proceed south, then turn left onto S.W. Harrison Street.
- Cross over Naito Parkway.
- Turn right onto S.W. Moody.
- Turn left onto S.W. Curry.
- Turn left onto S.W. Bond.
- Turn left onto S.W. Whitaker to enter the parking garage.

### From the north via I-5 or the east via I-84

**(Note: If you are traveling west on I-84, merge onto I-5 South, then follow these directions.)**

- Stay in the right lane as you cross the river on the Marquam Bridge.
- Take exit 299A to 43/Lake Oswego/Macadam. As you exit, move to the middle lane.
- Follow the signs to "South Waterfront." As the road curves to the left, stay to the left.
- At the light, turn left onto S.W. Macadam.
- Turn right onto S.W. Curry.
- Turn left onto S.W. Bond.
- Turn left onto S.W. Whitaker to enter the parking garage.

### From the north via I-405

- Follow signs for I-405 (Salem/The Dalles).
- Take Exit 1C (S.W. 6th Ave.).
- Stay in left lane and follow signs for 6th Ave/City Center/Auditorium.
- Turn left onto S.W. 6th Ave.
- Turn right onto S.W. Harrison.
- Cross over S.W. Naito Parkway.
- Turn right onto S.W. Moody Ave.
- Turn left onto S.W. Curry.
- Turn left onto S.W. Bond.
- Turn left onto S.W. Whitaker to enter the parking garage.

### From the south via S.W. Macadam or Sellwood Bridge

- Travel north on S.W. Macadam.
- Turn right onto S.W. Curry.
- Turn left onto S.W. Bond.
- Turn left onto S.W. Whitaker to enter the parking garage.

### From the south via S.W. Barbur Blvd.

- Travel north on S.W. Barbur Blvd.
- Exit onto S.W. Naito Parkway.
- Turn right onto S.W. Harrison.
- Turn right onto S.W. Moody.
- Turn left onto S.W. Curry.
- Turn left onto S.W. Bond.
- Turn left onto S.W. Whitaker to enter the parking garage.

### From the south via I-5

- Take exit 299A (43/26 East Ross Island Bridge/Macadam.)
- At first stop light, turn right onto S.W. Curry. (Please note: This is a divided road. There will be a right turn arrow to allow a right turn in front of the two lanes of traffic on your right.)
- Turn left onto S.W. Bond.
- Turn left onto S.W. Whitaker to enter the parking garage.

### From the east via the Ross Island Bridge

- After crossing the river on the Ross Island Bridge, take the exit on the right to 43/Lake Oswego/Macadam.
- Follow the signs to "South Waterfront." As the road curves to the left, stay to the left.
- At the light, turn left onto S.W. Macadam.
- Turn right onto S.W. Curry.
- Turn left onto S.W. Bond.
- Turn left onto S.W. Whitaker to enter the parking garage.

### From the west via Hwy. 26

- Pass through the Vista Tunnel and stay in the center lane to exit onto S.W. Market Street.
- Stay on Market Street.
- Cross over Naito Parkway onto S.W. Harbor Drive.
- At the second light, turn left onto S.W. Harrison.
- Turn right onto S.W. Moody.
- Turn left onto S.W. Curry.
- Turn left onto S.W. Bond.
- Turn left onto S.W. Whitaker to enter the parking garage.

## Public Transportation (TriMet and Portland Streetcar)

The Portland Streetcar runs from downtown to Portland's South Waterfront. The streetcar stops at the corner of S.W. Moody and S.W. Gibbs, which is across the street and just north of the Center for Health & Healing. Patients and visitors may ride a TriMet bus downtown and transfer to the Portland Streetcar. The closest streetcar stop to the downtown transit mall is at S.W. 5th and Market. The streetcar accommodates bikes and wheelchairs. Schedules and fare information are available online at: [www.portlandstreetcar.org/](http://www.portlandstreetcar.org/)

## Parking

The OHSU Center for Health & Healing offers its patients free parking in the center's parking garage. The entrance to the garage is on S.W. Whitaker, directly across the street from the center.

## Portland Aerial Tram

The Portland Aerial Tram is a quick and convenient link for OHSU patients traveling between appointments on the Marquam Hill campus and at South Waterfront. If you have two or more appointments at OHSU on the same day, which are on opposite ends of the Tram (one at South Waterfront, and another on Marquam Hill), your doctor's office can provide free Tram passes for you and accompanying family, to allow you to travel easily between appointments on that day. Round-trip fares for anyone not traveling between OHSU appointments is \$4. Children 6 and under ride free. Please do not plan to park at the waterfront and ride the tram up to an appointment on Marquam Hill. OHSU Provides ample free parking on Marquam Hill for patients, family and visitors. Additional Tram information is available at [www.portlandtram.org](http://www.portlandtram.org).

The OHSU Center for Health & Healing is located at 3303 S.W. Bond Ave., on the west side of the Willamette River and just south of the Ross Island Bridge. For more information go to [www.ohsuhealth.com](http://www.ohsuhealth.com) or call 503 418-9008.

